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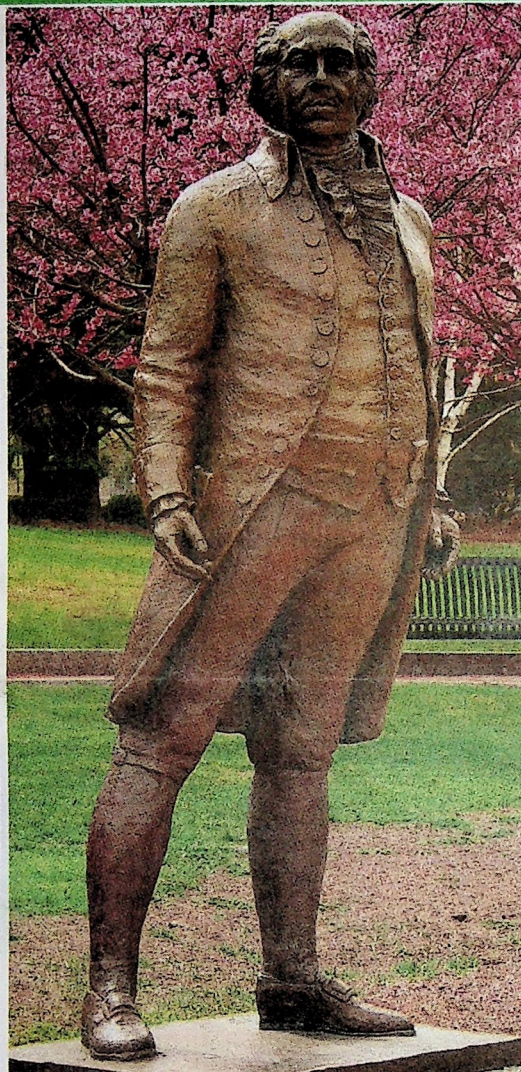
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BRONZE STATUES of Abigail Adams and a young John Quincy Adams (left) and John Adams (right) as they appeared in Quincy Center in 2009. Abigail and sixth President John Quincy depicted as a 10-year-old boy were located on one side of Hancock Street near the United First Parish Church. John Adams was positioned on the other side of Hancock Street near McIntyre Mall and City Hall looking at his wife and son. The companion statues were sculpted by renown sculptor Lloyd Lillie and commissioned by the Quincy Partnership have been in storage since 2015. They will be installed at Merrymount Park sometime this spring or summer.

Performing Arts Center To Honor First Ladies Abigail, Louisa Adams

By SCOTT JACKSON

Abigail and Louisa Catherine Adams "both deserve their due," Mayor Thomas Koch said recently, and the new performing arts center planned for Quincy Center will be dedicated to the two first ladies.

The city will commission statues of both Abigail and Louisa Catherine Adams as part of that recognition.

Some 100 residents attended a March 26 rally on



ABIGAIL ADAMS



LOUISA CATHERINE ADAMS

the Hancock-Adams Common in Quincy Center, urging the city to return the statue of Abigail Adams and a young John Quincy Adams to the area. The park, which connects City Hall to the United First Parish Church, presently includes statues of John Adams and John Hancock, both made by artist Sergey Eylanbekov.

The Abigail Adams

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Koch: Ban 'Nip' Sales

Banning Small Liquor Bottles Would Reduce Litter On Streets, Waste In Ocean, Mayor Says

By SCOTT JACKSON

Mayor Thomas Koch said he wants to see the sale of small liquor bottles, commonly known as nips, banned in Quincy to help reduce litter on city streets and the amount of waste that makes its way into the ocean.

In a recent interview, the mayor said he would soon ask the Board of License

Commissioners, and potentially the City Council, to outlaw the sale of nips within Quincy.

"I'm going to propose it to the license board, the nip ban, and it may need council action. My law department is currently looking at that, the city solicitor, to see if it needs to be in an ordinance form," Koch said.

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Mayor Asks Dept. Heads To 'Hold The Line' In New Budget

By SCOTT JACKSON

City officials have begun putting together a proposed budget for the fiscal year that begins on July 1, and Mayor Thomas Koch is asking his department heads to "hold the line" on spending.

"I've asked them all to hold the line and if they have any special requests to make an appointment to see me, so those meetings are starting to be scheduled now," Koch said in a recent

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Ward 3, Precinct 3 Back In First Norfolk District

By SCOTT JACKSON

The lone Quincy precinct that was represented by a Boston lawmaker in the state House of Representatives over the past decade will be rejoining a Quincy-based district next year.

Ward 3, Precinct 3 — which covers part of the Montclair neighborhood in North Quincy — was added to the 13th Suffolk District in the round of redistricting that took place after the 2010 federal census. A pair of Boston Democrats — Marty Walsh and then Daniel

Hunt — have held that seat the last 10 years.

Following the most recent round of redistricting, the precinct will return to the 1st Norfolk District — the district that Rep. Bruce Ayers, a Quincy Democrat, represents — starting next year.

"I got Ward 3, Precinct 3 back. Right now it is being represented by Dan Hunt," Ayers said in a recent interview. "Dan has done a great job but with the redistricting...I'll be taking that

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More Quincy news:

The Quincy Sun.com



Shape-Up For Summer

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

Although it was not a particularly harsh winter, the shorter days and less active lifestyle tend to reduce our physical fitness and increase our body weight. As the weather warms up and the days become longer, it will be easier for many of us to do more exercise and decrease any unwanted body fat.

Of course, the most popular outdoor physical activity is walking, which burns almost 100 calories every mile. If you do a 2-mile walk, 6 days a week, you will burn an extra 1,200 calories each week. Other things equal, you would lose one-third pound of body fat per week, or 1 pound every three weeks. While this represents a healthy approach to both better physical fitness and progressive fat loss, this gradual rate of weight reduction may be too slow for many people.

One way to further enhance fat loss is to perform lawn and garden activities on a frequent basis. Mowing the grass (not using a riding lawnmower), hoeing the garden, trimming the shrubs, raking the twigs, and other yard care projects can burn several hundred additional calories a week.

Although more physical activity may lead to a larger appetite, this is not generally the case. Whereas a full turkey dinner is appealing during cold winter days, salads and fresh fruit may be preferred during warm weather weeks. Most people drink more water in the spring and summer months which tends to reduce calorie intake. Many of us also frequent farmers' markets to attain fresh garden fruit and vegetables that are high in essential nutrients and low in calories.

Performing more physical activity and eating fewer fattening foods as we enter the summer season can certainly facilitate fat loss. However, there is actually a more effective (and more permanent) means for achieving a better body composition and physical appearance. This activity is strength training, which I encourage you to do on a regular schedule. Our research with more than 3,000 study participants indicates that 25 minutes of strength training, 2 or 3 times a week, is a highly productive program for rebuilding your muscles, recharging your metabolism, and reducing your body fat. Most people do not realize that in addition to firming up our muscles, regular resistance exercise has a major impact on our resting metabolic rate. Several studies have shown that resistance exercise elevates resting metabolism by 5 to 9 percent for at least 3 days following a standard strength training session. Since resting metabolism accounts for approximately 70 percent of our daily energy use, a faster metabolic rate is highly beneficial for fat loss.

Assuming that your resting metabolism uses about 1,700 calories a day, a 7 percent metabolic increase burns an extra 120 calories a day, which is equivalent to a 1-pound fat loss every month. Of course, this is in addition to the energy expended during each strength training session, which may be up to 200 calories for a 25-minute circuit of resistance exercise.

Strength training should be your foundational activity for fat loss, with the additional advantages of muscle development, bone development, strength gain, and performance improvement. For best benefits, strength training should be combined with aerobic activity, flexibility exercise, and a sensible nutrition program.

Our latest research study with overweight men and women has shown impressive body composition improvements after just 6 months on the combined exercise and nutrition program. On average, our research participants added almost 4 pounds of muscle and lost 14 pounds of fat, for an 18-pound change in their body composition and physical appearance. Additionally, they experienced significant reductions in their waist girth, hip girth, resting blood pressure, and blood sugar.

Our 2 or 3 weekly training sessions consisted of 9 resistance machine exercises performed for 1 set of 8 to 12 repetitions, about 20 minutes of aerobic activity (treadmill walking, stationary cycling, machine rowing), and simple stretching exercises. Our nutrition program emphasized a diet high in protein, vegetables, fruits, and water, with moderate daily calorie consumption (1,200-1,500 calories for women and 1,500-1,800 calories for men). Equally important, our participants continued their relatively brief exercise program and higher protein intake for 9 months after ending their reduced calorie diet plan. Unlike any previous research studies on weight maintenance following a diet program, our participants continued to lose fat and build muscle during a 9-month post-diet period. Clearly, a sensible program of nutrition, resistance exercise, aerobic activity, and stretching can be highly effective for attaining and maintaining better body weight, better body composition, better health, and better fitness.

Although we are not conducting a new weight loss study this spring, we are offering a Summer Shape-Up program in our College/Community Fitness Center (as are other excellent fitness facilities in the Quincy area). Our Summer Shape-Up program will provide essentially the same exercises and nutrition information that we did in our research programs.

If you would like to improve your health, fitness, and physical appearance, consider participating in one of the well-designed and



WAYNE WESTCOTT

well-supervised exercise and nutrition programs that are available in Quincy exercise facilities this spring.

Wayne L. Westcott, Ph.D., is Coordinator of the Quincy College Exercise Science Department and the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne has been a strength training consultant for all 5 United States military forces and for 6 NFL football teams.

April Is Financial Literacy Month

The State Treasurer's Office of Economic Empowerment (OEE) is partnering with the Massachusetts Board of Library Commissioners (MBLC) to offer financial education resources to library visitors during

April, which is Financial Literacy Month. Materials are applicable for individuals of all ages and will be available online and in libraries across Massachusetts.

Cont'd On Page 4

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David Magit, MD

Marina Bay Ferry Status Unclear

Essex Piano Trio Concert Sunday At Library

By SCOTT JACKSON

It remains to be seen if the Marina Bay Ferry sets sail this year, Mayor Thomas Koch said recently, citing uncertainty officials in the town of Winthrop have with the ferry service.

Quincy first partnered with Winthrop in 2016 to provide ferry service between the two coastal communities and Boston. The service utilizes the Valkyrie, a 73-passenger ferry owned by Winthrop.

In a recent interview, Koch said Quincy would be willing to partner up with Winthrop to provide the ferry service again this year, but noted Winthrop is facing its own challenges.

"We had a conversation, actually it was a Zoom call, two weeks ago with the folks in Winthrop and they're having their own challenges. If it is up and running from their view point, we've made the same commitment that we'd like

to see kind of the deal we had before where the city would contribute towards it and then have the same schedule that we had out of Marina Bay," Koch said.

"It's really Winthrop's call. They have their own issue with it, revenue-wise."

When running, the Marina Bay ferry stops at Squantum Point Park, which is owned by the state Department of Conservation and Recreation. Koch said the city still aspires to have year-round ferry service based out of Squantum Point Park in the future.

"The long-term goal is to have a full, legitimate, with some dredging done, facility out there that can handle the larger ferries in and out of there. It's not just about commuters. It's about the islands, it's about the airport run. With the size of the parking lot out there in the vicinity, it just makes sense," he said.

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The public is invited to an afternoon concert Sunday, April 10 from 3 to 4 p.m. featuring the Essex Piano Trio at the historic Richardson Building of the Thomas Crane Public Library.

This in-person event will also be livestreamed to the library's YouTube Channel.

The Essex Piano Trio (EPT) formalized their working relationship in 2017 and adopted the signature "Conversation among Friends" concert format, a descriptive title borrowed from American biographer Catherine Bowen. The trio's primary goal has been to grow as musicians while making the best music possible to share with its audiences.

All from Essex County communities along the North Shore, violinist Ashley Offret of Salem, cellist David Cabral of Lynn, and pianist Beverly Soll of Rockport believe that their "Conversation among Friends" approach reflects their relationship to the mu-



ESSEX PIANO TRIO (from left) cellist David Cabral, violinist Ashley Offret and pianist Beverly Soll will perform in concert Sunday, April 10 from 3 to 4 p.m. at the historic Richardson Building of the Thomas Crane Public Library. Courtesy Photo

sic and to each other.

"Making serious chamber music can be very diffi-

cult, and it is a challenge to find partners who mesh well personally and artistically,"

said Cabral. "When people see us perform, they see not only our ability but also our passion for music and our great affection for each other, all of which enhance our performances."

EPT members bring many perspectives from their academic backgrounds and professional lives as educators and performers. Pianist Beverly Soll (University of Illinois and University of Maryland) holds a DMA in chamber music/piano. Ashley Offret is a violinist (University of Maine) and music historian (MM, University of Cincinnati College-Conservatory of Music). Cellist David Cabral studied at the Boston Conservatory but works as chief echocardiographer at Boston Medical Center's Department of Pediatric Cardiology.

Doors will open 15 minutes before the start of the program.

The concert is Sponsored by the Friends of the Thomas Crane Public Library.

Ward 3, Precinct 3 Back In First Norfolk District

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back. If reelected, I'll be representing it next year."

The boundary lines between the 1st Norfolk District and the 2nd Norfolk District, currently held by Rep. Tackey Chan, also a Quincy Democrat, were redrawn slightly in the vicinity of Wollaston and North Quincy during the latest redistricting effort. One precinct - Ward 5, Precinct 1 - will be divided between the two districts.

The new maps approved by lawmakers on Beacon Hill last year will also result in a change in the Norfolk and Plymouth Senate district, currently represented by Sen. John Keenan, a Quincy Democrat.

The Norfolk and Plymouth District currently includes all of Quincy, Abington, Holbrook and Rockland, plus six precincts in Braintree. Starting next year, three of those Braintree precincts will be removed from Keenan's district and into a neighboring one. In exchange, the entire town of Hanover will be added to the Norfolk and Plymouth District.

All Quincy residents moving between precincts as a result of the latest round of redistricting will be notified of the change, and their new polling place, ahead of the state primary election in September, currently the first election scheduled to occur with the new maps in place.



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Moments in time

THE HISTORY CHANNEL

• On April 20, 1841, Edgar Allan Poe's story, "The Murders in the Rue Morgue," first appears in print. The tale, generally considered to be the first detective story, describes the methods used to solve a series of murders.

• On April 22, 1889, at precisely high noon, 50,000 to 60,000 would-be settlers make a mad dash into the newly opened Oklahoma Territory to claim cheap land. Towns like Norman and Oklahoma City sprang up almost overnight.

• On April 18, 1906, in San Francisco, an earthquake registering 8.0 kills 3,000 people as 30,000 buildings are destroyed. Two days later, 20,000 refugees trapped by a massive fire were evacuated from the foot of Van Ness Avenue onto the USS Chicago.

• On April 21, 1930, a fire at an Ohio prison kills 320 inmates, some of whom burn to death when they are not unlocked from their cells. The prison, built to hold 1,500 people, had 4,300 prisoners.

• On April 23, 1945, two weeks after taking over as U.S. president, Harry Truman gives a tongue-lashing to Soviet Foreign Minister Vyacheslav Molotov. Truman was determined to take a tougher postwar stance with the Soviets than his late predecessor, Franklin Roosevelt, had. Molotov, indignant, stormed out of the meeting with Truman.

• On April 24, 1953, Winston Churchill, the British leader who guided Great Britain and the Allies through the crisis of World War II, is knighted by Queen Elizabeth II. He would win the Nobel Prize in literature later that same year.

• On April 19, 1993, near Waco, Texas, after a 51-day siege, the FBI launches a tear-gas assault on the compound of Branch Davidian leader David Koresh and his disciples as part of an investigation into illegal possession of firearms and explosives. The compound at Mount Carmel was burned to the ground, and some 80 Branch Davidians, including 22 children, died in the inferno.

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Flowers with Easter meaning

Two South American plants given religious symbolism are the crucifix orchid (*Epidendrum ibaguense*) and the scarlet passion flower (*Passiflora coccinea*). The crucifix orchid's name comes from the shape of the lip of the flower which resembles a small, gold cross. The scarlet passion flower exhibits several parts that are said to represent different aspects of Christ's crucifixion: the three nails, the five wounds of Jesus and the crown of thorns. - Brenda Werner
Source: www.timesenterprize.com

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Former Lowe's Store To Be Razed This Month

By SCOTT JACKSON

The MBTA will begin tearing down the former Lowe's store in South Quincy this month to make way for a new facility that can power an all-electric bus fleet.

In a message to the community, MBTA officials said, "the design for this project is 100 percent complete and construction activities have begun to prepare the site for the new facility located across the street from the Quincy Adams Station on the Red Line."

Before construction of the new facility can begin, the former Lowe's at 599

Burgin Parkway must first be torn down. Demolition is scheduled to begin in early April, MBTA officials said.

"Additional ongoing activities include surface and subsurface demolition and installation of proposed utilities to prepare and enable the site for construction," they added.

State and local officials broke ground on the new bus depot in February. When it opens in 2024, the facility will be the MBTA's first building designed to accommodate an all-electric fleet of buses.

"This is a critical component of our modernization

program," MBTA General Manager Steve Pofkak said at the time. He added that the fleet of battery-electric buses will, "provide cleaner and more reliable service to not only Quincy but the surrounding communities."

Mayor Thomas Koch, who is also the vice chairperson of the MBTA's board of directors, said residents would benefit from the new electric buses because they won't spew diesel fumes onto city streets.

"I think about driving Hancock Street on a summer day when it's 90 degrees and there is a bus in front of you spewing diesel

fumes and your ventilation system is sucking it into the car and how disgusting it is," Koch said during the February ceremony.

"This is going to completely change that experience on Hancock Street and so many streets in Quincy, the South Shore and across the commonwealth."

The new facility will have capacity for 120 buses when it opens, up from the 86 buses that the existing bus depot at 954 Hancock St. can hold. That facility has been in use for more than a century and can only accommodate the T's oldest buses.

Koch Aims To Ban Alcohol 'Nip' Sales

Cont'd From Page 1

"And I know the license board will hold a public hearing on it and I expect we're going to have some opposition. I've received a couple emails from folks already. We'll work through it, see where it falls."

If approved, Quincy would join several other Massachusetts communities in banning the sale of nips, alcoholic beverages less than or equal to 100 milliliters. Other communities to do so include Chelsea, Mashpee and Wareham as well as Newton, where nip sales will be banned effective later this summer.

Nips are among the biggest sources of litter on city streets, Koch said.

"Cigarette butts, lottery tickets, masks, and nips are your four most common lit-

ter items. You can throw in coffee cups and napkins," he said. "It would be nice to eliminate one of them from the stream for sure."

Nips often make their way into the city's drain system, which empties into the ocean, the mayor said.

"They get into the storm drains, they get into the ocean. We've got 27 miles of waterfront - it's difficult for them not to find their way because they're so small and light. A rain happens, they get washed down the gutter, they go into the storm drain and they go out to the ocean, which is not a good thing environmentally," Koch said.

"I'm not an extremist on this stuff, but I recognize that's not good for sea life - that's not good for the ocean."

In addition, the mayor

said he has heard from restaurant and bar owners who have found nips in their establishments brought in by customers.

"The other piece that was raised to me over the last couple of years is restaurant and bar owners who have witnessed in their establishment nips in the bathroom. They flush them down the toilet and the toilets backup. They throw them in barrels," Koch said.

"If we're going to hold an establishment, because they have a license, which is a privilege by the government to sell and operate, if we're going to hold them responsible for the behavior of people and how much they drink, how can we do that fairly when this stuff is going on in their establishment and they don't know

it? I think that's another issue that is legitimate."

Koch first announced he would seek a ban on nip sales during his January 2019 State of the City address. During that same address, Koch also announced he would seek to ban most single-use plastic bags.

City councillors approved a ban on single-use plastic bags in December 2019 but the prohibition was suspended amid the pandemic before it could come into effect.

The plastic-bag ban took effect on April 1 with a one-month grace period for retailers to exhaust the supply of bags they have on hand.

More than 120 communities across the Bay State have banned single-use plastic bags in recent years, including Boston, Milton and Hingham.

Mayor Asks Dept. Heads To 'Hold The Line' In New Budget

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interview.

The mayor said he hopes to have his proposed budget finalized in time to submit it to the City Council on Monday, May 2. Koch has traditionally submitted his budget to the council on the first Monday in May, though the submittal has been delayed the last two years.

Koch said there will likely "be some tweaks here and there" in the new budget. He noted the city's fuel contract is up in August.

"The timing couldn't be worse, so under that new bid we know we're going to be paying more in fuel. There's those kinds of tweaks we have to go through and

make," Koch said. "We are with energy, because energy is going to go up because of the fuel costs. It has a ripple effect. How does that affect our disposal with the trucking?"

Debt service will also increase in the new fiscal year because of the \$475 million pension obligation bond, which Koch sought and councillors approved last spring. The city went to market for the bond late last year.

"The pension obligation bond issue has helped us going forward. Next year we'll have a spike with debt service, but then it is flat for 18 years where if we didn't do

the pension obligation bond the bill goes like this (up), so it's a savings of \$168 million over the 19 years, which is remarkable," Koch said.

The mayor also noted all of the city's contracts with the various unions that represent municipal employees are due to expire at the end of the current fiscal year.

"We also have to deal with our contracts, because all our contracts are up June 30 with all the unions, so we've got to deal with that as part of the budget as well," he said.

Koch was hopeful new contracts could be reached with at least some of the

unions before the budget is submitted. If not, the budget will include a line item to pay for raises once the contracts are finalized.

"If we get some settled before I get this budget, then we can incorporate it. If not, we'll put a lump sum aside," Koch said.

"Usually in this process, if you look at it historically, one of the big three settles - teachers, fire or police. Usually then the others kind of fall in place, because they know they're not going to get more than one of those entities got. That's just a practical comment. Hopefully we can get a couple of these nailed down before budget cycle."

April Is Financial Literacy Month

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OEE and MBLC will provide visitors with a list of financial literacy books for children, teens, and adults, along with finance themed coloring sheets and access to free financial education websites and webinars. The agencies will also host a

free, virtual Money Talk Tuesday event on April 19th to offer smart investment advice to young adults and adults of every age. Registration details for the event will be available online via the Office of Economic Empowerment soon.

"Massachusetts libraries

play a vital role in providing access to learning materials, and we are so pleased to kick off our partnership with them during Financial Literacy Month," said state Treasurer Deborah Goldberg. "Now, when you visit the library, you will be able to experience free, age-appropriate resources on important and timely financial topics."

Learn more about these financial literacy resources by visiting your local library, using MBLC's online portal, or reaching out to the Office of Economic Empowerment.

Scenes From Yesterday



THIS IS A 1918 real photo postcard view of the first Atlantic Methodist Episcopal Church at the corner of Hunt and East Squantum Streets in North Quincy. The parsonage is on the left. Built in 1894, this wooden church was replaced by a large seam-face granite structure

built just to the left of this view. Today, both buildings in this view are long gone and the newer stone church on this corner has been converted into condominiums.
From the Tom Galvin Postcard Collection

Consider The Environment When Fertilizing Your Lawn A Message From Neponset River Watershed Association

Fertilizing your lawn used to be a no-brainer for homeowners and landscapers. Apply the fertilizer in the spring and then watch the lawn green up.

But many homeowners have realized that what's good for your lawn may be bad for the environment beyond your property, especially lakes and streams

The Neponset River Watershed Association (NepRWA) this month launched a campaign to educate homeowners in communities along the Neponset River, from Foxboro to Boston, about the potential environmental risks of lawn fertilizers.

"While nutrients in fertilizer such as nitrogen and phosphorus are good for plants, they're harmful to water quality," said Suzanna Sullivan, stormwater outreach coordinator for NepRWA. "When fertilizer runoff reaches nearby ponds, streams, and rivers, it becomes a pollutant that can badly damage local aquatic habitat and cause harmful algal blooms."

The NepRWA campaign is urging homeowners to "become a lawn hero and protect local waterways." Sullivan cited the following easy steps:

- Never fertilize before a heavy rainstorm.

- Leave grass clippings on the lawn. They are a natural fertilizer.
- Keep grass clippings off of pavement and away from wetlands and waterways.
- Use slow-release or natural organic fertilizers instead of chemical fertilizers.
- Fertilize using less product or with the correct ratios that can be obtained via a soil test.
- Get an inexpensive soil test done through UMass Amherst's Soil Testing Lab: <https://ag.umass.edu/services/soil-plant-nutrient-testing-laboratory>, which provides a detailed report with targeted fertilizer recommendations for your lawn. Getting a soil test can reduce unnecessary fertilizer use and save you excessive lawn care fees.

For more information, visit <https://yourcleanwater.org/lawn/>

The Neponset River Watershed Association is a grassroots, member-supported conservation group working since 1967 to clean up and protect the Neponset River, its tributaries, and surrounding watershed lands. To learn more, visit neponset.org.

READERS FORUM

Merrymount Park Suitable Spot For Abigail Adams Statue

As I read the news about the rally at the Adams-Hancock Common by the United First Parish Church (Rally Urges Return of Abigail Adams Statue To Common, Quincy Sun, March 31) and the letter by Cindy Brandi, I wondered once again why we are seeing this public display of activism over the placement of statues. Aren't there far more important issues facing Quincy and America today?

Ms. Brandi suggested in her letter that Abigail has no connection whatsoever with Merrymount Park. However, the land the statue in question might be moved to was originally owned by the Adams family and was gifted to Quincy by the grandson of John Quincy Adams.

As for the rally goers, the former site near Quincy Center where these statues stood was not exactly the best site for the public to see them either. I am thinking moving them further down Hancock Street to the new Merrymount Park which was created to honor our military heroes from both the Korean and Vietnam wars could actually bring more folks to view Quincy's first families for whom today's warriors still serve during peacetime and war. Abigail may never have lived down by Merrymount Park but there is a real connection too since all of us are Americans and are connected to each other through the ages.

Moving statues doesn't demean those real living folks the statues represent. Honoring those who came before us is more than looking at their likeness in stone, it means learning about who they were, what they believed and what they did in their life.

I also note that much of what we call Quincy today was actually the Town of Braintree back in the 18th century. Abigail actually lived near where North Cemetery is located in the Weymouth Landing/North Weymouth neighborhood.

Merrymount Park may not be near Quincy Center but it is not exactly out in the woods either. People will see Abigail there and be able to park, walk around and maybe even picnic near her. Sounds good to me. There's really nothing bad about changing up things. Isn't that what the American Revolution was all about?

Sal Giarratani
East Boston

More Readers Forum Page 11

Two Quincy Students On St. Sebastian's Honor Roll

Two students from Quincy are on the honor roll for the third quarter at St. Sebastian's School in Needham.

They are:
Benjamin O. Osunsanya, Grade 8, Honors; and Donald J. O'Connor, Grade 9, Honors with Distinction.

Quincy's Yesterdays

This Week
1971
51 Years Ago

Reardon: Develop Broad Meadows

Use of Broad Meadows' 115 acres of marshland for industrial development was urged by George D. Reardon of the Quincy-South Shore Development Corporation at Monday's City Council meeting.

He said it has tax possibility of \$1.5 million per year for the citizens of Quincy.

Attending with Reardon was Robert M. Faxon also representing the Quincy-South Shore Development Corporation.

The marsh area between Sea Street and Southern Artery was sold several years ago for \$80,800 to Mass Electric Co. for future development. They have held it for about 12 years.

Recently, Mayor James R. McIntyre secured approval of the area as the site for a community junior college.

Councillor John J. Quinn suggested that a junior college be built near an MBTA terminal for easy access.

MUSICAL CHAIRS GOES ON AT CITY HALL

The Quincy Sun "Sunbeams" column reported that a Summit Meeting was held at Quincy City Hall behind closed doors in the mayor's office.

Attending were Mayor-State Senator James McIntyre, Council President Arthur Tobin and Ward Five Councillor Walter Hannon.

The Speculation Corps has been kicking around a three-way move for three weeks. If McIntyre accepts a state position and retires from active politics, Hannon will run for mayor and Tobin for his honor's senate seat.

If McIntyre decides to seek term number four, Hannon and Tobin will have to wait.

(Editor's Note: The move happened.)

QUINCYISMS

Mrs. William Mitchell of 3 Clement Terrace, North Quincy, celebrated her 80th birthday by bowling three fast strings at the Wollaston Blvd Bowladrome. She is a member of the Marstonites League and had an 81 average... The Sunbeams Column also reported that if **Richard J. Koch, Sr.**, decided to run for mayor he would shake things up politically. Koch, founder of the Koch Club, has never run for mayor but has had big influences on Quincy elections... **Mr. and Mrs. Domenico Marinelli**, 60 Elm St., were honored by more than 235 people at a 50th wedding anniversary celebration at Montello's in Quincy Point. The couple was married in Abruzzi, Italy and has been residents of Quincy for 36 years... **Mr. and Mrs. Gunnar Skoog**, 30 Northfield Ave, Germantown, celebrated their 25th wedding anniversary at an open house at the Adams Shore Methodist Church. More than 100 family and friends attended the open house... Plans were underway to honor **Miss Elizabeth "Betty" Close**, librarian at the Temple Branch of the Thomas Crane Public Library at Quincy Point until its closing. Miss Close will be honored at the April 13 meeting of the Ward Two Civic Association. **President Keith McElmen** will present a citation to Miss Close in recognition of her work and devotion to young people in Ward Two... **Miss Mary O'Brien** and **Miss Phyllis Ross** were co-chairmen of the Quincy Catholic Club's "Gay Nineties Night" held at St. Agatha's Parish Hall. **Mr. and Mrs. Timothy Reidy** of Quincy were in attendance along with **Msgr. Frederick Driscoll** of St. John's Church... **Rev. John D. Banks** of Bethany Congregational Church delivered the Easter Sermon, his topic, "You'll Never Walk Alone." **Rev. Arthur Curtis**, associate minister, led the prayers and responses... **Navy Seaman Morris Bernstein**, son of Mr. and Mrs. Sidney Bernstein, of 128 Greenleaf St., Quincy Center, graduated from Radarmen 'A' School at Great Lakes, Ill... **Joseph R. Harold**, 31 Riverside Ave, Adams Shore, DAV Department of Massachusetts Adjutant and **George McHugh**, a DAV member, attended the mid-winter conference at the Statler Hilton in Washington, DC... The Quincy-South Shore Chapter of the National Secretaries Association International named **Winifred E. Jarvelin** Secretary of the Year. Mrs. Jarvelin was the executive secretary to **James D. Asher**, president of Radio Station WJDA... **Pasquale "Pat" DiStefano**, 38 Payne St., South Quincy, was appointed Chairman of the 1971 Cancer Crusade. Assisting him, as co-chairman was **James A. Sheets**, 926 Furnace Brook Pkwy, West Quincy... **Louis C. Arienti**, 22 Barry St., West Quincy, announced his candidacy for the School Committee. Mr. Arienti was a graduate of Providence College and received his Master's Degree from Boston State College... "Joy to the World," by Three Dog Night was the top record and Jesus Christ Superstar was the top album as of Easter Week 1971... **Donald H. Strong**, executive director of the Quincy Council on Aging, was honored at a "Send Off" party at the Hollow Restaurant. Strong, director of the council for 17 months, was leaving to accept a position in the State Department of Community Affairs.

Arts & Entertainment

Movie Review: 'Jujutsu Kaisen 0'

By Bob Garver

Last year, the Japanese anime "Demon Slayer: Mugen Train" racked up an impressive \$49.5 million at the domestic box office. It even accomplished the rare feat of climbing to the #1 spot in its second weekend after opening at #2 (because "Mortal Kombat" was terrible and fell like a rock).

Similarly, the anime "Jujutsu Kaisen 0" opened at #2 recently behind the third weekend of "The Batman" and I would love to see it climb to #1. That overstuffed cash cow could stand to be taken down a peg and this movie deserves whatever success it can find.

The story follows teenager Yuta (Megumi Ogata, and I'm going by the Japanese version with English subtitles, rather than the English-dubbed version that is alternately available) as he struggles with a powerful curse he accidentally put upon himself as a child. The curse takes the form of a powerful monster named Rika (Kana Hanazawa) that pops up and attacks enemies whenever he gets too upset. He doesn't want to hurt anyone, and even contemplates submitting to an execution to rid the world of his curse, but blindfolded teacher Gojo (Yuichi Nakamura) tells him there is another way. Yuta can come study under him at a special secluded school and learn how to control the curse so that it benefits the world and even help rid it of evil curses. Comparisons to "Harry Potter" and "X-Men" are unavoidable, but the template is used to its full potential.

Yuta has a hard time fitting in the school, but then again none of the other students fit in anywhere either. Maki (Mikako Komatsu) knows everything about curses and how to handle them with various objects, but is secretly inept on a very basic level. Toge (Koki Uchiyama) is an already-established warrior skilled in curse-speak, but limits his standard conversation strictly to ingredients in rice balls ("Dana Mayo" is the new "I am Groot"). Panda (Tomokazu Seki) is... a panda...



with the ability to turn into a bigger panda. He picks up on some attraction between Yuta and Maki. Because in 2022, where there are hormonal teenagers, there has to be a panda.

Yuta and the school soon find themselves pitted against evil former student Geto (Takahiro Sakurai), now a powerful sorcerer with the creepiest smile you'll ever want to see. He wants to rid the world of non-sorcerers, which would seemingly leave it with a population of about a few hundred people, but whatever. Geto rightly deduces that Rika is the most powerful curse in the world, and all he has to do is kill Yuta to absorb the curse and make him unstoppable. He unleashes a thousand curses in Tokyo and Kyoto to keep Gojo and the other students and faculty busy so he can attack an unattended Yuta back at the school. These urban battle scenes are filled with characters that barely appear elsewhere in the film, and I assume they are cameos from other arms of this franchise. The "0" in the film's title indicates that it is a prequel to a supposedly-familiar, properly-numbered series, but outside of a few scenes where maybe the world-building was a little

too ambitious, I thought this worked perfectly fine as an introduction.

I found myself really getting invested in the culture of "Jujutsu Kaisen." It doesn't hurt that the creative curse/creature designs are incredible. They're nightmarish, but I can't get enough of them. This movie does have the same problem as "Demon Slayer" when it comes to battle sequences, where there's a huge explosion every few minutes that should wipe out the entire setting, but often all participants will be okay, so it makes the action and stakes hard to understand. Still, I was eager to see what happens next with these characters. If "Jujutsu Kaisen 0" is this engaging, I can only imagine what it's like when the installments actually have value.

Grade: B

"Jujutsu Kaisen 0" is rated PG-13 for violent content, bloody images, language, thematic material and some suggestive references. Its running time is 105 minutes.

Contact Bob Garver at rgr251@nyu.edu.

Movie Review: 'The Lost City'

By BOB GARVER

"The Lost City" is the kind of movie that looks like it was a lot more fun for the actors to film than it is for the audience to watch. Sandra Bullock and Channing Tatum got to spend time in each other's company, goofing around in a comedy in the jungle that was probably closer to a nice beach than the movie makes it seem. That fun should have translated to me enjoying the actors' company right along with them, but it's more like being subjected to lengthy footage of a friend's vacation rather than the immersive experience that this movie wanted to be.

Recently-widowed romance novelist Loretta Sage (Bullock) goes on a book tour to promote her latest novel, a lazily-assembled tome that combines her barely-addressed expertise in ancient history with the kind of trashy romance that sells paperbacks. She's forced to share the stage with Alan Caprison (Tatum), her cover model and public face of protagonist Dash McMahon, brought in to play to audiences that don't share Loretta's passion for dead languages. The two don't like each other, with her thinking he's nothing more than a handsome face and him thinking she needs to lighten up.

But wait, there is one person that shares Loretta's interest in the historical aspects of her novel. Unfortunately, it's someone worse than all the airheaded Dash fans combined. Eccentric billionaire Abigail Fairfax (Daniel Radcliffe) notices that the book contains allusions to an actual dead language, one that could lead him to a legitimate lost city full of treasure. He abducts Loretta and flies her to his private island, where he's confident the city is hidden, to do more translations.

Alan witnesses the abduction and decides to rescue Loretta himself to prove



that he's not brainless. He enlists adventurous friend Jack Trainer (Brad Pitt) and the two go to the island. Trainer easily rescues Loretta from Fairfax's clutches, but the getaway... doesn't go so well. By which I mean that we are subjected to one of the most gruesome scenes of violence I've ever seen in a PG-13 movie. Even most R-rated action movies have nothing on what we get here. All the relative innocuousness of the movie is gone in a flash for a scene that nobody is going to remember fondly.

Loretta and Alan spend the rest of the movie trying to get off the island and evade Fairfax, with a possibility that they could find the lost city for themselves. Along the way they squabble and bond and take turns saving each other. It's not hard to draw the conclusion that they'll wind up together in the end. There's also a subplot about Loretta's publisher Beth (Da'Vine Joy Randolph) launching a simultaneous rescue effort, but it could have been cut entirely (my vote says in fa-

vor of more of Radcliffe as the scene-stealing villain) and it would barely affect the rest of the movie.

For an adventure-comedy, "The Lost City" only works in its dramatic scenes. Loretta's grieving, Alan's empathy for Dash fans, and Beth's desperation are the best things about this movie. It certainly doesn't work on the level of adventure (Loretta is stuck wearing a sequined jumpsuit so the movie can insert an obvious stunt double, and the less said about a leech attack the better) or comedy (once again, I get the impression that the directors were too afraid to tell the big-name actors that their improvised dialogue wasn't funny). I was all ready to embrace this movie because theaters haven't had a potential blockbuster since "The Batman" three weeks ago, but this is not a blockbuster of an effort.

Grade: C-

"The Lost City" is rated PG-13 for violence and some bloody images, suggestive material, partial nudity and language. Its running time is 112 minutes.

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Social

QATV Enters Several Programs In Hometown Media Awards

Quincy Access Television (QATV) has entered several programs into the Alliance for Community Media's (ACM) "Hometown Media Awards."

QATV entries include two programs hosted by Joe Catalano: AM Quincy, a daily morning audio show from 7-9 a.m. and Currently in Quincy, airing every Monday and Friday at 11:30 a.m. Both programs are live and pertain to Quincy news and current events.

QATV also entered a compilation of their work produced in 2021 for "Overall Excellence." The Overall Excellence award recognizes access organizations for their overall operational activities and programming efforts.

The 'Hometown Media Awards' is the ACM's yearly awards program established to honor and promote community media, community radio, and local cable programs distributed on Public, Educational and Governmental (PEG) access cable television channels. In Quincy, QATV facilitates the Public Access (Ch. 8) and Governmental Access (Ch. 9) aspects of PEG, while the Quincy Public Schools facilitates Educational Access (Ch. 22). Proceeds from the Hometown Media awards go directly to the ACM, which is exclusively used for facilitating, preserving, and promoting education in community media.

Each year, nearly 1,000

entries are submitted and evaluated resulting in over 100 award winners. A panel of judges from the industry evaluates the entries and awards are presented for the most creative programs that address community needs, develop diverse community involvement, challenge conventional commercial television formats and move viewers to experience television in a different way.

The Hometown Media Awards Celebration will be held at ACM's Annual Conference held this year in Chicago June 29.

For more information on Quincy's local public access channels, visit QATV.org. To become a member, call 617-376-1440.

37 Quincy Students On Dean's List At MCPHS University

Massachusetts College of Pharmacy and Health Sciences (MCPHS University) announces 37 students from Quincy have been named to the Dean's List for the fall semester.

They are:

Rim Elalami, pursuing a Doctor of Pharmacy degree; Mu Han, pursuing a Bachelor of Science in Dental Hygiene degree; Justin Le, pursuing a Bachelor of Science in Pre-dental-Dental Hygiene degree; Kathryn Leone, pursuing a Bachelor of Science in Nursing degree; Wen Cong Lin, pursuing a Doctor of Pharmacy degree; Nicole Mei, pursuing a Bachelor of Science in Pre-medical Health Studies (Optometry) degree; Bronwyn Swanson, pursuing a Bachelor of Science in Dental Hygiene degree; Kayla Tat, pursuing a Bachelor of Science in Public Health degree; Britney Zheng, pursuing a Bachelor of Science in Diagnostic Medical Sonography, Echocardiography degree; Ranya Al Tikriti, pursuing a Doctor of Pharmacy degree; Zeynab Alzubaidy, pursuing a Bachelor of Science in Pre-dental-

Dental Hygiene degree; Deborah Ayimaduh, pursuing a Doctor of Pharmacy degree; Rene Carbajal, pursuing a Bachelor of Science in Pre-medical Health Studies degree.

Also, Briana Chaparro Bay, pursuing a Bachelor of Science in Medical and Molecular Biology degree; Loreta Chen, pursuing a Bachelor of Science in Health Psychology, Physical Therapy degree; Alyssa Chen, pursuing a Bachelor of Science in Pre-medical Health Studies (Physician Assistant Studies) degree; Kasey Chow, pursuing a Doctor of Pharmacy degree; Andrew Ferrazzoli, pursuing a Bachelor of Science in Nursing degree; Shara Galvani, pursuing a Bachelor of Science in Nursing degree; Victoria Galvin, pursuing a Bachelor of Science in Magnetic Resonance Imaging degree; Nina Goncalves, pursuing a Bachelor of Science in Pre-dental-Dental Hygiene degree; Yousef Hamdi, pursuing a Bachelor of Science in Pre-dental-Dental Hygiene degree; Haley Huang, pursuing a Bachelor of Science

in Dental Hygiene degree.

Thuy Huynh, pursuing a Doctor of Pharmacy degree; Britney Johnson, pursuing a Bachelor of Science in Pre-dental-Dental Hygiene degree; Manching Lam, pursuing a Bachelor of Science in Pre-dental-Dental Hygiene degree; Tsz Yan Lam, pursuing a Doctor of Pharmacy degree; Tran Quoc Hung Le, pursuing a Doctor of Pharmacy degree; Jessie Lei, pursuing a Bachelor of Science in Pre-medical Health Studies degree; Hebatullah Masood, pursuing a Bachelor of Science in Health Psychology degree; Michelle Pham, pursuing a Bachelor of Science in Nursing degree; Lorrany Silva, pursuing a Bachelor of Science in Pre-dental-Dental Hygiene degree; Kenny Vo, pursuing a Doctor of Pharmacy degree; Arianna Williams, pursuing a Bachelor of Science in Nursing degree; Veronica Byrne, pursuing a Doctor of Pharmacy degree; Kitty-Anne Dubuisson, pursuing a Bachelor of Science in Pre-medical Health Studies degree; and Yingfen Ma, pursuing a Doctor of Pharmacy degree.



WOODWARD SCHOOL National Honors Society inductees (from left to right) Jacquelyn Andrade, Class of '23 - Quincy; Taylor Mendes, Class of '23 - Milton; and Justine Redinger, Class of '23 - Dorchester.

Courtesy Photo

Quincy's Jacquelyn Andrade Into National Honor Society At Woodward School

Quincy resident Jacquelyn Andrade, a junior at the Woodward School in Quincy, was inducted into Woodward's Katherine Bacon Chapter of the National Honor Society, at the School's 128th Annual Founders' Night March 17th.

Andrade was recognized for her scholarship, leadership, character, and commitment to service. She performed during the traditional Declamations portion of the ceremonies, reciting by memory remarks given by Hillary Clinton for the United Nations Fourth

World Conference on Women in 1995.

Andrade was also the first prize winner in the Susan M. Hayes Founders' History Paper Competition, announced on Founders' Night. The Paper is a Woodward junior year requirement to write an original thesis paper on a topic from U.S. history. Independent readers, college professors, and historians from outside of the school read and score the five finalists' papers, whose authors are identified only by number.

The competition was established in memory of

former Woodward history teacher and Dean of Students, Susan Martin Hayes.

Andrade was recognized for her excellent paper, The Romanticization of Alexander Hamilton. Jacquelyn is also a thespian at Woodward and recently performed as Lady Macbeth and The Cheerleader in the School's production of Steph Defrie's I Hate Shakespeare.

The Woodward School, located in Quincy Center, is an independent, secular all-girls school offering grades 6 - 12. To learn more visit: www.thewoodwardschool.org.

Quincycles April Bicycle Rides

Quincycles invites the public to join them this month on bicycle rides around the city and on Cape Cod.

A weekly ride occurs on Monday evening at 6 p.m. starting from the Hancock Adams Common outside Quincy City Hall. The route for these rides will alternate between exploring Quincy's neighborhoods one week and climbing Quincy hills the next. Lights are required (a limited number are available for those who need them) and reflective gear is recommended for these evening rides.

On Saturday, April 9, Quincy's public historian, Bob Damon, will join Quincycles to share his knowl-

edge of the city's heritage and historic treasures at some of our iconic historic sites. Come see the Adams Birthplaces, peace-field, Maypole Park, and the Granite Rail among others on this leisurely 8-mile ride. Enjoy some time on Wollaston Beach at the end of the ride. Participants are welcome to gather at Hancock Adams Common in Quincy Center prior to the 9 a.m. start of the ride.

On Saturday, April 16, riders are welcome to join Quincycles for a destination ride on the Cape Cod Rail Trail. Participants will meet at the Station Ave. Trailhead parking lot, 460 Station Ave., South Yarmouth, prior

to the ride start at 8:30 a.m. The trail is 23 miles each way with shops and eateries along and off the trail. Riding the full 45-mile round-trip length of the trail should be a 4-5 hour ride. Participants are welcome to modify their own trip as desired.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy.

More information about the group and these events can be found on their website at www.Quincycles.org or by email quincycles@gmail.com.

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WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Banana-Nut Graham Cracker Muffins

By MARIE

Muffins are delicious – and versatile, you can have them for breakfast, snack or serve with coffee and tea with friends.

I recently found this recipe for Banana-Nut Graham Cracker Muffins and thought you would all enjoy it.

Preheat Oven to 400 degrees – Grease a muffin tin or prepare muffin tin with paper liners

Directions and Ingredients:

15 graham crackers crushed finely; 2 and 2/3 cups
1/4 cup sugar
2 teaspoon of baking powder
1 egg

1 cup of whole milk
2 tablespoons of honey
2 fully ripened bananas, mashed
1/4 cup chopped walnuts (optional)

Combine graham crackers, sugar and baking powder until well blended.

Mix all the rest of ingredients, except walnuts, in a large bowl and then add the graham mixture.

Mix until well blended.

Spoon batter into 12 paper-lined muffin cups and, if you are using walnuts, top each of them with the walnuts.

Bake 15 to 18 minutes or until toothpick comes out clean.

Cool for 5 minutes and remove to wire rack.

Brown Rice Salad

By SUZIE

Here is a delicious Brown Rice Salad recipe that is so nice to make when the weather gets warmer. It tastes even better the next day and is great to bring to a pot luck as well.

This is loaded with protein, nutrients, herbs and vegetables, and will keep you satisfied, and great as a side dish or a light meal.

The fresh herbs really make it so don't substitute for dried. Hope you like it!

2 cups of brown rice cooked in 4 cups of vegetable or chicken BROTH according to package directions and let cool. Toss with.....

1 can organic garbanzo beans, drained and rinsed.

1 cup cherry or grape tomatoes, halved
1 cup chopped yellow, green, or red

pepper

3/4 cup chopped red onion
1/2 cup chopped fresh basil leaves
1/4 cup chopped fresh parsley

And about 1 cup of vinaigrette..... (More or less as needed)

1/2 cup apple cider vinegar
1/2 lemon, squeezed

1 cup extra virgin olive oil
1 clove minced garlic

2 teaspoons raw honey
2 teaspoons sea salt

Pepper

Whisk vinaigrette together well.

Toss well with other ingredients and check for seasoning.

This is best when chilled for a bit, stirred, and taste tested since all the flavors take a bit of time to "mingle." Enjoy!

J. Courtney Sullivan 'Meet The Author'

Book Signing At MPL April 30

J. Courtney Sullivan, the New York Times bestselling author of the novels *Commencement*, *Maine*, *The Engagements*, *Saints for All Occasions*, and her newest release *Friends and Strangers*, returns to the Milton Public Library, for a "Meet the Author Book Signing" on Saturday, April 30th, from 2-3 p.m.

Bring your own copy of her book or buy one onsite and Sullivan will personally



J. COURTNEY SULLIVAN

ize it. She is also offering to raffle off an appearance at

your book club. Raffle tickets are priced at \$5 each or five tickets for \$20, and can be purchased at the book signing on April 30th.

All proceeds benefit the Friends of the Milton Public Library which provides the funding for Library programming.

The Milton Public Library is located at 476 Canton Ave., Milton, and for questions, call the Reference Dept. at (617) 898-4964.

Bethany Congregational Church

The public is welcome to attend a Palm Sunday Service April 10 at 9:30 a.m. at Bethany Congregational Church.

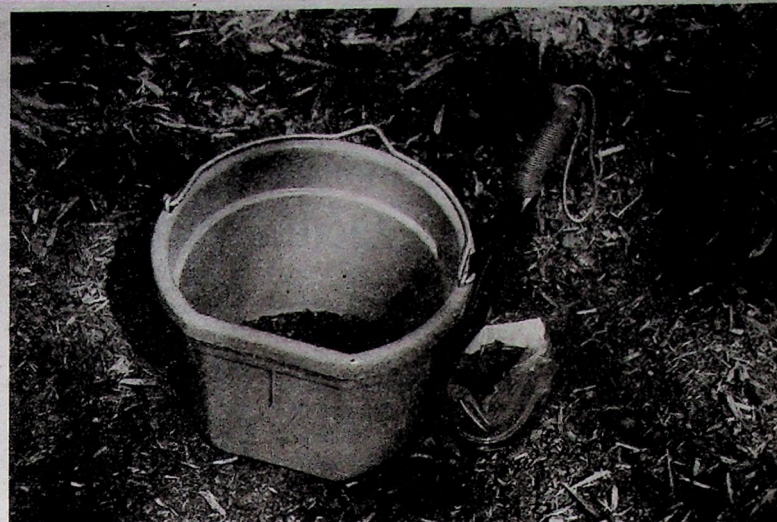
Rev. Patrick McCorkle will preach, music will be provided by Paul Frazer as soloist and there will be Church School classes this week. After the service, coffee hour will take place in the Allen Parlor with light snacks and coffee or juice.

If you would prefer to stay at home, the on-line service is available. Check our website for instructions on how to watch.

For all events at Bethany Church, masks and sanitizer are available.

Bethany Congregational Church is located at 18 Spear St., Quincy. The church website is: bethanycongregational.org. Email address is: bethanycongregational@yahoo.com. Telephone number is 617-479-7300.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go the website at broadhorizonsbethany.com or call 617-471-0022.



BEFORE STARTING A new garden or planting one that has been struggling, take a soil test to know what, if any, fertilizer is needed to build a healthy soil foundation.

Photo courtesy of MelindaMyers.com

Start This Year's Garden Preparation With A Soil Test

When Ground Is Not Frozen, Not Fertilized

By MELINDA MYERS

Growing a beautiful landscape starts with the soil under your feet. The best place to start building a healthy soil foundation is with a soil test. The results will tell you what type and how much, if any, fertilizer is needed for the plants you are growing. Using the right type and amount of fertilizer is also good for your budget and the environment.

Test the soil when starting a new garden or one that is struggling. Since soil and fertilization practices vary greatly, collect and submit separate samples for each garden bed or landscape area to be tested. Repeat every four or five years to check on your garden maintenance.

You can take a soil test anytime the ground is not frozen and you have not recently fertilized. Early spring and fall are good times since you can make needed changes when preparing your garden.

Contact your local Extension service for details on submitting a sample. If they don't have a soil testing lab, they will likely recommend a state certified lab that tests home lawn and garden soils, or you can search the internet for a certified lab near you.

Taking a soil test sample is simple. Use a clean trowel and bucket to gather a soil sample.

Slide away any mulch or debris on the soil surface. Use a trowel and remove a slice of soil that is four to six inches deep and right where the plant roots grow.

Take several samples

throughout the garden you want to test. Collect samples from each edge and several throughout the middle of the bed. Mix them together and place about a cup of the soil in a plastic bag or the one provided by the lab. Be sure to complete and include the submission form. This includes a place to list the types of plants that will be grown in the area being sampled. The lab uses this and test results to make the fertilization recommendations. Send the sample and form together to the soil testing lab.

Allow several weeks for the test to be completed and the results to be returned. Most basic soil tests report the amount of phosphorus and potassium in the soil. Phosphorus promotes flowering, fruiting, and root development. Potassium promotes drought tolerance, disease resistance and hardiness. Many soils are high to excessive in these plant nutrients. You cannot remove the excess but should avoid adding to the problem. Soil test reports can help you do just that.

Most labs do not measure the amount of nitrogen in the soil since the levels change quickly and are not easy to test accurately. Instead, they make nitrogen recommendations based on the plants you are or will grow in the area being tested.

Soil pH is also measured in most soil tests. Acidic soils with pH below neutral (7.0) are often referred to as sour, while alkaline soils with a pH above 7.0 are called sweet. Soil pH

influences which nutrients in the soil are available for the plants to absorb and utilize for growth. Blueberries, azaleas, and red maples are examples of acid-loving plants. Clematis, crabapples and spireas are a few of the alkaline tolerant plants.

Always use soil test results when trying to change the pH. Lime is used to sweeten soils while sulfur is often used to lower pH. Using too much or the wrong amendment can negatively impact the health and productivity of your garden. Undoing misapplications can take years to correct. Growing plants suited to the soil pH may be the best solution for those with acceptable, although not ideal, soil pH.

Include soil testing when planning new gardens or helping those that are struggling. Understanding your soil can help you create a strong foundation important to the health, longevity and beauty of your gardens and landscapes.

Melinda Myers has written more than 20 gardening books, including *The Midwest Gardener's Handbook*, 2nd Edition and *Small Space Gardening*. She hosts *The Great Courses* "How to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by Summit for her expertise to write this article. Her website is www.MelindaMyers.com.

12 Quincy Students On Simmons Dean's List

Twelve students from Quincy have been named to the Dean's List for the fall semester at Simmons University in Boston.

They are:

Sarina Lau, Tran Nguyen, Annie Yang, Nejwa Hamad, Suzanne Chouljian,

Anastasia Zygouras, Ashley Kwan, Ella Piroli, Britney Bui-Tran, Tanya Zeng, Elena Stratobderha and Elaine Wong.

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Social Security Matters

Should I Claim Early Due To Social Security's Financial Condition?

By **RUSSELL GLOOR**
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I plan on retiring at 62, one year from now. I have been coached to (if financially possible) leave my Social Security earnings for my wife to collect in the future if I die, considering that she was a homemaker for the majority of her income earning years. My instinct is to get Social Security coming (I understand I'm settling for a lesser amount at age 62) as soon as possible considering the forecast of our government's inability to fund Social Security for the rest of my life. No one has a crystal ball, and no one knows what our government will or will not be able to fund even into next week, so we weigh what we know and see, and then decide. Is my question clear? **Signed: Skeptical**

Dear Skeptical: Well, your question is clear but contains two opposing factors - you say you wish to provide well for your wife if you die, but also say you wish to claim at age 62 because you're not confident that Social Security (SS) will be there in the future. Yet claiming at age 62 will mean the lowest possible survivor benefit for your wife because her benefit as your widow will be the amount you are receiving at your death. I'll try to put all this into perspective for you.

Although Social Security is facing some future financial issues, it will never go bankrupt and be unable to pay benefits. The worst that could happen, if Congress takes no action beforehand, would be that benefits will be cut by about 22% if the SS Trust Fund is fully depleted in 2033 (right now, reserves in the Trust Fund are used to supplement SS expenses because SS revenue is currently less than program costs). If that happens, Social Security can only pay out as much as it brings in. But that almost certainly won't happen, because Congress won't permit it to. Congress already knows how to fix Social Security's financial issues - they just currently lack the political will and bipartisan spirit to implement the changes needed. But there's little doubt that they will fix the issue before allowing an across-the-board benefit cut to over 65 million beneficiaries (because seniors vote). FYI, there was \$2.9 trillion in reserves in the Social Security Trust Fund at the end of 2020.

I don't recommend you make your Social Security claiming decision based on fear of the program going bankrupt - it won't. Even if Congress doesn't act and a benefit cut is imposed in 2033 (which is highly unlikely), a 22% cut to your age 62 benefit amount would be more painful than a 22% cut to your benefit at your full retirement age (FRA) which would be about 30% higher than your age 62 benefit amount. The longer you wait to claim, the higher your benefit, and your wife's survivor benefit, will be - even in the unlikely event of a later cut in benefits. Instead, I suggest you make your claiming decision based only upon your personal circumstances. If you wish to increase your wife's survivor benefit, then waiting longer to claim is the way to do that. If you retire from working at age 62, Social Security's earnings test won't apply to you (the earnings test limits how much you can earn while collecting early SS benefits), thus you can certainly claim at 62 if you so wish. But it's important to consider the consequences of claiming early (including a lower survivor benefit for your widow) and make a decision based on facts, not fear of Social Security going bankrupt - because it won't.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Conevery Bolton Valencius Recognized By AAAS

Excellence In Communicating History Of Science To Public

By **PHI**
GLOUDEMANS

Boston College History Professor Conevery Bolton Valencius has been named a fellow by the American Association for the Advancement of Science, a significant and distinct honor within the science community.

She was cited by AAAS for her "outstanding contributions to the history of seismology and American health and the environment, and for excellence in communicating the history of science to the public."

"I am immensely honored to be an AAAS Fellow," said Valencius, a Quincy resident. "The work of AAAS is vital in facing



CONEVERY BOLTON VALENCIUS
(Ella Farrell Photography)

our current challenges. I am humbled to stand in such company."

Valencius is the author of *The Lost History of the*

New Madrid Earthquakes and *The Health of the Country: How American Settlers Understood Themselves and Their Land*.

The 2021 class of AAAS Fellows includes 564 scientists, engineers, and innovators from around the world. Since 1874, election as an AAAS Fellow has recognized scientifically and socially distinguished achievement.

"AAAS is proud to honor these individuals who represent the kind of forward thinking the scientific enterprise needs, while also inspiring hope for what can be achieved in the future," said Dr. Sudip S. Parikh, chief executive officer and executive publisher. "These honorees have gone above and beyond in their respective disciplines. They bring a broad diversity of perspectives, innovation, curiosity, and passion that will help sustain the scientific field today and into the future."

Valencius, who joined BC in 2016, was previously a Katherine Hampson Bessell Fellow at the Radcliffe Institute for Advanced Study, and an associate professor at the University of Massachusetts Boston. She

began her academic career as an assistant professor at Washington University in St. Louis after earning a Ph.D. in the History of Science from Harvard University and a B.A. from Stanford University.

She is currently writing a book about earthquakes and contemporary energy, focused on the emerging science of induced seismology and hydraulic fracturing.

"Professor Valencius has done pathbreaking work in the history of science," said Prasannan Parthasarathi, chairperson of the History Department. "It's gratifying to see that the country's leading association of scientific scholars has recognized her seminal contributions."

AAAS, based in Washington, D.C., was founded in 1848 and includes more than 250 affiliated societies and academies of science, serving 10 million individuals. The world's largest general scientific society and publisher of the *Science* family of journals, AAAS advances the goal of socially engaged science through initiatives in science policy, international programs, science education, and public engagement.

Availability Of Second COVID-19 Booster Dose For Residents 50 And Older

Following updated recommendations from the federal government, the Baker-Polito Administration announced March 30th that all residents aged 50 and older or individuals who are younger with certain medical conditions may now access a second COVID-19 booster.

On March 29th, the U.S. Centers for Disease Control and Prevention (CDC) recommended that certain immunocompromised individuals and all individuals over the age of 50 get an additional booster dose of COVID-19 vaccines. The decision follows authorization by the U.S. Food and Drug Administration (FDA) for a second booster dose for these groups four months after receiving a first booster of the Pfizer or Moderna vaccines. Those eligible include:

- Individuals 50 years of age and older at least 4 months after getting a first booster
- Individuals 18 and older with certain medical conditions may get a second Moderna booster at least 4 months after first booster
- Individuals 12 and older with certain medical conditions may get a second Pfizer booster at least 4 months after the first booster.

Separately and in addition, per the CDC, individuals 18 and older who received a primary vaccine and booster dose of Johnson & Johnson's Janssen COVID-19 vaccine at least 4 months ago may now receive a second booster dose using an mRNA COVID-19 vaccine.

Residents may access booster doses from more than 1,000 locations, with appointments readily avail-

able for booking across the Commonwealth. The Commonwealth has capacity to administer over 150,000 boosters weekly across the state.

"Vaccines including boosters are the most effective way to protect our community," said Governor Charlie Baker. *Cont'd On Page 10*



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On March 23, 2022, at approximately 12:30 a.m., Officer O'Hare responded to an apartment building on a loud noise complaint. Officer O'Hare arrived on scene and spoke to the caller who explained that there was a female yelling in one of the apartments.

Officer O'Hare knocked on the apartment door and heard a female faintly saying "help me." Officer O'Hare opened the door and heard another call for help. He could hear the shower water running and could feel the steam from the shower in the air. He called out to the female who was in her bedroom.

The bedroom door had a hole in it and was almost closed all the way. It appeared to be blocked at the bottom. Officer O'Hare knocked on the bedroom door and again identified himself as Quincy Police. He could hear the female moving furniture in the bedroom that she had barricaded the door with. The victim was in the bedroom completely nude. She was visibly upset, crying and trying to catch her breath. She placed a robe on and began to check around the apartment saying that "he stole" items.

Officer O'Hare tried to calm the female to find out what happened tonight. She stated that she was in the bathroom, about to step in the shower, when she heard noise at the door. She went into the small hallway between the bathroom and bedroom and observed her ex-boyfriend coming at her. She screamed for him to get out and he punched her in the face, on her left side, with a closed fist. She pushed him towards the door and thought that he was going to exit the apartment. Instead, he closed the apartment door with

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

them both inside. She said that she then ran to the bedroom and closed the door. The suspect began to punch the door while she was moving furniture to barricade the door. She began to bang on the walls, screaming for help and asking for someone to call 911 as her phone was in the living room. The victim heard the suspect leave just minutes before Officer O'Hare arrived.

During Officer O'Hare's response to the home, he passed a male that he believed to be the suspect. He updated Quincy Police Dispatch and informed officers that the suspect was in the area and was wanted for a domestic assault and battery that occurred. Officer O'Hare requested an ambulance respond to check on the victim, but she refused all medical assistance. Officers searched the area for the suspect, but were unable to locate him.

Hours later, at approximately 4:15 a.m., Quincy Police Communications received a 911 call requesting an ambulance for an ankle injury at a home in Quincy. Brewster Ambulance arrived on scene and learned that there was no ankle injury, but a male party stated that he was suicidal and suffering from PTSD. Brewster Ambulance updated Quincy Police of the situation and two officers were dispatched to

assist the ambulance. Officers now recognized the individual as the party wanted for the earlier incident. Units placed the suspect in custody without incident. He was transported to Carney Hospital under guard.

The 34-year-old male from Quincy was arrested and charged with breaking and entering in the nighttime to commit a felony, assault and battery, defacing property, witness intimidation, and larceny from a building. He was also booked on seven outstanding warrants. (Some information has been withheld to protect victim privacy).

Great work!

Statistics help us to see that domestic violence is prevalent in many homes across the nation. The Quincy Police Department continues to be a leader in providing safety and information to victims of domestic violence. As a pro-active department, we are committed to responding to those calls with caution, care and empathy. We understand that not only are the victims affected, but the children as well.

Statistics also reveal that children who witness violence are significantly more likely to suffer emotional trauma which, if not addressed, can lead to suffering, addictions, emotional disorders, anxiety, and decreased self-esteem.

If you are affected by domestic violence, and have questions, please reach out to our Domestic Violence Advocate, Maureen Flores, at 617-745-5863. Always call 9-1-1 in an emergency.

**Crime Prevention Journal
Was Not Available At Press Time**

5 Things Top Keep In Mind When Purchasing Insurance In 2022

Christophe Bourguignat, CEO and co-founder of Insurance tech provider Zelros and Jim Kane, SVP Personal Risks of USI Insurance Services lists their top 5 things to look out for/ keep in mind when purchasing insurance in 2022.

Tip #1: How you manage risk can be a factor impacting your premiums and coverage

Many factors are considered in the acceptability and pricing of your insurance. For example, coastal properties present the risk

of storm damage, California residents face higher exposure to wildfires and earthquakes and are underwritten with that in mind. Each insurance company creates its own formula for the risks that they face for each client from financial stability to exposure to catastrophic events.

The way risk is assessed is different from company to company, making it critical that you have a professional agent and reputable company to provide the best protection. Look for com-

panies that prioritize creating personalized insurance coverage for you rather than just returning a fast quote. Companies that customize this for you have likely implemented technology that assesses risk more accurately and uses more data that is current, increasing your ability to get the lowest premiums. Also, make sure you check in with your insurance provider regularly to share any life changes and see if that changes your risk category. It is in your best interest that your poli-

cies are accurate reflections of your life circumstances.

Tip #2: Honesty is the best policy

When applying for insurance, your coverage and premiums are determined based on information that is known about you. Trying to get cheaper insurance by stretching the truth about your true policy needs is only going to cause a bigger headache for you down the road when you may actually need that specific coverage. Depending on the severity of the misinformation you give, you may find the coverage is suspended for material misrepresentation or (worse case scenario) be reported to insurance clearinghouses for fraud.

Tip #3: Cheap sometimes proves to be expensive

We all want to spend only what we need to for our

insurance. When designing your personal risk plan, start with the risk that represents the largest potential financial impact and work backwards from there. Our biggest threats are where we need to spend the most time and money, otherwise we could possibly find ourselves facing financial ruin in the event of a disaster. Paying attention to the fine print—and all associated dollars attached—is smart for everyone to do.

Tip #4 Life is short, start planning now

When we're young and invincible, life insurance is typically thought of as something only older folks need. Life insurance is more accessible and affordable at a younger age. Securing coverage on your life at an early age allows you to plan for future events with peace like taking out a mortgage,

raising children or setting aside money for college tuition. As we grow older the need for disability and long term care become increasingly more important in the financial and risk management plan.

Tip #5: Your appetite for risk matters

What often gets dismissed when purchasing insurance is the option of agreeing to a higher deductible in order to get a lower monthly premium. Instead, it's worth considering: if you can set aside the money for your deductible in an emergency fund, you can then use the funds you would have paid towards the higher premium to instead pay off debts or invest in stocks. This practice can be applied across any of your insurance policies including home, auto, and business.

Quincy Point Congregational Church

Palm Sunday will be celebrated April 10 at 10 a.m. at Quincy Point Congregational Church, 444 Washington Street.

Worship will be in-person and live-streamed. Palms will be distributed.

All are welcome to join in the Lenten reflections, inspired by a devotion of the same title, "Good Enough-40 ish devotionals for a life of imperfection" by Kate Bowler and Jessica Richie.

Worship will be followed by Coffee fellowship in the downstairs social hall. COVID friendly snacks will be served.

Maundy Thursday, April 14 there will be a 6 p.m.

service of Tenebrae in the Sanctuary at QPCC. Good Friday is with the Inter-church Council and a solemn service will be at 12 noon at St. Chrysostom's Episcopal Church, 1 Linden St., Quincy. Easter Sunday there are two celebrations. The first is at 5:45 a.m., a sunrise service across from the Clam Box on Wollaston Beach with Rev. Liz Williams of Wollaston Congregational and Rev. Kimberly Murphy of QPCC. The second service is at 10 a.m. at Quincy Point Congregational Church and features a sermon by Rev. Kim, "A Good Enough Faith."

Join in the Easter festival

worship and wear an Easter Bonnet; there will be a competition for the most creative.

Easter is the final day of Lenten Ukraine Relief donations. Checks can be made payable to Quincy Point Congregational Church with the memo: Ukraine Relief. Feel free to mail donations to 444 Washington St. or visit the church website for a secure donation: <https://www.quincypointcong.org/donate>. Boxes are located at the church doors for the third Sunday non-perishable food collection for Interfaith Social Services. The Easter service will also be followed by an Easter Egg Hunt and a special Coffee Fellowship.

Availability Of Second COVID-19 Booster Dose For Residents 50 And Older

Cont'd From Page 9

fective and widely available tool we have to prevent COVID infection, severe disease, and death," said Dr. Larry Madoff, Medical Director of DPH's Bureau of Infectious Disease and Laboratory Sciences. "It is important that everyone stay up to date on their vaccines. If residents have questions about whether they are eligible to get an additional booster dose, DPH encourages you to talk with your doctor."

If you are eligible, here are the steps to find a convenient location for getting a second COVID-19 Booster:

- Visit the Vaxfinder tool at vaxfinder.mass.gov for a full list of hundreds of locations to receive a booster and to book an appointment.

- For individuals who are unable to use Vaxfinder, or have difficulty accessing the internet, the COVID-19 Vaccine Resource Line (Monday through Friday, 8:30 a.m. to 6:00 p.m., Saturday and Sunday 9 a.m. to 2 p.m.) is available for assistance by calling 2-1-1 and following the prompts. This service is available in English and Spanish and has translators available in approximately 100 additional languages.

- Individuals with questions about the booster or their eligibility should contact their healthcare provider.

Vaccines are widely available across the Commonwealth. Getting vaccinated remains the most important thing individuals

can do to protect themselves, their families, and their community. Fully vaccinated residents should receive a COVID-19 booster shot when they are eligible to increase their protection against COVID-19 and its variants.

The COVID-19 booster is safe, effective, and free. Additional information on the COVID-19 booster, including FAQs, can be found at mass.gov/COVID-19booster.

Massachusetts leads the nation in vaccine administration, over 80% of the eligible population (5+) is fully vaccinated, and more than half are boosted. According to Bloomberg, the Commonwealth currently ranks 5th in the nation for percent of population with a booster dose.

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Performing Arts Center To Honor First Ladies Abigail, Louisa Adams

Cont'd From Page 1

statue — commissioned by the Quincy Partnership and sculpted by Lloyd Lillie — was installed outside the United First Parish Church in 1997. A statue of John Adams, also commissioned by the Quincy Partnership and made by Lillie, was installed five years later near City Hall. Those statues, removed ahead of construction of the new common, will be moved to a new home inside Merrymount Park in the coming months.

In an interview days after the rally, Koch said the new performing arts center — which will be located at the site of the city-owned Messina Lot at the intersection of Hancock Street and Hannon Parkway — would be the best way to honor both first ladies who called Quincy home.

"I don't think anyone at the rally talked about Louisa Catherine. We have talked the last couple years about doing something for both first ladies. Both of them were very important. Abigail of course was very important in the early days. John Quincy would not have been successful without Louisa Catherine. She was remarkable. They were great partners. They both deserve their due," Koch said.

"That's why I thought rather than just a stale statue somewhere that we have a place that's alive, a place of performance, a place of meetings; a place of culture. To have it named for them and honor them in that space there, I think it will be phenomenal. I think people will be blown away."

The mayor said he had considered commissioning new statues of Adams family members to join the one of John Adams inside the Hancock-Adams Common, but decided dedicating the performing arts center for the two first ladies, and putting statues of them there, would be better.

"We always thought about more things related to the Hancock-Adams Common depending on how the development was going to turn out, because there was another whole stretch toward the T station, but we didn't want to spend \$5 million on a park and then rip it up. So, we always contemplated something more whether it is John Quincy, Abigail, Louisa Catherine," Koch said.

"Now the last couple years really focusing on the performing arts center, which is something the people of the city really want to see based on all of our surveys, I made the decision we would dedicate the performing arts center to the first ladies, and we will

have sculptures of the first ladies as part of that facility. Whether they're indoors in a grand lobby, outdoors in front, we'll figure that out."

Koch added that the city had offered the Quincy Partnership a place within the Hancock-Adams Common where the Lillie statues could be located. Ed Keohane, the chairman of the group, declined that offer; Keohane, in previous interviews, has said there are already two John Adams statues in the vicinity of Quincy Center — one in the common and the other off Burgin Parkway in Freedom Park — and the John and Abigail Adams statues should not be separated.

"If I could backup, at the time we did the Hancock-Adams Common, the [new] statues were a much larger, heroic-sized presentation," Koch said. "So, having the smaller ones next to them, I'm not so sure how that would have fit. But in a compromise, we offered the Partnership — and as you know I was a member of the Partnership — a park kind of within the park, a special space for those two together, which was rejected at the time by the Partnership, really by Ed Keohane, who was the leader."

"He then was trying to get the park service to put them down by the birthplaces. And after a few years of trying, he wasn't getting any traction...so that's when he came to us and said, 'I'd like to have them put in Merrymount Park.'"

Koch said that the placement of the statues was ultimately up to the Quincy Partnership, not his administration.

"I just want to emphasize that technically the Partnership owns them. They're not the city's," he said. "The statues...and the granite blocks under them, were

paid for by the Partnership. The installation was paid for, as I understand, by the Partnership as well. And I remember that stuff because I was around — I was part of that group. It's not up to the mayor to place, it's really the Partnership's call in the end."

The Lillie statues will be installed near the water fountain off Hancock Street within Merrymount Park, Koch said. Dave Murphy, the city's commissioner of natural resources, is currently working with Keohane on plans for that site.

The mayor said that site makes sense for several reasons: the park is located on land donated to the city by Charles Francis Adams, it is near Central Middle School, and a bronze relief of the second and sixth presidents, made by Quincy-born artist Bruce Wilder Saville, is located nearby. Saville also created the Doughboy Statue that honors World War I servicemen from Quincy. The bronze Doughboy is located in a pocket park near the intersection of Hancock Street and Furnace Brook Parkway.

"There is a beautiful Saville sculpture of the two presidents, there is the Charles Francis Adams piece, and there is the Adams family connection to that park," Koch said referring to Merrymount Park — Adams family link. "And by the way that is a beautiful public space as well — that gets a lot of public use. Ed thought it might be a nice thing to tie into Central Middle School, the kids could come over," Koch said.

"I think it's a valid argument. Obviously, that's what Mr. Keohane has asked for. Dave Murphy is working with him to finalize that and get them in place this spring."

"Do I disagree with folks

that think Abigail should have a more prominent spot? Not at all, but it's not the city's statue to make that decision," Koch continued. "I know in the coming weeks and months we'll be talking in more detail about

the performing arts center and I think people will embrace what we have in mind."

"We're still working through the details, a lot of details. We have it in conceptual. But, I've already talked to a sculptor about

doing the images. It's becoming more real. I know it's been talked about for a while, but it's definitely becoming more real."

Last June, Koch announced plans for three new

Cont'd On Page 13

READERS FORUM

Quincy Partnership Update: A Letter From The Chairman

First and foremost, the Quincy Partnership was formed by a group consisting of business, professionals, local government and civic activists. Its purpose was to instill a greater pride in Quincy. By donating their own time, expertise and money, the Partnership was attempting to make our city a better place to live, work and invest in. The group raised additional money to support multiple projects to enhance the area. The Partnership created the "Welcome to Quincy" signs, illuminated historical buildings, encouraged the beginnings of the Flag Day parade, installation of the Merrymount Park fountain, and created the John and Abigail statues whose purpose was to recognize Quincy's heritage and its place with its greatest and most important family — the Adams.

The two statues were placed in Quincy Square, Abigail and young John Quincy were located on the grounds near the Church of the Presidents and John was on the other side of then

Hancock Street, in front of City Hall. They were looking at each other yet were separated while our nation was being created. Each of them assisted the other through their countless letters expressing their love, thoughts and aspirations. They were truly a loving couple and not just two individuals. Hence these two statues should be placed together and not be divided.

They were removed and placed in storage while the Partnership could locate a positive location. There were seven locations that were under consideration. The one that the most support came from is Merrymount Park.

The reasons for this choice are:

The land itself was donated by the Adams family to Quincy. It's also the geographic center of the city. Its location is the intersection of Hancock and Southern Artery, where the sculptures are visible from both roads. Parking is also available directly behind the site. The most important reason to

display the statues on this site is the close proximity of the Central Middle School. Our next generation will be taught to know the importance of the Adams family as it relates to the formation of our country.

I also applaud the desire to have an Abigail statue be installed in Hancock-Adams Common.

May I suggest that a group be formed just like the previous partnership. They too can show Quincy pride by raising funds to create a statue of Abigail Adams and have as much fun doing that.

The Quincy Partnership statues should not be separated for the story they tell is the story of an important couple and not two individuals. I don't understand bringing them to the commons when there is already a John Adams statue and another John Adams statue that is in close proximity on Newport Avenue Extension.

Respectfully,

Edward J. Keohane
Chairman
Quincy Partnership

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Quincy: 617-786-8888

SEASONAL FLAVORS

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Real Estate

Quincy Real Estate Transactions March 28 - April 1

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Louis Canaiy & Nathanael Van Vorst
Linda DaSilva
Newbury 60 LLC
Mei W. & Fiona L. Wong
John H. & Noreen P. Campbell
Jill M. Gillette
Neponset Point LLC
Demitrios S. Zapris
Christine N. & Gregory DiBella
Scott Underwood
Mary F. Prior
Liem Le & Chau Nguyen
Marie R. Keefe, Jerome P. Morreale, Joanne Morreale,
Francis D. Morreale & Joanna R. Morreale
Stanley Irrevocable Home Trust
Quinlan Lin
One Bennett Lane Realty Trust
Jason T. & Minaz V. Kuriakose
West Middle River Realty Trust
Audrey Fitz LLC
Jeffrey C. Welch
Whitwell Way LLC

BUYER

Nathanael V. Vorst
Harsimranjeet Singh & Komaldeep Kaur
John Macheras
Warren W. P. Wong
Leslie Campbell
James & Samantha Ferry
Liang-Yuan Chiu & Shih-Hui Huang
Xiao L. Wen
Steven W. Tong
YiYu Zhang, Miaoyun Chen & Jianyu Zhang
Chao Lin
Fiona Y. Deng

Ken K. Ma
Joseph Finnerty
Fernando Lugo & Daniela C. Mendez-Vizcarra
Bennett Lane Associates LLC
Hui K. Chen
Abdul Shamseddine
SJK and Company LLC
Man L. Wong & Yumei Wang
184 Whitwell LLC

AMOUNT

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\$385,000.00
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\$580,000.00
\$730,000.00

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134-136 Main Street
135 Sumner Street, Unit 1
57 Quincy Shore Drive, Unit 506
62 South Street, Unit 19
235 Beach Street
68 Barham Avenue
115 West Squantum Street, Unit 806
28-30 Charles Street

227 Elliot Avenue
344 Belmont Street
51 Branch Street
17 Bennett Lane
7 Randlett Street
819 Hancock Street
215 Thomas Burgin Pky Unit A-1
112 Bates Avenue
184 Whitwell Way

O'Donnell Encourages Use Of The Registry's Social Media

Norfolk Register of Deeds William P. O'Donnell is restating the importance he places on the Registry's use of social media platforms to communicate directly with the citizens of Norfolk County.

"Communication with our users is a priority at this Registry of Deeds," O'Donnell said. "Our doors may close at the end of the business day but that doesn't mean the Registry stops working. Our website www.norfolkdeeds.org allows users to look up and view scanned images of over 8 million land documents dating back to the Registry's beginnings in 1793.

"Users can also access our website to learn about our latest consumer protection programs and news relating to registry business. Our information is acces-

sible not only from workstations and laptops, but also from smartphones and tablets."

O'Donnell pointed out a declaration form of the popular Homestead Act can be downloaded, filled-in and printed. A Homestead declaration provides a homeowner with limited protection against the forced sale of their primary residence to satisfy unsecured debt up to \$500,000 or \$1,000,000 for two owners if both owners are over the age of 62.

The Registry also provides a free Consumer Notification Service. This program alerts a person anytime a land document has been recorded against their name in Norfolk County. Additionally, there is valuable county real estate information that can be accessed, researched and

tracked. Anyone interested in the number of residential and commercial properties sold or the average prices of property sold can find that

information.

Besides the Registry website, the other forms of social media utilized by the Registry of Deeds include

Facebook - facebook.com/NorfolkDeeds and Twitter - twitter.com/NorfolkDeeds. "The Norfolk County Registry of Deeds,"

O'Donnell said, "has utilized Facebook and Twitter to provide information to the general public. By utiliz-

Cont'd On Page 13

Ask Barbara Graceffa: 'Secretary Of The Interior'

The Art And Science Of Creativity

Do I need to have the "creativity gene" to get interior decorating right? I'm so afraid of getting it terribly wrong. **Yen**

I love this question! We are all born with a "creative gene" but it has to be nourished. There is an art and science to creativity. Think of right brain and left brain to better understand it.

The artistic right hemisphere of the brain controls imagination, intuition, insight, curiosity, holistic thinking, wrapped up with playful, passionate, and sensual (relating to the senses) feelings. It is easy to see the artistic side of interior decorating - deciding which colors and fabrics to choose, asking "what if?" when visualizing a new décor, and bringing your own personality into every interior space.

The scientific brain is analytical and methodical, dominated by logic, facts, and details. Recall your science classes in high school; sound research includes brainstorming, planning, experimenting, executing, reflecting, and repeating. These come into play in both interior design and decorating when it comes to budgets, sound construction practices,

selection of quality items, room and furniture layout, and continuity of style and color, for example.

On the topic of creativity, Albert Einstein said, "Creativity is intelligence having fun." and "Logic will get you from A to B. Imagination will take you everywhere else." So, interior decorating involves both the left brain (intelligence and logic) and right brain (having fun and imagination).

With confidence and motivation, creativity can be learned and enhanced - just as a budding athlete or musician who commits to training and practice to improve their ability. In my next column, I'll share ideas on how to boost your creativity. Until then, believe in your creative self; own it. Challenge yourself to try new things. Do something creative everyday - take a photograph, write a short poem, or even doodle.

In closing, creative minds inspire others - isn't that what my columns and lectures are all about?

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates. Learn more about her services, workshops and quilt shows at www.sec-interior.com, read her blog at secretary-interiordecorating.blog and enjoy her art quilts on Instagram @secretaryinteriordecorating. You can reach her at 617-921-6033.



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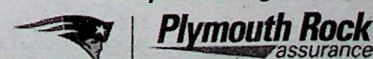
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Marina Bay Ferry Status Unclear

Cont'd From Page 3

"I know that there was a state commission a couple of years ago that suggested Quincy should be one of the key spots for ferry service. Water transportation, it's obvious we could do a better job. You look from Salem down.

"Europe does it all over the place. I think we could do a better job."

The mayor said a working group – including Dave Murphy, Quincy's commissioner of natural resources – is designing improvements to Squantum Point Park, including updates needed to help secure year-round ferry service.

"There is the ongoing design work of Squantum Point Park as we speak, which would include the updates needed for ferry, but I don't have any designs done yet. There is a working group working on that and Dave Murphy is part of that," Koch said. "That's state-owned land, so there's obviously that piece of that with DCR and the state as well."

Koch was named to the MBTA Board of Directors last year. He said the transit

agency has yet to discuss the idea of adding a new ferry service connecting Quincy to Boston. Instead, it is focused on getting operations back up and running after ridership plummeted in the early stages of the pandemic.

"Obviously, ferry has been talked about in general. In light of COVID when we talk about all the modes of transportation and what happened to ridership, revenue, etc., certainly the Hingham one comes up on a regular basis," Koch said.

"I think the T mindset, and I don't want to speak for the general manager, but my observation is they're so concerned about getting the basic systems back up and running that I don't think there's been a lot of thought about an additional ferry service."

In an earlier interview, Rep. Bruce Ayers noted state lawmakers in December were able to secure \$400,000 in federal American Rescue Plan Act funding for improvements to the facilities at Squantum Point Park.

"We got \$400,000 in ARPA funding, the federal

money, for the Marina Bay ferry," said Ayers, a Quincy Democrat. "The purpose for that was to expand upon the ferry service that's out at Marina Bay – things like the infrastructure, working on the docks, the piers, that require so much maintenance each year."

Squantum Point Park provides a unique opportunity for ferry service, Ayers said, given the size of its parking lot – originally used by workers on the Deer Island project – and the extension of Commander Shea Boulevard that provides direct access to and from the park that does not go through Marina Bay.

"We've got unique situation where the infrastructure is all there. The parking is left over from Deer Island. We should take advantage of it," he said. "Over the years, we've completed the access road that goes straight into Squantum Point Park to accommodate the Marina Bay folks with some of their issues."

Ayers said he has been reaching out to his peers in other coastal communities to discuss creating a regional network of ferries.

He noted the Boston area has some of the worst traffic backups in the nation and said ferry service could help reduce crowding on the roads.

"There was just a study, I think Boston traffic was like the third-worst in the country. It would get some of the traffic off Quincy Shore Drive. A day like today (when it's raining) you go out at 8:30 in the morning, you're backed up all the way to Dunkin' Donuts sometimes before you can get over the Neponset Bridge. It's horrible," Ayers said. "So, to have a ferry and not take advantage of it, is crazy."

"We're continuing down that road to make it a full-time ferry, to get the necessary funding whether it is federal funds, state funds. Along the way, we're researching other potential stops, seacoast communities. There are a lot of studies that we're using that show water transportation is the way to go."

"It's no go without the dough with any one of these proposals – that's usually the hardest part – so to get \$400,000 was a shot in the arm to it," Ayers added.

O'Donnell Encourages Use Of Registry Of Deeds Social Media

Cont'd From Page 12

ing these platforms, Norfolk County residents can learn more about home ownership and other important consumer initiatives like protecting themselves against Deed Scam rip-offs."

The Registry has also filmed multiple public service announcements (PSAs) which are available on the Registry's website and YouTube. These PSAs have touched on a variety of relevant issues such as assistance for residents who have received a Notice to Foreclose Mortgage from a lender.

"At the Registry of Deeds, we recognize the value of using social media platforms to forward important information to Norfolk County residents," O'Donnell said. "If you have questions related to real property, I recommend you take a look at our social media offerings. As important as these social media offerings are, the Registry of Deeds has a Customer

Service Center at 1-781-461-6101 where members of the public can seek assistance and speak directly with a member of our staff during business hours from 8:30 a.m. to 4:30 p.m."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and/or Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High Street in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Performing Arts Center To Honor First Ladies Abigail, Louisa Adams

Cont'd From Page 11

developments in Quincy Center, including a 14- or 15-story building on the Messina Lot that would house the performing arts center on the lower levels and up to 350 apartments on the floors above it. At the time, he said that the performing arts center would be dedicated to the two first ladies.

Sam Slater was chosen as the developer for the

Messina Lot site. Slater has produced a number of feature films and is also a partner in the National Hockey League's Seattle Kraken.

Once built, the performing arts center will feature a 1,000- to 2,000-seat auditorium, eclipsing the 750-seat auditorium at Quincy High School to become the city's largest indoor venue.

"It's probably going to be somewhere between 1,000 and 2,000, so we're trying

to find that sweet spot, what makes the most sense. Our guidance tells us that you need a minimum of 1,000 and you don't want more than 2,000," Koch said in the recent interview.

"There will be all kinds of events but, for example, you have a professional comedian come or a professional band come in or something, you need to have a minimum seating to be able to have the economies of scale if you will to pay for

it, to raise the revenue and so forth."

The mayor hopes the new venue will open in time for Quincy's quadricentennial in 2025. He noted a performing arts center was deemed Quincy's biggest need during community outreach sessions undertaken as part of the Quincy 400 initiative.

"The goal would be to have the cultural center open for the 400th anniversary of our city in 2025. That's the goal," Koch said.

"Through the process of hearings, surveys, emails, the most common request, comment, suggestion was

the city needs, some called it a cultural center, some called it a performing arts center, some called it a theater. Whatever they called it, by the far the most common denominator was this type of facility. And it was all related to the 400th, so the goal is to get this thing open for the 400th in 2025."

The performing arts center will not be the only new recognition for the Adams family in Quincy Center, Koch noted; he is putting together plans for a new presidential library on Adams Street as well, honoring John and Abigail and John Quincy and Louisa Cath-

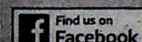
erine. "We're going to be talking more in the coming months about a presidential library/presidential center, which is going to tell the story of all four," he said. "Again, another place to honor Abigail."

"I hope people understand, just evidenced by what we've been doing as an administration, that this mayor has great admiration for history," Koch added. "The history of our country is the history of Quincy and vice versa. You can't separate them, and the contributions made by both John Adams and Abigail and John Quincy and Louisa Catherine are tremendous and I think it's going to allow us to tell that story in a better way than it's ever been told before."

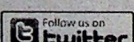
"I think we've made tremendous progress enhancing the history of our city. What we do in the school system with Bob Damon and historical assets. What we've done with the Quincy Historical Society with more programming over there getting the schools connection. I think we've worked it very hard and very well. Now with our new tourism department and tourism director, it's kind of all coming together."

"I'm a student of history and love history – love Abigail and Louisa Catherine."

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Public Access Channel 8

Thursday, April 7
6:00pm: Bethany Congregational Church
8:00pm: TCPL: Guide to Greater Boston

Friday, April 8
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan

Saturday, April 9
11:00am: Alive & Kickin'
3:00pm: TCPL: Aging Strong

Sunday, April 10
11:30am: Good News
1:00pm: The Call

Monday, April 11
11:30am: LIVE: Currently in Quincy
7:00pm: CIQ Interview: Quarry Museum

Tuesday, April 12
7:00pm: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, April 13
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, April 7
6:00pm: TCPL: Essex Piano Trio
7:30pm: Quincy In Focus
4:00pm: Board of License Commissioners 4/5

Friday, April 8
6:30pm: For Your Health: Brain Health
7:00pm: Smoke/Carbon Monoxide Alarms
8:00pm: TCPL: Guide to Greater Boston

Saturday/Sunday, April 9/10
9:30am: Good Deeds: Norfolk Registry of Deeds
10:00am: TCPL: Essex Piano Trio
12:00pm: City Council Incl. Finance 4/4
4:00pm: Board of License Commissioners 4/5

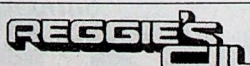
Monday, April 11
6:30pm: LIVE: City Council
7:00pm: Meet the Author, Ep. 18

Tuesday, April 12
5:30pm: LIVE: Zoning Board of Appeals
7:30pm: Meet the Artist, Ep. 5

Wednesday, April 13
11:00am: TCPL: Aging Strong
6:00pm: In the Know: Senior Tax Credit

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org



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RELIGION

Divine Mercy Parish

Divine Mercy Parish invites you to celebrate the Sacred Triduum 2022 with us.

All services on Holy Thursday, Good Friday and Holy Saturday are at Sacred Heart Church.

On Holy Thursday, April 14, morning prayer is at 9 a.m., midday prayer is at noon, the evening Mass of the Lord's Supper is at 7 p.m., with adoration of the blessed sacrament until 9 p.m., and night prayer is at 9 p.m.

On Good Friday, April 15, morning prayer is at 9 a.m., live stations of the cross is at noon, traditional stations of the cross is at 3 p.m., and liturgy of the Lord's passion is at 7 p.m. (The lower chapel of St. Ann and the church at St. Mary will both be open from 9 a.m. to 3 p.m. for private prayer.)

On Holy Saturday, April 16, morning prayer is at 9 a.m. and the vigil of the Lord's resurrection is at 7:30 p.m.

On Easter Sunday, April 17, Masses will be celebrated at St. Mary Church at 8 and 10:30 a.m.; at Sacred Heart Church at 7:30 and 10

a.m. (there is no 6 p.m. that day); and at St. Ann Church at 9 and 11 a.m.

St. Mary Church is located at 95 Crescent St. in West Quincy, Sacred Heart Church is at 386 Hancock

St. in North Quincy, and St. Ann Church is at 755 Hancock St. in Wollaston.

For more information, please visit the parish website at divinemercyquincy.org or call 617-328-8666.

Saint Agatha Parish

St. Agatha Parish, 432 Adams St., Milton, announces its schedule for Palm Sunday, Holy Week and Easter.

On Palm Sunday, April 10, there will be Mass on Sunday at 7:30 a.m., 9:30 a.m. (livestreamed on stagathaparish.org), 11:30 a.m. and 5 p.m. There will also be a Palm Sunday Mass on Saturday, April 9th at 4:30 p.m. (livestreamed on stagathaparish.org.)

There will be a daily Mass at 9 a.m. on Monday, Tuesday and Wednesday, April 11, April 12 and April 13.

On Wednesday, April 13 from 6:30 to 8 p.m. there will be Adoration and Reconciliation.

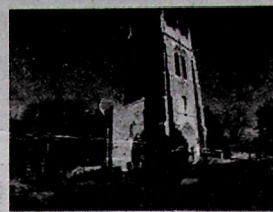
On Holy Thursday, April 14, there will be morning prayer at 9 a.m., Mass of the Lord's Supper at 7:30 p.m.

(live streamed on stagathaparish.org) and Adoration of the Eucharist until 10 p.m.

On Good Friday, April 15 there will be morning prayer at 9 a.m., Liturgy of the Lord's Passion at 3 p.m. (livestreamed on stagathaparish.org) and Liturgy of the Lord's Passion at 7:30 p.m.

On Holy Saturday, April 16, there will be morning prayer at 9 a.m. and Easter Vigil at 7:30 p.m. (livestreamed on stagathaparish.org.)

On Easter Sunday, April 17, there will be Mass at 7:30 a.m. (church), 9:30 a.m. (church) and livestreamed on stagathaparish.org, 11:30 a.m. (both church and parish center) and livestreamed on stagathaparish.org. There will be no 5 p.m. Mass on Easter Sunday.



*St. Agatha Parish
432 Adams St., Milton
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for Holy Week*

PALM SUNDAY MASS-April 10

SATURDAY 4:30 PM*

SUNDAY 7:30 AM • 9:30 AM* • 11:30 AM • 5 PM

MONDAY-April 11 • TUESDAY-April 12 & WEDNESDAY-April 13

9 AM — DAILY MASS

WEDNESDAY-April 13

6:30 PM-8 PM — ADORATION & RECONCILIATION

HOLY THURSDAY-April 14

9 AM — MORNING PRAYER

7:30 PM* — MASS OF THE LORD'S SUPPER
AND ADORATION OF THE EUCHARIST UNTIL 10 PM

GOOD FRIDAY-April 15

9 AM — MORNING PRAYER

3 PM* — LITURGY OF THE LORD'S PASSION
7:30 PM — LITURGY OF THE LORD'S PASSION

HOLY SATURDAY-April 16

9 AM — MORNING PRAYER

7:30 PM* — EASTER VIGIL

EASTER SUNDAY MASS-April 17

7:30 AM (CHURCH)

9:30 AM* (CHURCH)

11:30 AM* (BOTH CHURCH & PARISH CENTER)
No 5PM MASS

* LIVESTREAMED ON STAGATHAPARISH.ORG

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All services on Holy Thursday, Good Friday and Holy Saturday are at Sacred Heart Church

HOLY THURSDAY

14 April

9 AM Morning Prayer
12 PM Mid-day Prayer
7 PM Evening Mass of the
Lord's Supper

*Adoration of the Blessed Sacrament
until 9 PM*

9 PM Night Prayer

GOOD FRIDAY

15 April

*The lower chapel at St. Ann and
the church at St. Mary also
will be open from 9 AM until 3 PM
for your private prayer*

9 AM Morning Prayer
12 PM Live Stations of the Cross
at Sacred Heart Church

3 PM Traditional
Stations of the Cross

7 PM Liturgy of the
Lord's Passion

HOLY SATURDAY

16 April

9 AM Morning Prayer
7:30 PM Vigil of the Lord's
Resurrection
at Sacred Heart Church

EASTER SUNDAY MASSES 17 April

Saint Mary Church

Sunday: 8 AM and 10:30 AM

Sacred Heart Church

Sunday: 7:30 AM and 10 AM
NO 6 PM Mass on Easter Sunday

Saint Ann Church

Sunday: 9 AM and 11 AM

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Sacred Heart Church

386 Hancock Street North Quincy

St. Ann Church

755 Hancock Street Wollaston

Parish Website: divinemercyquincy.org
Phone: 617.328.8666



Author Talk: Front Row Center: How I Met Everyone With Allan Dines April 14

The public is invited to attend an Author Talk with Allan Dines on Thursday, April 14 from 7 to 8 p.m. at the Crane Public Library, 40 Washington St., Quincy.

Dines has had a front

row seat in some of the most iconic venues in and around Boston for the last 30 years. He's photographed hundreds of celebrities and legends from the world of music, movies, television,

sports and more.

In his new book, "Front Row Center: How I Met Everyone", he chronicles a 10-year period with stories and pictures of how he started his career and some

of the many people he photographed.

Dines' photos have appeared in People, US weekly, Rolling Stone, Blues

Wire, Boston Common, The Improper Bostonian and almost every local newspaper and magazine.

This in-person event will

also be livestreamed to the Crane Library's YouTube channel and broadcast live on QATV channel 9.



ANNIE DOW



JULIA DOYLE



COLLEEN STRAVIN

Residents Running Marathon For Cancer Research

On April 18, Quincy residents Annie Dow, Julia Doyle and Colleen Stravin are running to defy cancer as a member of the Dana-Farber Marathon Challenge team in the 126th Boston Marathon.

The Dana-Farber Marathon Challenge team will run in-person this year and will also offer the option of running virtually, due to the ongoing COVID-19 pandemic.

Along with more than 500 Dana-Farber Marathon Challenge teammates from across the United States and around the world, they will run Massachusetts' historic marathon route from Hopkinton to Boston to collectively raise \$5.5 million for cancer research at Dana-Farber Cancer Institute.

This year marks the 33rd annual running of the Dana-Farber Marathon Challenge (DFMC). One hundred percent of the money raised by the Dana-Farber Marathon Challenge team benefits Dana-Farber's Claudia Adams Barr Program in Innovative Basic Cancer Research, which supports promising science research in its earliest stages. The Dana-Farber Marathon Challenge has raised more than \$105 million for the Barr Program to date.

In 1990, Dana-Farber was among the first charity organizations to be recognized by the Boston Athletic Association (B.A.A.), which organizes the Boston Mar-

athon. The Dana-Farber Marathon Challenge team offers its members extensive fundraising support, training guidance from 1976 Boston Marathon Men's Open Division Champion Jack Fultz, and team training runs. Dana-Farber Marathon Challenge runners who are not time-qualified for the Boston Marathon receive an invitational entry into the race.

Dana-Farber Marathon Challenge runners include cancer survivors and patients, and family and friends of those who have been affected by cancer. Each team member must fulfill a basic fundraising commitment:

- Invitational runners -

runners who receive their entry from Dana-Farber have a fundraising commitment of \$7,500.

- Own entry runners - runners who have joined the DFMC after obtaining their own race entry have a fundraising commitment of \$4,000.

- Virtual runners - runners participating virtually have a fundraising commitment of \$4,000.

To contribute to the Dana-Farber Marathon Challenge, visit RunDFMC.org or contact the Dana-Farber Marathon Challenge office at (617) 632-1970 or dfmc@dfci.harvard.edu. Follow DFMC on Facebook: www.facebook.com/marathonchallenge. On Twitter: #RunDFMC.

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- 4:30 ~ 4:45 P.M. | HUNG GAR KUNG FU AND LION DANCE ACADEMY
- 5:00 ~ 5:15 P.M. | CENTER STAGE
- 5:30 ~ 5:45 P.M. | SOUTH SHORE CHILDREN'S CHORUS
- 6:00 ~ 6:15 P.M. | DANCEWORKS
- 6:30 ~ 6:45 P.M. | HUNG GAR KUNG FU AND LION DANCE ACADEMY
- 7:15 P.M. | LASER SHOW FINALE BY PINNACLE LASER PRODUCTIONS

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Quincy College Nursing Program Earns High Marks

Graduates of Quincy College's Associate in Science Degree in Nursing program (ASN) as well as its Certificate in Practical Nursing (PN) program successfully passed national certifying examinations at rates higher than national averages, according to the most recent results released by the Massachusetts Board of Registration in Nursing.

Of particular note: 100 percent of graduates of the College's Practical Nursing program who took the National Council Licensure Examination (NCLEX) in both 2020 and 2021 for the first time earned a passing

grade, making Quincy College one of only four institutions in Massachusetts to achieve that level of proficiency among its graduates taking the exam.

"These results show how ready our students are for careers in nursing," said Dr. Diane Gillis, Dean of Nursing at Quincy College. "Our concept-based nursing curriculum prepares them to pass the NCLEX exam but, more importantly, it gives them an advantage as they begin their practice as nursing professionals. The results also validate our teaching philosophy, which is highly individualized,

supportive, and rooted in the belief that every student counts because – especially in today's healthcare environment – every nurse counts."

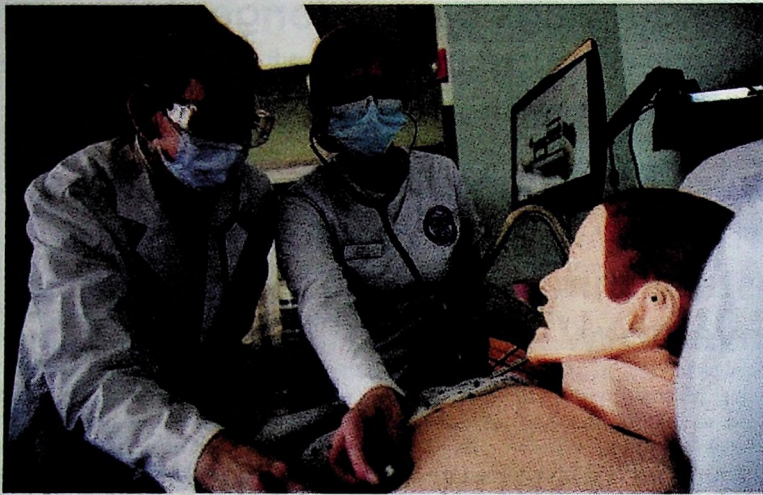
"The NCLEX results clearly demonstrate that Quincy College has earned a place in the top tier of the state's nursing education programs, which is a tribute to the dedication of both our faculty and our students," said President Richard DeCristofaro, Ed. D. "The value of a Quincy College nursing education, and the return on the investment our students make by enrolling here, has never been great-

er."

In 2021, 94 percent of graduates of Quincy College's two-year ASN degree program offered at the College's Quincy campus recorded a first-time passing grade as did 89 percent of the graduates of the ASN program at the Plymouth campus; those results are well above the NCLEX na-

tional results which show a pass rate of 79.78 percent for ASN candidates. The 100 percent of graduates of the 10-month PN certificate program who recorded a first-time passing grade is significantly higher than the national pass rate of 79.60 percent for PN candidates. Complete results are available at www.ncsbn.org.

Quincy College is currently enrolling students for the 2022-23 academic year in both ASN and PN programs at its Quincy and Plymouth campuses. Visit www.quincycollege.edu for information about each program as well as dates and times for upcoming information sessions.



GRADUATES OF QUINCY College's Associate in Science Degree in Nursing program (ASN) as well as its Certificate in Practical Nursing (PN) program successfully passed national certifying examinations at rates higher than national averages. *Courtesy Photo*



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Quincy's Single Use Plastic Bag Ban will go into effect on April 1, 2022.

New City Ordinance

BRING YOUR OWN BAG

Effective April 1, 2022, disposable plastic shopping bags/retail checkout bags can no longer be provided to customers at check-out at retail establishments in the City.

There is a 1-month transition period until May 1, 2022 to allow retail establishments to use existing inventory.

Plan ahead and keep your reusable bags in your:



CAR



HOUSE



WORK



PURSE



BACKPACK

Useful Information for a Smooth Transition to Reusable Bags

1. Most reusable bags are larger and can hold more than typical single-use plastic bags, making loading and unloading more convenient as you have less to carry and fewer trips from the car to the kitchen.
2. Designate certain bags for groceries, such as fruits and veggies, dry goods and frozen foods, while designating other bags to items such as cleaning supplies, personal hygiene items, etc.
3. Use a spray bottle mixed with equal parts rubbing alcohol to water and spray bags as needed to keep them germ free. Some bags can even be washed with laundry.
4. Instead of using single-use plastic bags for pet waste, purchase biodegradable bags from local pet stores or online. It may not be as affordable but at least you're not wrapping waste in something that won't breakdown for nearly a century.
5. When giving a gift to someone, use a reusable tote in place of a gift bag or wrapping. This costs less than most gift wrap and will keep their collection growing.



City of Quincy
Health Department

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www.QuincyMA.gov



Plenty Of Highlights For NQ Boys' Basketball Season

The masks came off, the fans returned to the stands after a year of watching games on YouTube, and the North Quincy Raiders capped the 2021-22 season with 19 wins, 5 losses, and a run to the Elite 8 of the MIAA Division II State Tournament.

After finishing the regular season at 17-4 overall and 13-3 in the Patriot League's Fisher Division – good enough for second place – the Raiders were seeded #8 among 46 division II teams that qualified for the MIAA's new statewide tournament, based on power rankings introduced this year. First up was Northampton, with the host Raiders taking an 85-62 win. Walpole, seeded ninth, proved a formidable foe in the round of 16, but the Raiders prevailed, 66-62, before a packed house on Hunt Street.

"What an atmosphere!" North Quincy coach Kevin Barrett said after the doubleheader win featuring his squad and the undefeated girls team. "I think we've all been starving to get back to this type of atmosphere with a packed gym and this kind of enthusiasm. Based on the crowd that we had for the girls' game and our game, I think everybody was (waiting for that), right?"

With the win, the Raiders earned a quarterfinal road trip to take on the top-seeded Lancers of Malden Catholic. "All the credit to Malden Catholic, what a talented and well-coached team," Barrett said after the season-ending defeat. "We knew it would be an uphill battle playing them in their own gym, but I'm proud of the way my kids battled and scrapped."

Reflecting on his 16th season with the Raiders, Barrett had particular praise for his six seniors: co-captains Colm Geary and Nikko Mortel, along with Ethan Gao, Quonuw Scott, Luke Pierron and Danny Bellotti.

"The seniors really provided the foundation of the base that we needed for the younger guys to fill in," said Barrett. "The special thing about this group was that we had our seniors that we relied heavily on, but it was also complemented by the underclassmen so much, obviously, with Daithi (Quinn) and then Kobe (Nguyen) as a freshman. To follow their lead, it's always a good thing for the younger kids and we couldn't ask for better role models or mentors than the kids who are graduating."

Back in December, the Raiders opened the season

with a convincing home win against Silver Lake, but a road game at Scituate was an early reminder that the Patriot League would once again be stacked with talented teams. The Sailors stood tall after an 89-82 win. Road wins against Marshfield and Hanover would follow, along with a defeat of Weymouth in the first round of the Founder's Holiday Classic at Braintree.

With the league still sorting itself out in mid-January, the Raiders would drop consecutive games for the only time all season, falling to Plymouth South and Pembroke. But it was all uphill from there, as the Raiders closed the regular season by winning 13 of 14 contests – the sole blemish a 71-63 loss to Everett on Feb. 9. As part of the run, the Raiders avenged prior losses to Scituate, Pembroke and Plymouth South, and also took a road win against Whitman-Hanson for the first time since 2008, with sophomore co-captain Daithi Quinn scoring on a dazzling spin move to seal the 58-55 win. The run also included a defeat of Braintree to capture Founder's tourney, with Quinn taking home MVP honors.

After the regular season, Quinn was selected MVP of the Patriot League's Fisher Division. He was joined on the all-league team by Geary and juniors Zach Taylor and Nate Caldwell. Quinn's name appeared on several all-state teams that have been published online, and Barrett believes he is deserving of consideration from upcoming all-scholastic teams that will appear in area newspapers.

Looking ahead, Barrett expects next year's squad to be led by Quinn, freshman point guard Kobe Nguyen,

and a trio of juniors: center Dylan Clifford, along with Caldwell and Taylor, all of whom were major contributors the past season.

Thanksgiving is a long way away, and in the meanwhile the Raiders will be hard at work on the spring and summer circuits, honing their skills and preparing for next season by participating in roughly 90 games.

"It was quite a run and quite a ride," said Barrett. "It wasn't without adversity by any means, but I'm just proud of the way we persevered and rallied together when the adversity hit at various times during the season. One of which was COVID-related, some other ones were more personal by nature, and I couldn't be more proud of the kids and the way that they handled themselves during those times."

Barrett also takes pride in reconnecting with past players, as he did throughout the season, especially in the postseason. Marcellus Lee, Dennis Martin, Solomon Umoren, Dhaaky Drake, Kyle Richardson, Andy He, Paul Cuniff, Efthim Butka, Tim Liuzzo, Steve Dalla, Phuoc Nguyen and Kevin Pillone were among the NQHs basketball alumni cheering on the Raiders in tournament play. Joining Barrett in providing a warm welcome for them was the half dozen past players who are now on Barrett's staff: Ned Gould, Pat Gould, Dan Gould, Conor Pound, Tim Liuzzo and Efthim Butka.

"There's real satisfaction in reconnecting with them and knowing they still want to support North Quincy basketball," Barrett said. "I see it as an expression of their pride in the city, the school, the basketball program, and its current players."

High School Sports Shorts

In recent high school sports action, North Quincy baseball defeated Weymouth, 10-2.

Juniors Kyle DeBoer, Alex Montero (W), and Zach Taylor combined for a two-hitter with 8 strikeouts.

Freshman Max Gaudiano had two hits and two runs scored in his first varsity game. Vinny O'Leary had a double with two RBI; Char-

lie Baker had a pinch hit 2 RBI single; Jackson Murphy had an RBI single with a run scored and Scott Ritz had a hit, two runs scored and a stolen base.

In boys' volleyball, Quincy lost 0-3 to Cambridge Rindge & Latin. The scores were 25-22, 25-16 and 25-18.

Quincy had 18 kills, 6 blocks and 31 digs as a team.

ANPS Hiring Maintenance Workers

Adams National Historical Park, Quincy, has job openings for seasonal full and part time maintenance worker positions.

The positions would last from spring until the end of fall and involve working outdoors and in historic buildings. The pay is a scale from \$19.49 - \$22.73 depending on experience and position. Learn more and apply here:

<https://www.usajobs.gov/GetJob/ViewDetails/636751300>

QNT Boys' Lacrosse Falls To Abington, 11-4

The Quincy/North Quincy High boys' lacrosse team faced a tough out-of-league opponent in its season opener last week.

QNT had a road contest against the Abington Green Wave March 31. Abington got some early momentum in the contest and was able to protect its lead. QNT fell 11-4 in the contest. With the loss, the team started the season at 0-1.

Early in the contest, both sides played tough defense, preventing one another from scoring. However, Abington struck first in this one. About halfway through the first quarter, it got on the scoreboard, netting the first goal of the game.

QNT had a strong shot with about 3:30 left in the first quarter; sophomore Teddy Lynch (Quincy) rifled a strong shot toward the net, but it went a little wide. QNT continued to play tough defense, so Abington led 1-0 after the first quarter.

It didn't take Abington as long to strike in the second quarter; the team netted a goal less than two minutes into the quarter – and the momentum continued. Abington would score five more goals in the quarter, increasing its total to six goals in that 12-minute span. This gave the team a 7-0 lead at halftime. While QNT fought to chip away at the deficit in the second half, they weren't able to overcome it.

A few minutes into the second half, Abington scored again and took its largest lead of the game: 8-0.

However, QNT responded with a stretch of offensive success of its own.

With 6:41 remaining in the third, senior Cooper Hernon (Quincy) got QNT on the scoreboard. He rocketed a hard shot that Abington couldn't stop into the back of the net to end the shutout. It was the start of a 4-0 run for QNT.

Less than 90 seconds later, QNT struck again. This time, Lynch sidearmed a shot to the net and hit his target; this made it an 8-2 contest.

Senior Matt Gratch (Quincy) kept that momentum going for QNT. He rifled in another goal for QNT with just under 3 minutes left in the third quarter. And less than two minutes later, QNT added another goal. This meant that in the third quarter, the team cut its deficit in half.

QNT's fourth goal came off the stick of Gratch; it was his second goal of the game.

Although QNT had a strong performance in the third quarter, the team wasn't able to make a comeback. Abington shined in the fourth quarter and was able to protect its lead. The team shut QNT out for the final 12 minutes of the contest. Additionally, Abington was able to add to its offensive total; Abington scored three more goals in the fourth, making it an 11-4 final.

Abington's first goal of the fourth quarter came just over a minute into it. Then the team made it a 10-4 game less than 90 seconds later. And just over two minutes later, with 7:20 left in the game, Abington struck again. It was the team's final goal of the game.

As a team, QNT has some experience on its

side this season. There are 17 seniors on its roster this spring.

The roster for QNT this season includes: senior Mike Steele (North Quincy), senior Riley O'Connell (Quincy), senior Ben Dawe (North Quincy), senior Michael Gorman (North Quincy), sophomore Teddy Lynch (Quincy), senior Brian Rodrigues (North Quincy), senior Cooper Hernon (Quincy), junior Stephen Gallant (Quincy), senior Dylan Chojnowski (Quincy), sophomore Liam Kelliher (North Quincy), senior Joe Manton (Quincy), senior Jimmy Phipps (Quincy), sophomore Nate Sampson (North Quincy), senior Dan Andrews (Quincy), sophomore Josh Cannon (Quincy), senior Ronan Healy (Quincy), senior Matt Gratch (Quincy), senior Sean Andrews (Quincy), senior Harry Gaudiano (North Quincy), senior Adrien Orlando (North Quincy), junior Jack Cavicchi (North Quincy), freshman Cam Sampson (North Quincy), freshman Will Codner (Quincy), sophomore Connor Zynda (North Quincy), senior Matt Craig (North Quincy), senior Samee Akhouzine (North Quincy). The team's head coach is Matt Gibbons, who also serves as the North Quincy High boys' hockey head coach.

The next game for QNT will take place this Thursday, April 7 on the road against Silver Lake (4 p.m. start time).

Additionally, the team's first home game will take place on Tuesday, April 12 against the Hingham Harbormen at 4 p.m. at Veterans' Memorial Stadium.

Quincy Girls' Lacrosse Bows To Braintree, 16-8

By TOM JOYCE

The Quincy High girls' lacrosse team faced a tough opponent Monday afternoon.

The Presidents faced Braintree on the road. Braintree got off to a hot start and the Presidents weren't able to overcome the deficit. Braintree won the game 16-8. With the loss, the Presidents fell to 1-1 on the season.

In the first half of the first half, Braintree enjoyed a lot of offensive success; the team started the game on a 5-0 scoring run. However, it wouldn't take the Presidents long to respond to that fifth goal.

Braintree made it a 5-0 game with 13:23 left in the first half; just under a min-

ute later, the Presidents got on the scoreboard. Senior Kathleen Higgins took an overhand shot out in front of the net; her goal made it a 5-1 game.

Braintree responded with a pair of unanswered goals in the next three minutes. However, the Presidents had back-to-back goals of their own later in the first half. With 2:40 remaining senior Lindsey Hatfield found an opening out in front of the net and got a goal. One minute later, Higgins netted her second goal of the game to make it 7-3; she went on to score three goals overall in the contest.

The Presidents would trail 8-3 at halftime; Braintree scored again with 39 seconds remaining in the

first half.

Although the Presidents had more offensive production in the second half, they weren't able to make a comeback in this one. Braintree also had a strong offensive output in the second half.

The two sides started the second half by trading goals. Braintree struck first and with 18:36 remaining, junior Caroline Tracey scored on a fast break.

After that, however, Braintree went on a 5-0 scoring run that lasted just under five minutes. This made it a 14-4 game; since Braintree had a 10-goal lead in the second half after this goal, the game went to a running clock – temporary.

Cont'd On Page 20

Quincy Girls' Lacrosse Bows To Braintree, 16-8

Cont'd From Page 19

ily. The Presidents still had plenty of offense left in them, so that running clock wouldn't last.

Senior captain Chloe Lynch killed the running clock by scoring a goal with 7:55 remaining. It was the start of a 4-0 run for the Presidents.

Higgins, sophomore Grace Connor, and senior captain Maddie Bailey also

scored on that run; Bailey's goal made it a 14-8 game with 2:44 remaining.

Ultimately, the Presidents weren't able to make a comeback. They didn't score after that and Braintree added two more goals in the final two-and-a-half minutes of the contest. As a result, it was a 16-8 final.

The loss to Braintree was the Presidents' second game of the season. They picked

up a big win in their opener against Cardinal Spellman on April 1. The Presidents won that one, 15-5.

Each of the Presidents first two games to start the season were non-league matchups. Cardinal Spellman competes in the Catholic Central League and Braintree is a part of the Bay State Conference.

The Presidents have some experience on their side this season; the team

has seven seniors on its roster, and some of its key contributors are underclassmen as well.

The roster for the Presidents this season includes: senior Caroline Campbell, senior Mia Nguyen, senior Lindsey Hatfield, senior captain Chloe Lynch, junior Mairead Folan, senior Kathleen Higgins, freshman Grace McGillicuddy, junior Reese Smith, junior

Caroline Tracey, junior Delia Nichol, senior captain Maddie Bailey, sophomore Grace Connor, sophomore Anna McPhillips, junior Amira Aitsaid, freshman Ciara Folan, senior captain Abigail Codner, junior Alex Kane, senior Kaleigh Conroy, sophomore Maggie Potts, and sophomore Tahyah Quinn. The team's head coach is Kerry Monaco.

The next game for the

Presidents will take place this Thursday, April 7 on the road against the Marshfield Rams (4 p.m. start time); the Marshfield game will be the team's first Patriot League matchup of the season. It's part of a five-game road stretch for the Presidents; their next home game won't take place until Tuesday, April 19 at Veterans Memorial Stadium against Weymouth (11 a.m. start time).

Quincy's McKenna Doremus On TB 12 Foundation Marathon Team

The TB12 Foundation, founded by seven-time Super Bowl champion Tom Brady, announces the members of its Foundation's Boston Marathon team. Since the beginning of the year, the 17-runner team has been raising funds to support the Foundation's mission and preparing for race day.

With fewer than 40 days to go before this year's April 18th Boston Marathon, the team has been training hard and raising awareness of the TB12 Foundation's mission: to bring recovery

and pliability education and services to those who need it most due to economic or health-related obstacles, so everyone can learn how to live pain-free and perform their best in both sports and life.

As a thank-you from the Foundation, runners receive a full 14-week customized training plan created by certified coaches of the Road Runners' Club of America with organized group runs throughout the season; online fundraising tools, TB12 treatment sessions (live or



McKENNA DOREMUS

virtual), apparel including a running jacket and TB12 race day singlet, TB12 products including a vibrating pliability mini sphere, TB12

electrolytes and plant-based protein powder as well as a 20% discount on all TB12 Products (January - April 2022).

"I am looking forward to meeting and personally thanking each of our team members who have been training hard in their home states to prepare for this year's Boston Marathon," noted TB12's Executive Director Lisa Borges. "The time they have dedicated to their training and commitment to fundraising for our Foundation is exceptional and will help us reach even more athletes who need an extra layer of training, re-

covery and mentorship to reach their full potential."

This year's TB12 Foundation Boston Marathon team includes: Darin Davidson, Spokane, WA; Christine Doherty, Wellesley, MA; McKenna Doremus, Quincy, MA; Nicholas "Nicky" Ferrara, Nutley, NJ; Scott Graham, Ayer, MA; Colleen Gibbs, Georgetown, MA; Brian Lang, Glendale, CA; Meghan L. Lembo, Boston, MA; Tara McLain, Longwood, FL; Garrett Morgan, Boxford, MA; Brendan Morrison, Boston, MA; McKenzie Perkes Payne, Rexburg, ID; Michelle Reitz, Taylors, SC; Adam Tidd, Charlestown, MA; David Ostroff, Arlington, VA; Brendan Viselli, Stoneham, MA and Allie Walton, Pensacola, FL.

Doremus, age 24, graduated with a degree in exercise science in 2020. She moved to Boston and began working for the TB12 Performance and Recovery Center. She was promoted to Front-End Manager at TB12's Foxboro Center. This will be her first marathon.

"We are so proud of each and every one of our team members running on April 18 for something bigger than themselves," noted TB12 Co-Founder Tom Brady. "Each runner's commitment to training and dedication to supporting the TB12 Foundation is remarkable, and the TB12 team and I are looking forward to watching everyone achieve that ultimate goal of crossing the finish line."

Freshman-Sophomore-JV Meet April 2

QNQ vs.

Archbishop Williams

Starter: Steve Flaherty/MTFOA

First	Last	Gen	Event	Perf	Place	Comment
Sofija	Slezas	F	100M	12.7	1	State Q
Jiahan	Lin	F	100M	13.8	3	
Kimberly	Le	F	100M	13.9		
Celia	Cronin	F	100M	15.2		
Isabella	Reyes	F	100M	15.7		
Alexandra	Gula	F	100M	15.9		
Chloe	Wu	F	100M	16.0		
Mint	Jindawit	F	100M	16.5		
Ava	Hamilton	F	100M	16.7		
Aaraya	Gray	F	100M	17.0		
Kyanna	Aoewedo	F	100M	17.2		
Riley	Calvert	F	100M	17.4		
Emily	Quach	F	100M	17.4		
Fiona	Saraci	F	100M	17.5		
Meadow	Cooper	F	100M	17.6		
Nadia	Faticanti	F	100M	17.6		
Bessma	Torky	F	100M	17.9		
Milan	Le	F	100M	18.9		
Riley	Sullivan	F	100M	19.4		
Jaemine	Chen	F	100M	19.9		
Mollie	Smith-Gaeta	F	100mHH	19.6	1	
Amy	Tan	F	100mHH	21.6	2	
Jessica	Binene	F	100mHH	22.8	3	
Isabel	Keane	F	100mHH	35.6		
Rebecca	Smith	F	100mHH	35.7		
Sofija	Slezas	F	200M	27.9	2	
Jiahan	Lin	F	200M	30.6	3	
Laili	Mahrouk	F	400M	1:20.6		

Hannah	Moriarty	F	400mLH	1:19.05	1	
4 x 100M	Relay	F	4x100R	57.5	1	
Sabrina	Egan	F	800M	3:12.3		
Charlotte	McConville	F	800M	3:35.3		
Genesis	Anderson	F	DT	33'03"	3	
Lauren	Ebong	F	DT	48'05"	1	
Mollie	Smith-Gaeta	F	HJ	4'10"	1	
Riley	Sullivan	F	JT	27'09"		State Q
Aaraya	Gray	F	JT	45'04"	3	
Molly	Nelson	F	JT	46'10"	2	
Victoria	Berry	F	JT	61'11"	1	
Aaraya	Gray	F	LJ	08'05"		
Isabella	Reyes	F	LJ	11'05"	3	
Kathy	Duong	F	LJ	13'04.75"	1	
Grace	Cody	F	Mile	6:23.9	2	
Genesis	Anderson	F	SP	16'04"	3	
Bassma	Torky	F	SP	17'06"	2	
Lauren	Ebong	F	SP	19'07"	1	
Mamadou	Diallo	M	100M	12.3	1	
Kendry	Duran	M	100M	12.4	2	
Anthony	Vo	M	100M	12.7	3	
Patrick	Cayer	M	100M	12.8		
Thomas	Chan	M	100M	13.0		
Boubakar	Diallo	M	100M	13.1		
Ariel	White	M	100M	13.3		
Jeanior	Alexis	M	100M	13.9		
Alhassane	Diallo	M	100M	13.9		
Vanston	Ly	M	100M	14.2		
Lawrence	Ching	M	100M	15.6		
Nelson	Chen	M	100M	16.2		
Daniel	Tracey	M	100M	18.2		
Ibrahim	Yacouty	M	110mHH	19.4	1	
Mamadou	Diallo	M	200M	26.9	2	

Lawrence	Ching	M	200M	27.4	3	
Jackson	Lin	M	200M	31.4		
Allen	Shi	M	200M	31.6		
Boubakar	Diallo	M	400M	1:00.2	1	
Trevor	Mangino	M	400M	1:02.3	2	
Zhenyu	Liang	M	400M	1:14.8		
4 x 100M	Relay	M	4x100R	52.0	1	
4 x 400M	Relay	M	4x400R	4:23.1	1	
David	Schmidt	M	800M	2:23.2	1	
Patrick	Lee	M	800M	2:24.6	2	
Richard	Pan	M	800M	2:56.2		
Ryan	Tobin	M	DT	53'04"	3	
Kevin	Heim	M	DT	55'11"	2	
Michael	Akposi	M	DT	82'09"	1	
Anthony	Vo	M	HJ	5'02"	1	
Ashton	Harris	M	JT	52'03"		
Ryan	Tobin	M	JT	53'02"		
Michael	Akposi	M	JT	63'11"	3	
Elijah	Charles	M	JT	68'05"	2	
Kevin	Heim	M	JT	80'03"	1	
Thomas	Chan	M	LJ	15'08"		
Kyle	Clements	M	Mile	5:12.7	1	
Matt	Hollatz	M	Mile	5:37.5	3	
Kevin	Heim	M	SP	22'08"		
Michael	Akposi	M	SP	25'11"	3	
Elijah	Charles	M	SP	26'09"	2	
Jeanior	Alexis	M	SP	29'09"	1	

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PERSONAL THE MIRACLE PRAYER Dear Heart of Jesus, in the past, I have asked for many favors. This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine. Amen. Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. S.C.	PERSONAL Please Pray for Peace and Love in this world and kindness to one another T.K.R. Congratulations! 50 years Dignity Boston LGBTQIA+ Catholic Community. TY from Marcia G. XO	STUMP GRINDING Smaller, Powerful, Versatile Machine Able to get into 36-inch openings RELIABLE-INSURED-REASONABLE RATES Please call: Tony Luongo, LUONGO'S LANDSCAPING - 617-479-9599	KEVIN O'CONNELL LANDSCAPING & GARDENING Plantings & premium mulch installed 617-922-0034	M&M SALVAGE - CLEANOUTS - CASH FOR CARS - FREE SCRAP REMOVAL 617-842-8205	BOB CAT LOADER No Job Too Small Able to work in smaller areas — Clear out areas Move materials — Grading — Spreading Loam, Mulch, Stone Prepare areas for Seeding, Sodding Play Areas - Driveways - Gardens Dig Holes For: Trees, Shrubs, Fence Posts RELIABLE-INSURED-REASONABLE RATES Please call: Tony Luongo, LUONGO'S LANDSCAPING - 617-479-9599	
THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA J.D.	REUNION Class of 1972 Roslindale HS Reunion: June 18, 4-8PM, Mick Morgan's. Ticket price \$50, due April 18. Send checks written to Patricia Halvorson to P.O. Box 692737, Quincy MA 02169	HOUSECLEANING by experienced homeowner, window cleaning, yard chores, painting, repairs, whatever. Leave message for Joe at 617-773-1084	HALLS FOR RENT MORRISETTE LEGION POST 81-83 Liberty St., Quincy Function Hall Available Call for Details 617-770-4876 Internet Capable • Weddings Showers • Christenings • Meetings After Funeral Gatherings	Gerri, Thinking of You 4-10-22 Di	SAVE GAS & MONEY, SHOP LOCALLY	
THE MIRACLE PRAYER Dear Heart of Jesus, in the past, I have asked for many favors. This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine. Amen. Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. E.K.	VENDORS WANTED BETHANY CONG. CHURCH is Seeking Crafters and Vendors for 11th Annual Yard and Craft Fair, Saturday, May 14th 9AM - 3PM Table Rental \$30 Call 617-773-1534 or 617-479-7300 for more info	HANDYMAN — painting, carpentry, masonry, kitchens, bathrooms. Has lived in Quincy for over 30 years 617-240-2401	HELP WANTED Project Engineer(s) , Manage multidisciplinary teams on large scale design projects for complex pharmaceutical facilities. May be required to travel/telecommute. Ref code: (G9275-00088). Mail CV/Cov ltr to: Maria Tunnissen, DPS Group Inc. 959 Concord St., Ste 100, Framingham, MA 01701. EOE.	CHURCH And the Word became flesh and dwelt among us (John 1:14) Lighthouse Fellowship Church, 73 Newbury Ave., Quincy	ROOM FOR RENT QUINCY: clean, furnished room: A1 work references: car necessary: \$575 + deposit Call between: 5:30PM-8PM 617-328-4027	
THANK YOU ST. JUDE AND BLESSED MOTHER M.C.B.	FOR SALE Kenwood AM-FM CD Player with mic. Programmable. Model KDC-MP3728T. Jensen AM-FM CD player. Both \$100 857-333-1235	Senior Automation Engineer — Provide client services & expertise in the area of process automation. May require to travel/telecommute. Ref code: (G9275-00092). Mail CV/Cov ltr to: Maria Tunnissen, DPS Group Inc. 959 Concord Street, Ste 100 Framingham, MA, 54131. E.O.E.	INDEX ☐ Services ☐ For Sale ☐ Autos ☐ Boats ☐ For Rent ☐ Wanted ☐ Help Wanted ☐ Work Wanted ☐ Pets ☐ Lost & Found ☐ Real Estate ☐ Antiques ☐ Flea Markets ☐ Yard Sales ☐ Instruction ☐ Day Care ☐ Personal ☐ Miscellaneous	THE QUINCY SUN CLASSIFIED AD FORM MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169 PAYABLE IN ADVANCE. Payment must accompany order.	RATES 1 WEEK ☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. 2-4 WEEKS ☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. 5-10 WEEKS ☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word. 11 WEEKS OR MORE ☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. ☐ Enclosed is \$_____ for the following ad to run _____ weeks in The Quincy Sun. COPY: _____	



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NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
 DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

OBITUARIES

John G. Doyle, 85

John G. "Jack" Doyle, age 85, of Weymouth, died peacefully, Wednesday, March 30, 2022, surrounded by his loving family.

John was born in Boston, to the late Marion (Wagner) and James J. Doyle, Jr. He was raised in Potsdam, N.Y. He earned a Bachelor's degree from Northeastern University and Master's degree from Anna Maria College. Jack lived in Weymouth for over fifty years.

He served in the United States Navy during the Korean conflict.

Jack was proud to be a member of the Quincy Po-



JOHN G. DOYLE

lice Department. He was appointed to the department on February 15, 1962, promoted to Sergeant on December 6,

1971, and promoted to Lieutenant on July 8, 1983. He retired on February 16, 1999 after thirty-seven years of service. He served for many years as the president of the Quincy Police Association.

Jack enjoyed woodworking, bird watching, and was an avid sports fan. He also enjoyed boating at his log home and attending car shows with his 1954 Chevrolet Stepside Pickup. Most of all, he was devoted to his family, actively supporting their many activities and accomplishments.

Beloved husband for sixty-eight years of Mary F. (Skinner) Doyle.

Devoted father of John J. "Jack" Doyle and his wife Jennifer of Quincy, Patricia A. Bray and her husband John, Debra L. Andersen and her husband Paul, Kelly M. Murray and her husband Edward, all of Weymouth, and Colleen M. Mallard and her husband Thomas of Hingham.

Loving grandfather of twelve and great-grandfather of three.

Dear brother of Michael Doyle of Norwood and predeceased by Marian C. Doyle and Laurence Doyle. John is also survived by several nieces and nephews.

A Funeral Mass was celebrated in Saint Jerome's Church, 632 Bridge St., North Weymouth, on Monday, April 4,

Interment, with military honors, at Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

For those who wish, donations in Jack's memory may be made to the Marian C. Doyle Foundation at the Ogdensburg Public Library, 312 Washington St. Ogdensburg, NY 13669.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Ruth E. McDermott



RUTH E. McDERMOTT

mentor to many as the owner and operator, for 35 years, of Ruth E. McDermott Real Estate of Milton. She inspired and helped many to achieve the American Dream of home ownership and investment. Her volunteer and charity work most notably included her role as The President of the Greater Boston Board of Realtors and years of service to The March of Dimes and The Milton Women's Club. Over the years Ruth made many fond memories with family and friends at The Wollaston Golf Club, The Neighborhood Club of Quincy, and The Vero Beach Yacht Club.

In semiretirement, Ruth continued to manage her investments and multiple renovation projects up until the

last month of her life. Her kind heart and considerable philanthropy served many - she could always be counted on to help when catastrophe struck.

Ruth met both her Lung Cancer diagnosis and the loss of her husband in 2018 with God given grace and dignity. She waged a noble battle with a positive attitude and lived every day to the fullest, once again setting a stellar example for all, especially her offspring.

The family wishes to express heartfelt gratitude to the staff at The Dana-Farber Brigham Cancer Center and The Indian River VNA-Hospice of Vero Beach.

A Celebration of Life Mass will be held at Saint Elizabeth's Church at 350 Reedsdale Rd., Milton on Saturday, April 9 at 10 a.m. (interment of Ruth and Harry to follow at Milton Cemetery).

In lieu of flowers, a gift in her memory may be made to The Boston Food Bank or a charity of your choice.

For complete obituary, guestbook, and live stream link of services see alfredthomas.com.

Frances McKinnon, 87

Frances (Murphy) McKinnon of Quincy, originally from Dorchester, passed away peacefully at home surrounded by her loving family on March 31, 2022. She was 87 years young. She was born and raised in Dorchester to Richard and Margaret (Nash) Murphy. Fran was a long-time resident of Dorchester where she raised her family and worked for Boston Water and Sewer for many years.

Beloved wife of the late Jake McKinnon. Proud, loving mother of Steven and Maureen McKinnon, Jake and Julie McKinnon, Michael and Christine McKinnon, Michelle and Steve Vannasse, Lori and the late Jim Broughton, Rick and Jean McKinnon.

Cherished Nana to 11 grandchildren, 4 great grandchildren, many nieces and nephews, and to all those who called her Nana Fran. She is predeceased by her siblings Richard, Paul,



FRANCES MCKINNON

Chris Murphy and Marjorie MacDonald.

Fran was the life of the party, loved by all who were lucky to know her and will be deeply missed and cherished in our hearts forever.

A Funeral Mass was celebrated Tuesday in St. Ann's Church, Quincy.

Burial in Cedar Grove Cemetery, Boston.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

See Keohane.com for directions and online condolences.

Corrado J. Solimini, 80



CORRADO J. SOLIMINI

years. As a young man, he served in the U.S. Army Reserve in the 1960s.

Freddy was known for his gardening skills and as an automobile and truck enthusiast. He was the proud owner of a 1955 Chevrolet Bel Air. He was also an animal lover and quite fond of his outdoor cat, Morris.

Most of all, Freddy was devoted to his family, especially his much-loved grandchildren.

Beloved husband for fifty-four years of Joanne M. (DeThomaso) Solimini.

Devoted father of Michael C. Solimini and his partner Karen Davidson of Carver, and Christine M. Solimini-Swift of Middletown, Conn.

Loving Papa of Emily, Christopher, Sierra, Liam, and

Samuel and cherished great-grandfather of Matthew.

One of fourteen siblings, Corrado was the brother of Catherine Gill of Middleboro, Ann Hawker of Plymouth, Lena Svizzero of Bridgewater, Joseph Solimini of Braintree, Rita Brand of Bridgewater, Phyllis Salvaggi of Weymouth, and was predeceased by Vito Solimini, Laura Ferguson, Carmen Solimini, Laurence Solimini, Nellie Colletti, Vincent Solimini, and Nofri Solimini.

Freddy shared a special bond with his dear niece, Susie Solimini of Weymouth. He is also survived by many, many nieces and nephews.

A Funeral Mass was celebrated in Saint Helen's Church, 383 Washington St., Norwell, on Saturday, April 2.

Interment, with military honors, at Mount Hope Cemetery, Weymouth.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

For those who wish, donations in Freddy's memory may be made to the Quincy Animal Shelter, Attn: Feral Animal Fund, P.O. Box 690088, Quincy, MA 02269 or St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.


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W. Craig DORCHESTER, MA 02124
Paul F. (617) 298-8011
Frederick J.
Courtney 460 GRANITE AVENUE
MILTON, MA 02186
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NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun. Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

Edward E. Philie, 76

Edward Eugene Philie, age 76, of Rockland, went home to God, Thursday, March 31, 2022, at South Shore Hospital, surrounded by his loving family.

Edward was born in Quincy, to the late Eugene L. and Mary F. (Marini) Philie. Raised and educated there, he was a graduate of Quincy High School, Class of 1964.

Beloved husband for fifty-five years of Janice M. (Little) Philie.

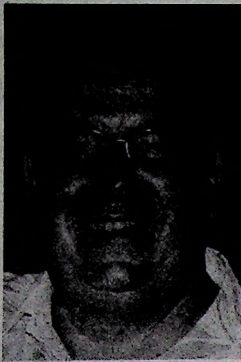
Devoted father of Beth Anne Goldberg and her spouse Michael of Quincy, Scott David Philie and his spouse Gina of Middleboro, and Todd Edward Philie and his spouse Doreen of Mattapoisett. Father-in-law of the late Steven E. Goldberg.

Loving grandfather of Tyler, Eliot and Margaret and Dominic and Samuel.

Dear brother of Margaret M. Turner of Royal Oak, Mich.

Ed is also survived by many nieces and nephews.

He was a U.S. Navy Seabee and Vietnam veteran. He proudly served with the U.S. Naval Construction Battalion in Guantanamo Bay, Cuba and also served in Da-Nang East, Camp Adenir, in Vietnam. Following his service, Ed worked for General Dynamics at the former Fore River Shipyard in Quincy, before being recalled to active duty in



EDWARD E. PHILIE

1968. After his discharge in 1969, he went back to General Dynamics until 1978.

Ed was the owner and operator of Can-Do Construction for several years before working at Saint John the Baptist Church in Quincy as director of maintenance for fifteen years.

Edward was active in community affairs and was a longtime member of the Knights of Columbus, South Weymouth, Council 5027. Ed also volunteered with the scouting program when his son Scott joined and continued his participation for forty-three years. During his time in Scouting, Ed was inducted into the Order of The Arrow and worked up to 'Vigil' Honor with the Founders Award. His Scouting awards also include District Commissioner of the Year, the James Beard Award and The Silver Beaver Award.

Previously, he was a coach for Rockland Little League. His last few years have been spent working on his house and his "special project", his antique auto, a 1948 Studebaker Land-cruiser Commander Regal Deluxe that he named "EL-SIE".

Ed was a Life member of the DAV, MCB-1 unit and The U.S. Naval Seabee Veterans of America, Island X-4. He was also a member of the American Legion and the Civil Engineer Corps, MCB-12, Ocean Bay Studebaker Drivers Club and The National Studebaker Drivers Club.

A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Wednesday, April 6, at 10:30 a.m. Interment, with military honors, to follow at the Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

In lieu of flowers and due to floral restrictions at the cemetery, donations in Ed's memory may be made to the Disabled American Veterans (DAV), P.O. Box 14301, Cincinnati, OH 45250-0301.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Edward T. Hester

Edward Thomas Hester of Quincy died March 31, 2022.

Ed adored his family and was an excellent husband, father, and papa. Originally from the South Side of Chicago, he was a proud alumn of Mt. Carmel High School. He was a devoted sports fan and loved watching all of the Boston teams, was an avid reader, enjoyed crossword puzzles, bird watching, and in his younger days playing tennis, running, and bike riding. He was a US Army veteran stationed in Germany and worked at State Street for many years as a computer programmer,

as well as MIT. Ed was a great storyteller who was a compassionate, trustworthy, and strong willed man. He was smart and had a witty, dry sense of humor and will be greatly missed by all who knew him.

Son of the late Patrick and Mary (Hughes) Hester. Beloved husband of 45 years to the late Janet (Morgan) Hester. Cherished father of Kathleen Pinder and her husband Aly of Quincy. Loving brother of the late John and James Hester. Devoted "Papa" of Trey and Evelyn Hester Pinder. Also survived by many nieces and nephews.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A funeral home service will be celebrated on Thursday at 12:30 p.m. Burial in Pine Hill Cemetery, Quincy.

In lieu of flowers, donations in memory of Ed may be made to Doctors Without Borders USA, P.O. Box 5030, Hagerstown, MD 21741-5030.

See Keohane.com for directions and online condolences.

Laureano M. Gomez, 99

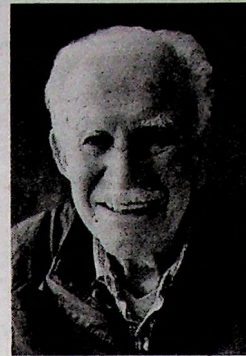
Laureano M. Gomez, age 99, of Quincy, died peacefully, Monday, March 28, 2022 at Beth Israel Deaconess Hospital - Milton, in the comfort of his loving family.

Laureano was born in Mirones, Spain, to the late Cristina Casar and Modesto Gomez. Raised and educated there, he immigrated to the United States in 1966. He lived in Quincy for the past fifty-six years.

Laureano was a confectioner at the former Howard Johnson's of Quincy and had been retired for many years.

He was a longtime parishioner of Saint John the Baptist Church in Quincy and a former parishioner of Holy Family Church in Dorchester.

Laureano enjoyed tending to and nurturing his vegetable garden, and sharing the produce with family and friends. Laureano also enjoyed carpentry and fixing



LAUREANO M. GOMEZ

things around the house. He was considered a jack-of-all-trades. He also loved family gatherings in the backyard and joining in on a friendly competition of outdoor games.

Beloved husband of the late Angelita M. (Gomez) Gomez.

Devoted father of Modesto "Larry" Gomez of Quincy, Angel "Tony" Gomez and his wife Melba of

Merrimac, Ana Maria Gomez of Quincy, and the late Damaso E. "Dan" Gomez and his surviving wife Maria Rosa of Weymouth.

Loving grandfather of Alex F. Gomez, Rosa C. Gomez, Daniel A. Gomez, Gabriel M. Gomez, and Cristian A. Gomez.

Dear brother of Rosario "Sario" Gomez of Spain and predeceased by four siblings. Laureano is also survived by many nieces and nephews.

A Funeral Mass was celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Friday, April 1. Entombment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Kathleen T. McGinn, 84

Kathleen Theresa (O'Neill) McGinn, age 84, of Quincy, died March 30, 2022. The beloved wife of 59 years to John F. McGinn of Quincy. Cherished mother of Major General Francis McGinn, U.S. Army National Guard, (Ret.) and his wife Kerry of Braintree, Sean McGinn and his companion Misti O'Connell of Scituate, and Daniel McGinn and his wife Stacy of Hingham. Devoted Grammy to Kaylee and Colin McGinn. Sister of the late Anna Schnitzlein, Eugene O'Neill, Irene Alves, John, and Eileen O'Neill. Kathleen is also survived by many nieces and nephews. She had a very special place in her heart for her beloved granddog Lola.

Kathleen was a native of South Boston and a graduate of the Patrick F. Gavin Middle School in South Boston



KATHLEEN T. MCGINN

and the Jeremiah E. Burke High School in Dorchester. Kathleen worked for the Marr Scaffolding Company in South Boston for 22 years and was the second woman inducted into the 125 year old company's Hall of Fame in 2000. Kathleen was proud of her Irish ancestry and enjoyed visiting Ireland and the birthplaces of her parents Mary E. O'Neill (McDonagh) and John J. O'Neill and relatives in Tiernee,

County Galway, and Kealkill, County Cork. Kathleen missed her parents and siblings dearly and would often share fond memories of them.

Visiting hours were held Tuesday in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 9:15 a.m. on Wednesday prior to the Funeral Mass in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy at 10 a.m. Burial in Mt. Wollaston Cemetery, Quincy.

Donations in memory of Kathleen may be made to Cops for Kids with Cancer, P.O. 850956, Braintree, MA 02185. Or a charity of your choosing.

See Keohane.com for directions and online condolences.



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OBITUARIES

Frederick E. Cox, M.D., 83

Frederick E. Cox, M.D., 83, of Augusta, GA, entered into rest on Monday, March 28, 2022.

Loving husband for 55 years of Jan T. Cox. He is preceded in death by his parents Eugene S. Cox and M. Alice Cox. Fred was born in Quincy, Massachusetts, and graduated from Archbishop Williams High School in 1956. He attended Boston University as an undergrad and then Boston University School of Medicine where he graduated in 1964. He was a surgical intern from 1964-65 at University Hospital in Boston. Fred then spent two years in the Coast Guard where he was a doctor on board the ship Eagle. After his stint in the Coast Guard, he completed his pathology residency at Mallory Institute of Pathology at Boston City Hospital from 1967-68. During this time, he married the love of his life, Jan Therese Paré, on January 21, 1967.

After taking a class with his father-in-law, Dr. Charles Dyer, in New London, Connecticut, at Lawrence Memorial Hospital, Fred made the decision to switch his specialty. He went on to do a residency in pediatrics under who he considered his greatest influence, Dr. Louis Weinstein, at Boston Floating Children's Hospital (now Tufts Medical



FREDERICK E. COX, M.D.

Center) from 1969-70. This is where he truly found his calling: pediatric infectious disease. From 1970-72 he was a fellow in pediatric infectious disease under Eli Gold, M.D., professor of pediatrics, emeritus, at Cleveland Metropolitan General Hospital in Cleveland, Ohio (now The Metro Health System) and simultaneously was an instructor of infectious disease at Case Western Reserve University School of Medicine. Dr. Gold gave Fred the opportunity to live in Barbados to supervise a special blood study where he and Jan spent approximately a year. Once this study was completed, Fred returned to the U.S. where he continued his passion for pediatric infectious disease as a fellow and then a research associate at St. Jude Children's Research Hospital in Memphis, Tennessee from 1972-76.

In June 1977, Fred and his family moved to Augus-

ta, Georgia, as an assistant professor of pediatrics in infectious disease at the Medical College of Georgia (now Augusta University Medical Center). He took a sabbatical in 1988-89 in San Antonio, Texas, where he helped with a study to prevent mothers from passing on infections to babies during birth. During his career, Fred taught medical students in Ohio, Tennessee and Georgia as well as receiving almost 50 research and training grants that helped so many people. Retiring from the Medical College of Georgia in 2001, Fred became the attending physician at Greenville Hospital in the department of pediatrics for two years.

He also served as professor emeritus at the Medical College of Georgia (now Augusta University Medical Center) from 2001-2016. Not ready to completely retire, Fred moved to the Augusta VA Medical Center as Associate Epidemiologist under Stephanie Baer, M.D., FSSCI. He worked at the VA from 2007 until his official retirement in October 2021.

In addition to his devoted wife, he is survived by his children David (Karen) Cox and Suzanne (Ryan) Frank. Fred loved medicine, research, helping people, and the color red. He especially loved his wife and family. As his close college friend Vinny Russo said, "If we

had more people like Fred Cox, there would be world peace."

The funeral Mass was celebrated on Friday, April 1, 2022, at St. Mary on the Hill Catholic Church, Augusta, GA, with Fr. Mark Ross as celebrant. The Mass will also be available via livestream at stmaryonthehill.org for three days after the service.

A graveside service will be held at 11 a.m. in Mt. Wollaston Cemetery, Quincy, Massachusetts, on Wednesday, April 6, 2022.

In lieu of flowers, memorial contributions may be made to the Children's Hospital of Georgia, 1446 Harper Street, Augusta, GA

30912 or St. Mary on the Hill Catholic Church, 1420 Monte Sano Ave, Augusta, GA 30904.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO22P0370EA
Commonwealth of Massachusetts
The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Patricia K. Casey
Date of Death:
02/03/2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Mary Ellen Flynn of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Mary Ellen Flynn of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 04/27/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 21, 2022
COLLEEN M. BRIERLEY
Register of Probate

Joseph R. Spillane, Jr., 72

Joseph R. Spillane, Jr., age 72, of Quincy died March 9th.

Son of the late Joseph and Mary D. Spillane and brother of the late Robert K. Spillane.

Mr. Spillane was a 1968 graduate of Quincy High School receiving a four-year scholarship to Boston College. He was a former high jumper and track star. He would run daily from Quincy High School to Nantasket Beach in Hull.

Mr. Spillane loved golf-



JOSEPH R. SPILLANE, JR.
ing and was a former caddy. He was a dedicated Boston sports fan.

He is survived by a daughter, Michele Occhipinti of Bradford; a sister, Kathleen Paradis and husband Normand of Atkinson, N.H.; a sister, Maureen Campbell and husband John of Middleboro; a sister, Donna Coakley and husband Michael of Braintree; and a sister, Debra Schwedler and husband Richard of Palm City, FL.

He will be sadly missed by family and friends.

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

Thomas P. Koch
Mayor

Alfred J. Grazioso
Commissioner

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **ROAD IMPROVEMENTS 2022 - CONTRACT #3** until 11:00 a.m., local time **Thursday, APRIL 21, 2022**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract consists of: Full depth reclamation, installation of new base and top courses; installation of new bituminous sidewalks, installation of new cement concrete sidewalks, resetting of existing granite curbing and installation of new granite curbing. Installation of loam and seed is required and all related work to complete the project. Full depth reclamation, installation of new base and top courses; installation of new bituminous sidewalks, installation of new cement concrete sidewalks, resetting of existing granite curbing.

The Contractor must demonstrate to the City of Quincy their ability to perform on the site, and with its own organization, work equivalent to at least 40% percent of the total amount of work to be performed under the contract.

All work under this contract shall be substantially complete by November 1, 2022 and All work shall be ready for final pavement by November 15, 2022.

MassDOT prequalification of contractors with the class of work as; **HIGHWAY CONSTRUCTION**, for the project with an estimated value of \$6,571,477.50

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available April 6th, 2022.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Kathryn R. Logan
Purchasing Agent

4/7/22

More Obituaries online at
www.TheQuincySun.com

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO21C0330CA
Commonwealth of Massachusetts
The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

In the Matter of:

Lee War Sein

A Petition to Change Name of Adult has been filed by

Lee War Sein of Quincy, MA

requesting that the court enter a Decree changing their name to:

Robert Winsein Lee

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 04/20/2022.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 16, 2022
COLLEEN M. BRIERLEY
Register of Probate

4/7/22

4/7/22

OBITUARY

John A. Chiavaroli, Jr., 85

John Arthur Chiavaroli, 85, passed away peacefully on April 2, 2022.

John grew up in Quincy and lived in Weymouth for over 50 years. He played football for North Quincy High School and went on to serve his country in the United States Navy aboard the USS Everglades. John earned his Associate Degree in Applied Science at Newbury Junior College while working for the U.S. Postal Service where he later retired. He was a member of the Weymouth Elks Lodge where he served as Exalted Ruler. He participated in many community events over the years. John enjoyed traveling the country with his wife and family. He loved sports and was an avid Patriots fan. Dad will be remembered and sadly missed by all that knew him and loved him. He was a proud father and Papa that loved his family deeply.

John was the son of the late John and Lena Chiavaroli, and the loving brother of Anna Hession. Beloved husband of 61 years to the late Barbara Chiavaroli. Loving father of Steven



JOHN A. CHIAVAROLI, JR.

Chiavaroli and his wife Susan of Weymouth, Paul Chiavaroli and his wife Susan of Abington, Sandra Neary and her husband Richard of Weymouth, and Lisa Chiavaroli of Weymouth. Proud Papa of Kristen Sheehan and her husband Daniel, Steven Chiavaroli Jr, Lauren Senechal and her husband Kyle, Nicole Calderas and her husband Carlos, Anthony Chiavaroli, Melissa Neary, Rebecca Neary, Nicholas Neary and great grandchildren Ayden, Layla, Owen, Savanna and two more on the way.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday 4-8 p.m. in the McDonald Keohane Funeral Home North

Weymouth at 40 Sea St. (off Route 3A - Bicknell Square). Funeral service will be celebrated on Thursday at 10:30 a.m. in McDonald Keohane Funeral Home North Weymouth. Burial in Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in memory of John may be made to Alzheimer's Foundation of America, 322 Eighth Avenue, 16th Floor, New York, NY 10001 in John's memory.

See Keohane.com for directions and online condolences.

Massachusetts's average gas price is down six cents from last week (\$4.24), averaging \$4.18 per gallon. Monday's price is 32 cents higher than a month ago (\$3.86), and \$1.44 higher than April 4, 2021 (\$2.74). Massachusetts's average gas price is the same as the national average.

President Biden's decision to release one million barrels of oil per day for six months (180 million barrels) from the Strategic Petroleum Reserve (SPR) helped send the global oil price tumbling to near \$100 bbl. The release is intended to stem rising energy prices. The national average for a

gallon of gas has fallen to \$4.18.

"The upward push on oil prices caused by Russia's war in Ukraine is meeting stronger downward pressure from the planned SPR oil release and increased COVID

fears in China," says Mary Maguire, director of Public/Government Affairs. "And lower global oil prices are reflected in falling pump prices for consumers in the U.S."

NOTICE OF PUBLIC HEARING

Case ZBA 22-5

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 26, 2022 @ 5:30 P.M. to consider the application of Nancy Lockwood for a Variance to repair and increase the size of the existing front porch and deck in violation of Title 17 as amended, Chapter 4.1.1 (dimensional requirements) on the premises numbered 10 NEWTON STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 26, 2022 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/88548734639?pwd=WXP4Rm8renY2ZHY2UnpRZ3gzMk9hdz09>

Meeting ID: 885 4873 4639

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 885 4873 4639

Passcode: 414583

Find your local number: <https://us06web.zoom.us/j/KQRpBsH7V>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

4/7/22, 4/14/22

LEGAL NOTICE

DISTRICT COURT, FAMILY DIVISION CLARK COUNTY, NEVADA

In the Matter of the Marriage of:

MEHMET KANIK

Plaintiff,

vs.

ZEYNEP HAZAR-KANIK

Defendant.

CASE NO.: D-21-635358-D

DEPT. NO.: S

SUMMONS-DOMESTIC

NOTICE! You have been sued. The Court may decide against you without your being heard unless you respond within 20 days.

To the above-named Defendant:

This action is brought by the Plaintiff to recover a judgment against you, the Defendant, to:

1. Dissolve the contract of marriage existing between Plaintiff and Defendant.

You are hereby summoned and required to serve upon the Plaintiff or Plaintiff's attorney if he/she so represented, whose address is 4461 Wilder Pl., Las Vegas, NV 89121, an answer to the complaint, which is hereby served upon you, within 20 days after service of this summons upon you, exclusive of the day of service.

(The State of Nevada, its political subdivisions, agencies, officers, employees, board members, commission members, and legislatures each has 45 days after service of this summons within which to file an answer to the complaint.)

If you fail to do so, judgment by default will be taken against you and for the relief demanded in the complaint.

STEVEN D. GRIERSON

CLERK OF COURT

By: Joshua Raak

Deputy Clerk

9/29/2021

Family Courts and Services Center
601 North Pecos Road
Las Vegas, Nevada 89101

Regional Justice Center
200 Lewis Avenue
Las Vegas, Nevada 89101

LEGAL NOTICE

NOTICE AND ORDER:

Petition for Appointment of Guardian of a Minor Docket No. NO22P0136GD

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate and Family Court

35 Shawmut Road

Canton, MA 02021

In the Interests of: **Wright L. Arjalla**
of Quincy, MA
Minor

NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on **01/25/2022** by **Shondrea V. Randolph** of Quincy, MA will be held **06/01/2022 10:00 AM Review Hearing.**

Located **Canton, MA Courtroom #5**

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for the Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

ORDER TO PETITIONER(S)

IT IS ORDERED that copies of this Notice and the Petition for Appointment of Guardian of a Minor be served in hand on the minor, (if 14 or more years of age and not the petitioner), the guardian, the parents of the minor, and any other person if ordered by the Court, at least **fourteen (14)** days prior to the hearing date listed above. **Service must be made by sheriff, constable, or other person approved by the Court.**

If Service in hand cannot be accomplished on any interested party, **IT IS ORDERED** that copies of this Notice and the Petition for Appointment of Guardian of a Minor be served on the interested party by leaving at and mailing by regular first class mail to last and usual place of residence of the interested party at least **fourteen (14)** days prior to the date of hearing listed above.

If the identity or whereabouts of an interested party is **not known**, **IT IS FURTHER ORDERED** that copies of this Notice and Petition for Appointment of Guardian of a Minor be served on all interested persons at least **fourteen (14)** days prior to the hearing date by mailing first class mail and by publishing a copy of the Order and Notice once in a **paper within this court's general circulation** publication to be at least **Seven (7)** days prior to the hearing date.

If required, service on the United States Veteran Administration and the Department of Children and Families may be accomplished by regular first class mail at least **Seven (7)** days prior to the hearing.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: March 2, 2022

COLLEEN M. BRIERLEY
Register of Probate

4/7/22

4/7, 4/14, 4/21, 4/28, 5/5/22

**More Obituaries On
Page 31 and online at
www.TheQuincySun.com**

ADVERTISEMENT FOR BID

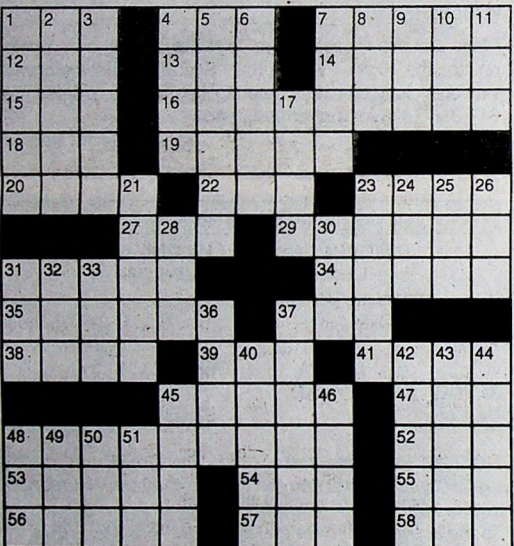
ADVERTISEMENT FOR BID

Quincy Community Action Programs, Inc., the Owner, invites sealed Bids for the conversion of 18 Copeland St., Quincy, MA into a new Southwest Community Food Center. The Project includes both interior and exterior improvements to the building and site work, including but not limited to: Selective demolition, construction of a new addition, interior finishes, new fire protection, plumbing, HVAC, electrical and fire alarm systems. Work also includes site utility improvements. It is the Owner's intent to award the Contract as soon as is practical after receipt of bids. Substantial Completion must be achieved in 150 days. The successful General Contractor will be required to furnish a Performance Bond and a Labor and Material (Payment) Bond each in the amount of one hundred percent (100%) of the contract sum. Bonds shall be obtained from a surety licensed to do business in the Commonwealth of Massachusetts and the form shall be satisfactory to the Owner. Plan and specifications are available on-line by contacting the Architect (jedwards@holmesedwards.com). A non-mandatory pre-bid walk-through will be held on April 12, 2022 at 10:00 AM Local Time. Additional site visits to view the interior of the building will be made by appointment only. Contact the Architect to schedule an appointment. Bid Proposals will be received electronically by the Owner no later than 2:00 PM Local Time on April 21, 2022 at the following email address: skeenana@qcap.org. The Owner is exempt from sales and federal excise tax; bidders should not include taxes figuring or in references to any bid. The Owner reserves the right to reject any or all Bid Proposals, to waive any technicalities in Bid Proposals received, to negotiate, and to accept the Bid Proposal, which shall be in the Owner's best interest. No bid that is incomplete, conditional or unclear will be accepted nor may any bidder base a bid on oral information from the Owner, Architect or any of their agents or employees. All questions regarding the specifications or drawings shall be addressed to the Architect no later than Noon, April 19, 2022. Email communications are acceptable; however, the Architect cannot guarantee receipt. Bidders may not withdraw their Bid Proposals within thirty (30) days after the opening of the Bid Proposals. Quincy Community Action Programs does not discriminate on the basis of race, color, national origin, creed, religion, age, disability, sexual orientation, sex (including gender identity), veteran status or on basis prohibited by law.

SUN FUN PAGES

King Crossword

- ACROSS**
- Justice Dept. agency
 - Physician's nickname
 - Grating
 - Vintage
 - Away from WSW
 - Mountain crest
 - Set afire
 - Yosemite peak featured in "Free Solo"
 - "CSI" evidence
 - Dewy
 - Billboard
 - Swiss peak
 - Bloke
 - Author Fleming
 - Abrasion
 - Planet circlers
 - Heart line
 - Coffeehouse bill collector
 - L-P link
 - Utah ski resort
 - "Yoo- —!"
 - Pottery oven
 - Quotable Yogi
 - Eastern path
- DOWN**
- Bygone Cadillacs
 - Copper head?
 - Tierney of "The Affair"
 - Superlative suffix
 - Texter's chuckle
 - Velocity
 - Irish actor Stephen
 - Decade parts (Abbr.)
 - Creates origami
 - Russian pancakes
 - Luggage attachment
 - Consider
 - Borrowed
 - Director DeMille
 - Engrossed
 - "Exodus" hero
 - Fixed
 - Sch. org
 - Hankering
 - Nile vipers
 - Martial arts warrior
 - Swindler
 - Guffaw syllable
 - Suitable
 - Green shade
 - Simile part
 - Paint container
 - 1959 Kingston Trio hit
 - Texas tea
 - Choose
 - Mother of Zeus
 - Gloomy
 - Sequence
 - Tuscany setting
 - Hard work
 - Seasonal songs
 - Thin nail
 - Nick and Nora's dog
 - Ambulance initials
 - Napkin's place
 - Payable
 - Mine material



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MAGIC MAZE ● CITIES ALONG THE APPALACHIAN TRAIL

K A X V S Q N K I F D A X V T
R F Q Y E O D M J H F C A N Y
W E U R R N P N Y A R U L N L
J R V H W U I F A N D O V E R
D R D O I B B L Z L C X V T G
R Y A T N E K S K N T Q O O M
K I L H G A T L I N B U R G F
N O T P M A H L D L A H R B Z
Y W O V T R N O T T A R T S Q
O N N L N O S N O M K S F I H
F D C A Z X W V U S R Q O N M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: HARPER'S —, W. Va.

Andover Dalton Erwin Franklin
Gatlinburg Gorham Hampton Hanover
Kent Lincoln Luray Monson
Rutland Salisbury Stratton

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Sail is different. 2. Pocket is missing. 3. Headline is different. 4. Glasses are missing. 5. Umbrella is missing. 6. Camera is missing.

Trivia test

- FOOD & DRINK:** What was the first food eaten in space?
- LITERATURE:** A character named Piggy is featured in which 20th-century novel?
- GEOGRAPHY:** What are the residents of Cyprus called?
- MEASUREMENTS:** How many pounds are in a stone?
- LANGUAGE:** What does Ph.D stand for?
- ANIMAL KINGDOM:** What is the color of a giraffe's tongue?
- MEDICAL:** What is the common name for onychocryptosis?
- HISTORY:** What is a more common name for the 19th-century killer known as the

"Whitechapel Murderer"?
9. **GENERAL KNOWLEDGE:** What is the color of "black boxes" used to record flight data on aircraft?
10. **SCIENCE:** What is considered to be the ideal "room temperature"?

Answers

- In 1961, Russian cosmonaut Yuri Gagarin ate pureed meat and then chocolate sauce.
- "Lord of the Flies"
- Cypriots
- 14
- Doctor of Philosophy
- Blue, black or purple
- Ingrown nail
- Jack the Ripper
- Bright orange to aid in recovery
- 68-72 degrees Fahrenheit

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Wishing Well®

7 4 6 2 3 8 3 7 6 4 6 5 8
L C F Y H G A O O O L N O
4 6 4 6 5 7 5 4 6 3 6 7 3
N L F O E V W I W V I I E
6 3 6 2 4 2 6 5 8 3 2 3 7
N C T O D U S A O A U N
6 3 7 6 4 5 8 4 6 4 5 4 8
I R G T E U L N I C C E S
6 2 4 2 5 6 4 8 4 5 4 2 7
O R S E C N O A A E R S J
2 5 4 8 2 5 2 5 2 5 2 8 5
E S S C C S U D R A E H W
8 7 3 8 3 5 3 8 5 8 5 8 7
I O A E G N E V E E D D Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) The Lamb loves to be surrounded by flocks of admirers. But be careful that someone doesn't take his or her admiration too far. Use your persuasive skills to let him or her down easily.

TAURUS (April 20 to May 20) This is a good time to begin setting far-reaching goals and connecting with new contacts. Aspects also favor strengthening old relationships -- personal and/or professional.

GEMINI (May 21 to June 20) A personal disappointment should be viewed as a valuable learning experience. Go over what went wrong and see where a change in tactics might have led to a more positive outcome.

CANCER (June 21 to July 22) Don't leave projects unfinished or personal obligations unresolved, or you might find yourself tripping over all those loose ends later on. A relative has important news.

LEO (July 23 to August 22) Expect a challenge to the usual way you do things. Although you might prefer the tried-and-true, once you take a good look at this new idea, you might feel more receptive to it.

VIRGO (August 23 to September 22) Much work has yet to be done to polish a still-rough idea into something with significant potential. Expect to encounter some initial rejection, but stick with it nonetheless.

LIBRA (September 23 to October 22) There still might be

some communication problems in the workplace, but they should be resolved soon. Meanwhile, that "tip" from a friend should be checked out.

SCORPIO (October 23 to November 21) A new relationship appears to need more from you than you might be willing to give right now. Best advice: Resist making promises you might not be able to keep.

SAGITTARIUS (November 22 to December 21) That restless feeling encourages you to gallop off into a new venture. But remember to keep hold of the reins so you can switch paths when necessary.

CAPRICORN (December 22 to January 19) A demanding work schedule keeps the high-spirited Goat from kicking up his or her heels. But playtime beckons by the week's end. Have fun. You earned it.

AQUARIUS (January 20 to February 18) You're beginning to come out from under those heavy responsibilities you took on. Use this freed-up time to enjoy some much-deserved fun with people close to you.

PISCES (February 19 to March 20) Before you get swept away by a tidal wave of conflicting priorities, take time to come up for air, and reassess the situation. You might be surprised by what you'll find.

BORN THIS WEEK: Your leadership qualities are enhanced by a practical sense of purpose that keeps you focused on your goals.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals T

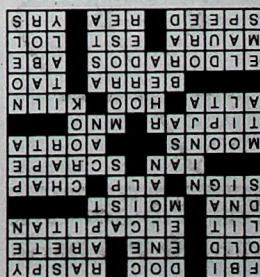
Y E J X V B W I S Y M F V R M P R J A X V F ' E
H J E R M S P M M Y F Z E R N E H J S Y F Z
I Y X B, N F V R M S M P O J F V M V
"V A X X W F J E M V."

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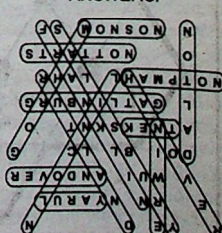
King Crossword

Answers

Solution time: 26 mins.



Magic Maze ANSWERS:



CryptoQuip

"Dully noted," film, and he responded "I told my friend he shouldn't bother seeing that boring

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — At eight years old, Bradley Cooper dreamed not of acting, but of being an orchestra conductor. Now he's playing one of the best in "Maestro," a biopic about Leonard Bernstein (currently represented by the music in "West Side Story"). The "Maestro" had three children in a "marriage of convenience" to Costa Rican-American Felicia Montalegre from 1951-1978 (when she died at 56; he died in 1990 at 72). In 1976, the word was "out" about his sexuality because of his affair with a radio station manager. Carey Mulligan plays Felicia, and Matt Bomer (of "White Collar" and "Magic Mike") plays a clarinet player, one of Bernstein's lovers. Bernstein underwent psychoanalysis to cure his gay inversion, but when that failed, he finally "came out" publicly as part of the cure. Can't wait to see how they handle that!

Sandra Bullock and Brad Pitt share the same hairdresser, Janice Thompson, and she convinced Brad to do Sandra's film "The Lost City" and suggested he do Sandra's film "Bullet Train" (out July 15). Sandra admitted, "He was our first choice, but we didn't go after him." Did their hairdresser get a commission from either?

Is this the beginning of the end of The Golden Age of Hollywood? It all began in 1989 when Sony bought Columbia Pictures for \$3.4 billion and then MGM's famous Culver City sound

stages in 1990. In 2019, Disney bought 20th Century Fox for a mere \$71 billion, which included their Century City studio. At least they were studios gobbling each other up, but now Amazon is acquiring MGM for \$8.5 billion. MGM was founded in 1924 by Marcus Lowe (of Metro Pictures), Samuel Goldwyn and Louis B. Mayer, and they ruled Hollywood film making.

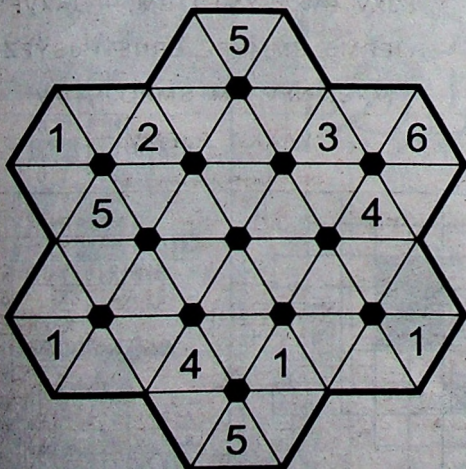
As Mike Hopkins, senior VP of Prime Video and Amazon Studios, points out, "The real financial value behind this deal is the treasure trove of MGM's catalog, which we plan to reimagine and develop with MGM's talented team." MGM owns EPIX and produces "The Handmaid's Tale" and " Fargo," etc. It produced the James Bond franchise with United Artists, which generated \$16.8 billion, and claims MGM's catalog has more than 4,000 films, including "Moonstruck," "Legally Blonde," "Silence of the Lambs" and "Poltergeist," as well as 17,000 TV shows. But what it doesn't contain is movies you see on TCM, such as "The Wizard of Oz," "Singin' in the Rain" and "Gone With the Wind," which were sold to Ted Turner in a 1986 package that he in turn sold to Warner Brothers (in a co-ownership deal). Can't believe MGM's Leo the Lion now roars for Jeff Bezos.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★ ★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x		8
x		x		÷	
	-		x		8
		+		+	
	-		x		9
12		12		11	

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Splatter Ware — It is not easy to identify antique and vintage ceramics, because many were made by small local potteries and not marked. Workmen often moved to another factory but continued to make the same type of wares and decoration.

Splatter ware is a pottery decorated with paint that is actually splattered on the plate by flicking a stick dipped in the paint. Very similar decorations were made by dabbing paint on with a sponge. Many collectors think splatter and sponge are the same, so you must check any written descriptions. Both are popular vintage collectibles.

Both types of folk pottery were made in the early 1800s in Scotland, Italy, Holland, France and the United States. Similar dinnerware and other household dishes are still being made but with the help of machines, not often by hand. Tulips are often pictured either as part of a border or as a single flower in the center. Price is determined by the condition and the skill of the decorator.

Conestoga Auction Co. sold a collection of this type of pottery, with many early examples selling for hundreds of dollars. A plate with a border of green and blue splatter stripes and a center with two stylized tulips did not have a maker's mark and sold for \$224.

Q: After my mother died, we found a Pairpoint lamp in a box in the attic. It looks original except for the cord. There are two stamps under the shade dated July 9, 1901. It has puffy butterflies. The base has a diamond-shaped stamp underneath. Can you tell me what this might be worth?

A: Thomas J. Pairpoint founded the Pairpoint Manufactur-

ing Company in New Bedford, Massachusetts, in 1880. The company joined with nearby glassworks and made glass, lamps and silver-plated pieces. Reverse-painted glass shades and molded shades known as "puffies" were made until the 1930s. The company became the Pairpoint Glass Company in 1957. It moved to Sagamore, Massachusetts, in 1970 and now makes luxury glass items. Look closely at the patent date on your lamp. Are you sure it's not 1907? Pairpoint's Papillon (butterfly) boudoir lamp marked "patented July 9th - 1907" sells at auction for about \$2,000.

CURRENT PRICES

Candy container, Easter Bunny pulling cart, papier-mache, glass eyes, wood cart with mossy sides, holds decorated tin eggs, bunny's head removes, Germany, 13 inches, \$375.

Staffordshire creamer, cow shape, curled tail, calf feeding, cream color with marbled agate glaze, 1800s, 5 x 8 inches, \$550.

Tiffany glass vase, gold iridescent, wide top, dimpled sides, deeply ruffled rim, spread foot, signed "L.C. Tiffany Favre," 4 x 4 1/2 inches, \$625.

Candy container, Easter Bunny, glass eyes, standing on platform, egg and chick in basket, Germany, 9 inches, \$840.

TIP: Use a soft bristle toothbrush to clean hard-to-reach spots on silver or jewelry.

Looking to declutter, downsize or settle an estate? Kovels' Antiques & Collectibles Price Guide 2022 by Terry and Kim Kovel has the resources you're looking for.

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STICKELERS

by Terry Stickels

Using the numbers 1-10 once and only once, can you complete this magic square? All rows, columns and diagonals must have the same total.

		25	18	11
	21	19	12	
22	20	13		
16	14			23
15			24	17

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Strange BUT TRUE

• A honey badger named Stoffel, resident of a wildlife center in South Africa, was noted not just for repeated escapes from his enclosure, but his stubborn penchant for pursuing much larger animals than himself. After ending up in the clinic after attacking two lions, upon his release, he immediately broke free to attack them again!

• The novelty song "Monster Mash" by Bobby Pickett was banned by the BBC for over a decade on the grounds it was too morbid.

• Sorry, Honey Nut Cheerios fans, your cereal doesn't contain any nuts. While ground almonds used to be included, since 2006 just "natural almond flavor" has been used, and that is typically derived from apricot and peach pits.

• An estimated 5% of the population has never experienced a headache.

• Who needs Red Bull? In the early 1900s, distance runners were given champagne, brandy or even

strychnine (rat poison) as a type of "energy drink" during long races.

• Robert Pirsig's "Zen and the Art of Motorcycle Maintenance" holds the world record for being the most often rejected book to later become a bestseller, with a whopping 121 refusals before a publisher finally agreed to buy it.

• On the moon, the Earth doesn't appear to rise or set, just wobble a bit.

• A Ukrainian couple tried to save their failing relationship by handcuffing themselves together. They lasted about four months before throwing in the towel for good.

• Studies have shown that removing lead from gasoline was a factor leading to the decline of violent crime in 1990s America. Individuals exposed to lead at young ages have numerous conditions and problems with impulse control, all of which may negatively impact their decisions as they reach adulthood.

Thought for the Day: "You always pass failure on the way to success." — Mickey Rooney

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Now here's a tip!

by Jo Ann Derson

• A garden manicure is what my mother calls it: When working with plants and dirt, rake your nails across a bar of soap. The soap prevents dirt particles from lodging under nails, and the soap washes away easily when you are finished. Happy Gardening! — JoAnn

• "If you have a spade with a long handle, you can transfer common measurements to the handle. Just lay a tape measure alongside the handle, and use a black marker to note common spacing, like feet and inches. Then, when you put in plants, you can check quickly whether they are spaced correctly. Very handy!" — P.E. in Arkansas

• "Garden tool storage doesn't have to be hard. Fill a wide mouth bucket with clean sand. Add a half quart or motor oil and stir. Then use the sand to clean and store your garden tools like shovels, rakes or hoes. The sand/oil mixture

helps clean the metal surfaces, and the heaviness of the container lets you stick them in the sand without fear of everything falling down, like it would if you leaned them along a wall." — E. in North Carolina

• Here's a recipe for a quickie bird feeder or bath: Flip over a nice-size flower pot, and place the pot's tray on the top. Fill with seed or water. The birds will thank you — maybe even by eating some nuisance bugs along with the seed.

• If the string on your trimmer is always breaking or jamming, try this old trick: Give the coiled string a spray with vegetable oil before you thread it. It lubricates the line, making it less likely to pull and less likely to break.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Go Figure!

answers

11	12	21	21
6	6	x	5
		+	
8	4	x	7
		÷	
8	8	x	1

15	8	1	24	17
16	14	7	5	23
22	20	13	6	4
3	21	19	12	10
9	2	25	18	11

Sticklers Answer

Super Crossword

TRIP UP

ACROSS

1 Shoshone woman who accompanied Lewis and Clark
10 Hebrew holy text
15 Chicago hub
20 Rembrandt painted with them
21 You RSVP to it online
22 Tempos
23 Elton and Hogwarts
25 RAM units
26 Nastase of tennis fame
27 The sun, e.g.
28 Hooded viper
30 Get higher
31 Long-necked beast
35 Companies with cabbies
39 Give the details of
42 Kite's home
43 Suffix with human
44 Skilled thief, slangily
48 Adds on
52 Positive vote in Congress
53 "What's the —?" ("Care to explain that?," slangily)

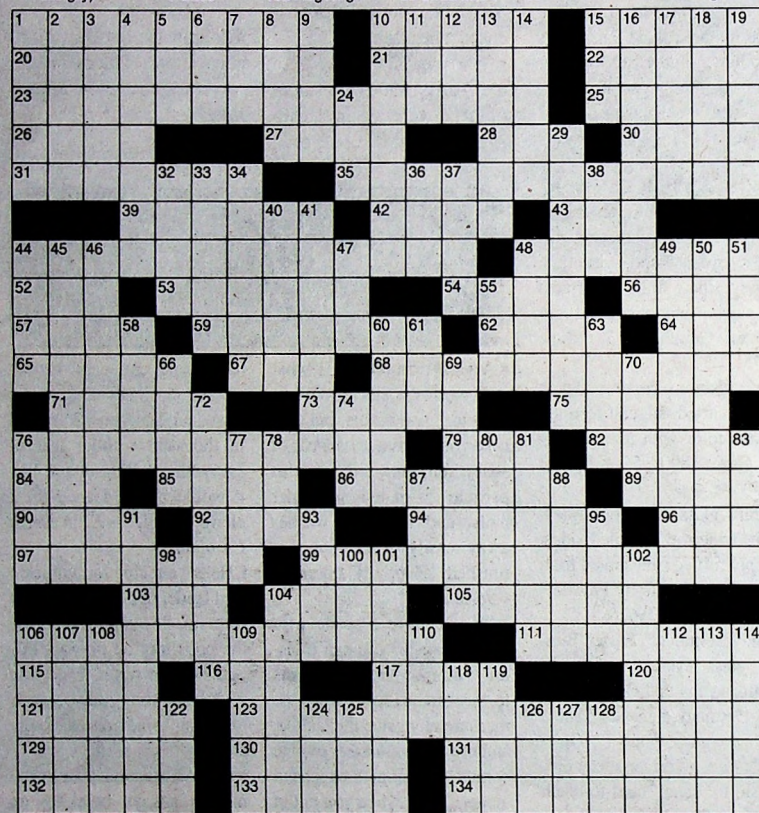
54 Vow
56 Dried up
57 Weightlifting units
59 Cuddle (up)
62 "Stay" singer
64 Teensy
65 Bug B Gon's brand
67 Abbr. on an airport uniform
68 Jacob Bronowski book about human history, with "The"
71 Platoon unit
73 German wine region
75 Equiper of horse hooves
76 Carnival vessels
79 Backpack beast, maybe
82 "Chicago" showgirl Hart
84 — polio
85 "Toodles!"
86 Club get-togethers
89 Bleacher feature
90 PC brand
92 Part of DJ
94 Plant-based salve for treating bruises

96 Longtime CBS series
97 10th month, in German
99 Many golf hits onto the green
103 Comic actor
104 Sweetheart
105 Sitting Bull's tribe
106 Hoped-for result of a throw to a receiver
111 Frosty and the like
115 Face defacer
116 Tofu base
117 Negative votes in Congress
120 Green Hornet's aide
121 Gut
123 Trip associated with the starts of seven answers in this puzzle
129 With 6-Down, boxing legend's boxing daughter
130 Devilish grin
131 Native of the Raiders' home

132 Literature Nobel
133 Literature Nobel
134 Event for unloading household items in an urban area
DOWN
1 Edna Ferber novel
2 Garlicky mayonnaise
3 "— de Lune"
4 Lot statistic
5 Jupiter, e.g.
6 See
129-Across
7 Took the gold
8 Units of work
9 Aide: Abbr.
10 Native of Iran's capital
11 — lacto diet
12 '16 Olympics city
13 Finally
14 Literature Nobel
15 Hermann
16 The sun, e.g.
17 Hoedown excursions
18 Singer Della
19 Snaky curves
24 Tabby
29 Divine seers
32 Grub
33 Small flutes

34 — terrible (hellion)
36 Crosses (out)
37 Analogy part
38 Pooh-bah
40 Anklebone
41 Folding craft
44 Poi plant
45 Australian landmark
46 Stayed silent
47 Dress finely, with "out"
48 Oodles
49 Taos locale
50 Most bleak
51 Not hidden
55 Stein quaff
58 Feng —
60 Steer catcher
61 Japan finish?
63 Niels with a Nobel
66 Brewer's kiln
69 Revlon rival
70 Yard third
72 Cul-de-sacs
74 Mil. missions
76 Elaine in Trump's Cabinet
77 Commotion
78 Owns
80 Capital of Yemen
81 Makes glossy, as one's hair
83 Discord deity
87 Street vehicle
88 "Danke —"

91 Retina parts associated with monochrome vision
93 D-Day city in France
95 About
98 "Humbly"
100 Golf norm
101 Shrub shapers
102 Sadie — Day
104 Miami Heat great Wade
106 Small hand drum of India
107 Shark's place
108 Not ignited
109 "— daisy!"
110 Prefix with payment or partisan
112 Sister of Eva and Zsa Zsa
113 "I Love Lucy" neighbor
114 — Dame
118 I problems?
119 Bleacher feature
122 "Whoopie!"
124 Shark's place
125 Weightlifting unit
126 MGM rival
127 Waitress at Mel's Diner
128 Racing circuit



celebrity extra

by Dana Jackson

Q: Who is Regina Hall, one of the three women who hosted the Oscars this year? I liked the concept of multiple hosts, but I didn't recognize her. — E.W.

A: Actress/comedian Regina Hall initially had plans to use her master's degree in journalism from NYU when her acting auditions were more miss than hit. In the early 2000s she had audiences in stitches playing Brenda in the "Scary Movie" films, which were a parody of the "Scream" movies. She was also a regular on the short-lived "Law & Order: LA" series.

Her career has definitely been on the upswing lately, which is likely why she was chosen to host the Academy Awards this year alongside Amy Schumer and Wanda Sykes. Her recent acting roles include playing a stockbroker in "Black Monday," a dark comedy series about 1980s Wall Street; a heartbroken divorcee in "Nine Perfect Strangers"; and a lifestyle guru in the hit film "Girls Trip."

Hall told "Entertainment Weekly" that she loves doing drama and comedy equally, and she's certainly adept at both. Next up for her is another satire, "Honk for Jesus. Save Your Soul," starring Sterling K. Brown ("This Is Us"), where they play disgraced tel-

evangelists.

Q: Now that "Brooklyn Nine-Nine" isn't returning for any new episodes, what can I see its stars in next? — G.G.

A: Created by Dan Goor and Michael Schur of "The Office," "Brooklyn Nine-Nine" was a hilariously silly comedy series about detectives starring Andy Samberg (as Jake Peralta) and Andre Braugher (as Capt. Holt). Since the show ended in 2021, "Saturday Night Live" alum Samberg has been doing voice work for animated movies such as "Hotel Transylvania 4" and "Chip 'n' Dale: Rescue Rangers." Braugher is returning to drama as a regular on next season's "The Good Fight."

Terry Crews, who played Terry Jeffords, most recently hosted "America's Got Talent: Extreme" and can be seen in the upcoming anthology series "Tales of the Walking Dead." Melissa Fumero, who played Amy Santiago, is starring in "Blockbuster," an upcoming Netflix series about the last video store in America.

As for the creators, Goor's next project is the comedy series "Killing It," with Craig Robinson ("The Office") as a security guard for a bank in Miami, while Schur is busy producing the Emmy-nominated series "Hacks," starring Jean Smart.

Q: Being a fan of the long-running series "M*A*S*H," there's something I've always wondered: In the first-season episode titled "The Army-Navy Game," I could swear the voice of the radio play-by-play announcer sounded



Regina Hall

Photo credit: Depositphotos

like game-show great Tom Kennedy. Is that the case? — T.M.

A: Although he wasn't listed in the episode credits, the Wikipedia website states that Tom Kennedy did acknowledge in an interview that he was the football commentator for that episode of "M*A*S*H." The game show host ("Name That Tune" and "You Don't Say!") passed way in 2020 at the age of 93. Kennedy also acted in guest-starring roles on TV shows "That Girl," "The Ghost and Mrs. Muir" and "Cannon." You can watch all 11 seasons of the multiple Emmy Award-winning comedy series "M*A*S*H" on the subscription service Hulu.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|----------------------|-------------|-------------------|-------------|
| 1. Bread spread | U _ _ _ _ _ | Part of BBB | _ E _ _ _ _ |
| 2. Done snoozing | _ _ _ K _ _ | Fully cognizant | _ _ _ R _ _ |
| 3. More peculiar | _ D _ _ _ _ | Command | _ R _ _ _ _ |
| 4. Attractive | _ O _ _ _ _ | Full of energy | _ I _ _ _ _ |
| 5. Work period | _ H _ _ _ _ | Pop singer Taylor | _ W _ _ _ _ |
| 6. Compliment | P _ _ _ _ _ | Simmer | B _ _ _ _ _ |
| 7. Egyptian capital | _ _ _ _ O _ | Terrier breed | _ _ _ _ N _ |
| 8. Furnace | _ _ _ G _ _ | Air _ One | _ _ _ C _ _ |
| 9. Cologne's river | _ _ _ I _ _ | Lyon's river | _ _ O _ _ _ |
| 10. Closet accessory | _ A _ _ _ _ | Appetite | _ U _ _ _ _ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

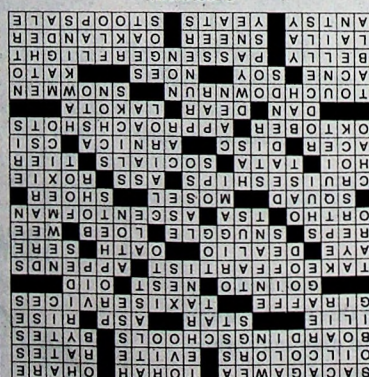
DIFFICULTY THIS WEEK: ♦♦

♦♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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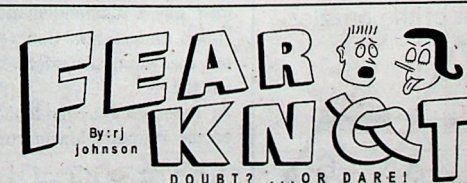
Super Crossword

Answers

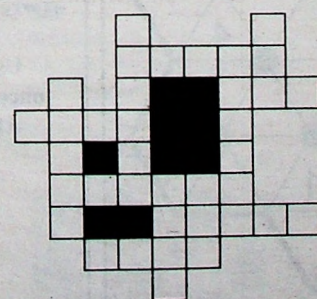


Even Exchange answers

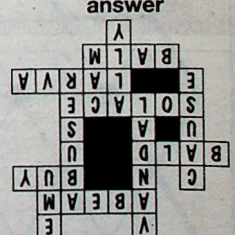
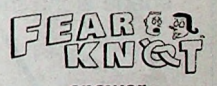
- | | |
|-------------------|-------------------|
| 1. Butter, Better | 10. Shift, Swift |
| 2. Awake, Aware | 4. Lovely, Lively |
| 3. Odder, Order | 9. Rhine, Rhone |
| 4. Forge, Force | 8. Cairo, Calm |
| 5. Praise, Braise | 7. Praise, Braise |



MUE
SEARUB
VALAR
DABL
COSEAL
YUB
♥MABL
AMEBA
CMA
DNAVLA
♥UCEAS
LYLA

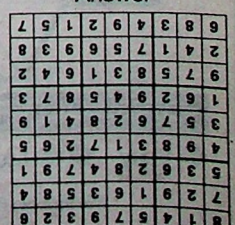


Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer



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Amber Waves

OK, MARVIN, TODAY IS THE DAY I MAKE A STAND!

NO MORE WILL I LET YOU INTIMIDATE ME. NO MORE WILL I LIVE IN FEAR!

I'M NO LONGER GOING TO LET YOU CONSUME MY EVERY THOUGHT.

WOW, OK...SORRY, I'M NOT SURE WHO YOU ARE.

Out on a Limb

LOOK, EVERYBODY...IT'S DUH-G! I BET HE CAN'T EVEN WALK AND CHEW CUD AT THE SAME TIME.

R.F.D.

SELF-DRIVIN' VEHICLES! pft!

WHAT I WANT IS ONE THAT SELF-WASHES!

POPEYE

I'VE CREATED AN INDUSTRIAL-STRENGTH LOVE POTION...

...A POWERFUL LURE BOUND TO ATTRACT A CERTAIN SAILOR!

THE ELIXIR OF SPINACH OIL CONCENTRATE...

...GOES INTO THIS SPRAY BOTTLE

DROPLETS CONTAINING PHEROMONES OF SPINACH ARE RELEASED...

...AND THE AROMA CAN TRAVEL FOR MILES...

...POPEYE WON'T KNOW WHAT HIT HIM!

ONE DAY LATER

OLIVE, IS THE POTION WORKING?

YES, IT IS!

BUT NOT QUITE THE WAY I WAS HOPING?

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HARDWARE

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Slam

CHASTE

Assist

VEERS

Remains

SENOB

Sure

INCRATE

TODAY'S WORD

by Dave T. Phipps

by Gary Kopervas

by Mike Marland

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

1	3	7	3	6	5	2
7	4	2	1	4	3	4
3	6	4	6	1	2	5
2	2	1	6	4	3	7
7	7	3	6	5	6	7
6	3	1	5	2	1	4
5	6	2	7	2	4	2



Avoid Predatory Loans From Some Pet Stores

DEAR PAW'S CORNER: I recently read an article about a predatory lender that is targeting people buying dogs at some pet stores. These loans have insane interest rates as high as 130% to 189%! Please warn your readers to avoid taking out high-interest loans to buy a new pet. So many pets are in shelters, waiting for their forever homes. Don't buy from a puppy mill! – Janie F., Sarasota, Florida

DEAR JANIE: Thank you for sounding the alarm! A recent CBS News report warned about a lending business called EasyPay Finance that charges huge interest rates. Find the article here: <https://tinyurl.com/26b8mdcz/> Predatory loans and pet stores that source from puppy mills are a nasty storm of awfulness. Often, puppy mill dogs arrive at the store in poor

condition, and new owners who've just paid thousands of dollars to buy a dog now have to shell out thousands more for medical care. The message here is clear: Don't take out a high-interest loan to buy a pet. If you spend time researching the perfect dog for your family, then you should also spend time studying the financial aspects of dog ownership. Do business with reputable breeders – you should be able to visit the breeder and see the conditions your prospective pet lives in, meet the puppies and their mother, and discuss their care. Good breeders care about their dogs' welfare. If you're going to pay thousands of dollars for a pet, choose this route. Shelter pets are another option. If you aren't breed-specific but want a wonderful companion, contact the local shelter. Adoption fees are a few hundred dollars, but that is significantly less than what puppy mills are charging. And you'll get a healthy dog that's ready for a new family. It's a win-win.

Send your tips, comments or questions to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD
for release week of
March 28, 2022

Video On Demand

- Dog (PG-13) Channing Tatum
- House of Gucci (R) Lady Gaga
- Licorice Pizza (R) Alana Haim
- Belfast (PG-13) Jude Hill
- The Matrix Resurrections (R) Keanu Reeves
- King Richard (PG-13) Will Smith
- Encanto (PG) animated
- Scream (R) Neve Campbell
- Panama (R) Cole Hauser
- Ghostbusters: Afterlife (PG-13) Carrie Coon

DVD, Blu-ray Sales

- Yellowstone: Season 4 (TV-MA) Paramount
- The Matrix Resurrections (R) Warner
- Encanto (PG) Disney
- West Side Story (PG-13) 20th Century
- Eternals (PG-13) Disney/Marvel
- American Underdog (PG) Lionsgate
- The King's Man (R) 20th Century
- Dune: Part One (PG-13) Warner
- Clifford the Big Red Dog (PG) Paramount
- No Time to Die (PG-13) Universal/MGM

Source: Comscore/
Media Play News

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Hitori

answer

2	4	2	7	2	9	5
1	4	2	1	5	3	9
6	7	9	5	9	3	7
7	3	7	1	6	4	3
5	4	6	1	2	5	3
4	2	1	4	3	4	7
2	5	6	3	7	3	1

SCRAMBLERS

solution

VACATION
Today's Word

3. Bones; 4. Certain
1. Scat; 2. Sere

MORE SUN FUN

COUCH THEATER

BY
DEAN
TAVERAS

Trivia Quest (TV-G) — Do you, like me, remember the first day you downloaded the game Trivia Crack on your phone? It was an app that took over instantaneously, and everyone would take out parts of their day to play the game and try to beat their friends by answering challenging trivia questions from a range of different topics. Well, now you can play the game on a different platform — your television! Netflix just premiered the new interactive series "Trivia Quest" that maintains a similar format to the original game by having viewers answer questions via their remote. They can earn points as well as help Willy to save his friends from the evil bad guy, Rocky. (Netflix)

The Invisible Pilot (NR) — A new three-part documentary series dives into the mystery behind the life of pilot Gary Betzner. His career began in crop-dusting, and he was regarded as one of the best pilots in his Top Gun program, walking away from a whopping 11 crashes during his lifetime. He was also a father and a husband. One day, when Betzner was driving with his family, the car broke down on a bridge and, suddenly, he made the decision to jump off the bridge. His small-town Arkansas community searched for his body in vain, and years later his hidden double life as an international drug smuggler became unraveled for the public to see. And that's just the beginning. "The Invisible Pilot" hails from Academy-nominated executive producer Adam McKay. (HBO Max)

The Outlaws (TV-MA) — From the creator of "The Office," this new

British crime thriller/comedy series has just premiered on Amazon Prime. Seven people who have committed minor crimes are forced by the court to come together for a community project in order to pay their dues to society. The project includes restoring an abandoned, run-down building and transforming it into a community center. But these seven people couldn't be more different: a cheeky old-timer (Christopher Walken), an oddball lawyer, a socialite, a left-wing activist, a right-wing businessman, a "seemingly harmless" young man, Ben, and a young woman, Rani. With such a handful of personalities, surely nothing's bound to go awry. Right? (Amazon Prime)



Promo for "The Invisible Pilot"

Slow Horses (NR) — River Cartwright, a British MI5 agent who botched a mission, is sent to the Slough House — basically where the "screw-ups" go. The Slough House, headed by the notorious Jackson Lamb (Gary Oldman), consists of agents completing boring and useless tasks with no sign of excitement in sight. River is miserable, until a hostage gets taken in nearby Regent's Park. As the situation unfolds, River and the other agents in the Slough House are dying to get involved with the action ... and perhaps bring some redemption to the Slough House name. (AppleTV+)

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Contract Bridge

THERE'S NO SUCH ANIMAL

South dealer.

Both sides vulnerable.

NORTH

♠ J 7 6 5

♥ Q 9 3

♦ K 8 2

♣ A 7 4

WEST

♠ 4

♥ A 8 2

♦ 6 5 3

♣ K Q J 9 6 3

EAST

♠ A Q 10 9 8 2

♥ 6

♦ 9 7

♣ 10 8 5 2

SOUTH

♠ K 3

♥ K J 10 7 5 4

♦ A Q J 10 4

♣ —

The bidding:

South	West	North	East
1♥	2♣	2♥	2♠
4♥	Pass	Pass	4♠
5♥			

Opening lead — four of spades.

Bridge is mostly a game of reasoning and logic. Of course, there are other factors, such as psychology, temperament, imagination, deception and so on, but basically the player who reasons well is the one who will wind up a winner.

For this reason, very few plays in

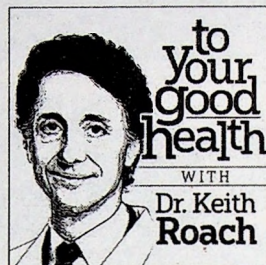
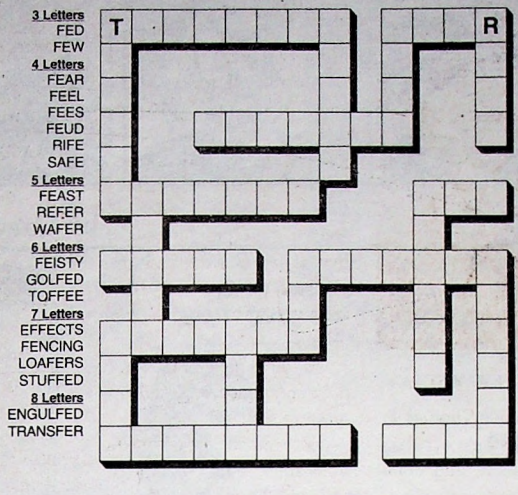
by Steve Becker

Puzzles4Kids

by Helene
Hovanec

CRISSCROSS — "FE" WORDS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.



Her Lack of Perspiration Has Reader in a Sweat

DEAR DR. ROACH: I am an elderly woman who has never perspired and would like to know why. Heat makes me very sick. I love the outdoors, but can be out only a short while in the warmer weather. No one seems to have an answer for me. -- P.M.

ANSWER: The name for the condition of no sweating at all is anhidrosis, and there are several causes. There are rare conditions people are born with. These are a possibility, since you have never perspired. However, nearly all of these rare diseases have other significant symptoms you don't mention.

Damage to sweat glands can be seen in autoimmune diseases and diseases that can destroy sweat glands. None of these is likely, as they too have additional symptoms you would have identified during your life. Likewise, you don't mention medications, which may have lack of sweating as a side effect.

I suspect you don't have a diagnosable disease but rather that you are on the far end of the normal range for sweating (this would be called hypohidrosis). Just as there are people who get drenched with sweat in mildly warm weather, there are some who sweat very little.

Since sweating is a major way of keeping cool, you are at higher risk for heat injury, including heatstroke. Avoiding hot weather, as it sounds like you've done, is wise. Sun protection (e.g., wearing a wide-brimmed hat) is also wise, as is making sure you have enough fluids. Avoiding excess heat becomes even more important as you get older, since an older person has less ability to adapt to heat than a younger person.

DEAR DR. ROACH: I have had excessive sweating for the

past few years. I don't mean underarms; I mean head and face. In warmer weather, my hair will be soaking wet in no time. My doctor thinks it's related to the anxiety syndrome I have had since I was a small child, and prescribed nortriptyline 10 mg once daily. When I looked it up, I thought it might be a little dangerous for me. I am 79 years old.

I am very healthy otherwise. I hope you can help. It's a horrible problem, and it ruins my summers? -- J.H.

ANSWER: We use the Greek terminology to define this problem: primary focal hyperhidrosis, specifically craniofacial hyperhidrosis. "Primary" because it isn't associated with any other known problem; "focal" because it is in one area; "craniofacial" meaning "head and face"; and "hyperhidrosis" just means "too much sweat." The underlying cause is unknown, but your doctor might be right that anxiety is playing a role. However, it may run in families.

I disagree with nortriptyline in most people. Not only is it not a good treatment for anxiety, it may have excess sweating as a side effect, but the very low dose makes that unlikely. Doses for depression are often 300 mg.

The usual first treatment is topical antiperspirants to the affected areas. If over-the-counter treatments don't work, then prescription strength (20%) aluminum chloride hexahydrate can be tried, although it can be irritating to the skin of the face in some people. Other treatments include a different topical treatment called glycopyrrrolate, botulinum toxin (Botox) injection and oral medications like oxybutynin. In people in their 70s and 80s I try not to use the oral agents.

Puzzles4Kids Answer



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Comfort foods

Made fast
and
healthy



by Healthy Exchanges

Lemon Supreme Pie

This recipe can be prepared with such ease, you'll be able to join in the Easter egg hunt and still have dinner on the table on time.

- 1 (9-inch) refrigerated unbaked piecrust
- 1 (4 serving) package sugar-free vanilla cook-and-serve pudding mix
- 1 (4 serving) package sugar-free lemon gelatin
- 1/4 cups water
- 1 (8 ounce) package fat-free cream cheese
- 1 cup reduced calorie whipped topping
- Sugar substitute to equal 1/4 cup sugar
- 1 teaspoon coconut extract
- 2 tablespoons flaked coconut

1. Preheat oven to 450 F. Place piecrust in a 9-inch pie plate and flute edges. Prick bottom and sides with a fork. Bake 9 to 11 minutes or until crust is lightly browned. Place pie plate on wire rack and cool completely.

2. Meanwhile, in a medium saucepan, combine dry pudding mix, dry gelatin and water. Cook over medium heat until mixture thickens and starts to boil, stirring often. Place saucepan on wire rack and let set 15 minutes, stirring occasionally.

3. After both piecrust and filling have cooled, in a medium bowl, stir cream cheese with a spoon until soft. Stir in 1/2 cup whipped topping, sugar substitute and coconut extract. Spread cream cheese mixture evenly into piecrust.

4. Fold remaining 1/2 cup whipped topping into pudding mixture. Spread pudding mixture evenly over cream cheese mixture. Sprinkle coconut evenly over top. Refrigerate at least 1 hour. Cut into 8 pieces.

• Each serving equals: 179 calories, 7g fat, 5g protein, 24g carb., 362mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch, 1 Fat, 1/2 Meat.

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1. Who was Max B. Yasgur?
2. Dickie Lee, Clarence Carter and the duo Dala all released songs with the same name. What was it?
3. Name the group that released "Love or Let Me Be Lonely."
4. Who released "Saved by the Bell"?
5. Name the song that contains this lyric: "There goes my baby with someone new, She sure looks happy, I sure am blue."

Answers

1. He owned the farm in Bethel, New York, where the Woodstock music festival was held in 1969. The town was so furious that he was allowing the festival to be held that he was no longer welcome in the area. He sold the farm two years later.
2. "Patches" by Dickie Lee in 1962, Clarence Carter in 1970 and Dala in 2005.
3. The Friends of Distinction, in 1970. The song did well on all the charts: Hot 100, Adult Contemporary and R&B.
4. Robin Gibb, in 1969 on his debut album.
5. "Bye Bye Love," by the Everly Brothers in 1957. The song is considered their debut. Others have covered the song, including the Beatles and Simon & Garfunkel. Rolling Stone magazine included it on its list of the 500 Greatest Songs of All Time.

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OBITUARIES

John J. Keeley, 85

John J. "Jack" Keeley, 85, a longtime resident of Quincy, passed away peacefully on Thursday, March 31, 2022, surrounded by his loving family.

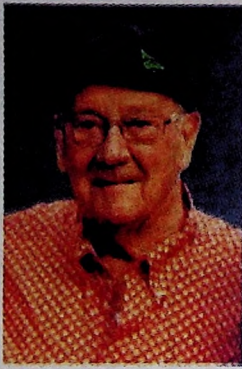
John was born in Boston, to the late Thomas G. and Mary E. (Conroy) Keeley. He was raised and educated in Dorchester and had lived in Quincy for fifty years.

Beloved husband for forty-seven years to the late Carol A. (Greenleaf) Keeley.

Loving father of Karen Keeley of Quincy, John M. Keeley and his wife Patricia, Maureen Rego and her husband Christopher, Kelly Beatty and her husband David, and Marybeth Nichols, all of Weymouth.

Devoted Papa of Kathleen, Patricia, Timothy, Victoria, Keeley, Megan, Kaelan, Shannon, Jack, and Ben.

John was predeceased by his sister Claire M. Cro-



JOHN J. 'JACK' KEELEY

nin and brother Thomas G. Keeley. He is also survived by many nieces and nephews.

John was a sales engineer with Burndy Corporation in Manchester, N.H. for thirty-seven years.

A man of strong faith, John was a parishioner at Our Lady of Good Counsel Church, and previously at the former Saint Boniface Parish in Quincy.

John enjoyed cooking,

spending time with family and friends and was proud of his Irish heritage.

Most of all, he was dedicated to his family, friends and especially proud of his cherished grandchildren, supporting all their activities and accomplishments. John will be greatly missed by all those who had the pleasure of knowing him. John was known to many as "Bunky".

At the request of the family, funeral services and interment were private.

For those who wish, donations in John's memory may be made to Father Bill's & MainSpring, 430 Belmont St., Brockton, MA 02301.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Alice M. Murray, 92

Alice M. (Murphy) Murray, age 92, a longtime Quincy resident, died peacefully, Friday, April 1, 2022 at the Pat Roche Hospice Home in Hingham, surrounded by her loving family.

Alice was born in Cambridge, to the late Michael and Julia (Falvey) Murphy. Raised and educated in Cambridge, she also attended secretarial school in Boston. She lived in Quincy for over fifty years and enjoyed spending time on the Cape.

As a young woman, Alice worked for the Commonwealth of Massachusetts, as an administrative secretary, in social services for several years, where she met her future husband, Frank.

Alice was a loving homemaker, mother, and grandmother. She was very devoted to her family and especially proud of her cherished grandchildren, supporting all their many activities and accomplishments.

Alice had a passion for gardening and taking care of her flowers and plants. She also participated in many activities at 1000 Southern Artery in Quincy, including yoga and ceramic classes.

Beloved wife of the late Francis C. "Frank" Murray.

Devoted mother of David F. Murray of Palm Beach Gardens, Fla., Kathleen M.



ALICE M. MURRAY

Murray of Milton, Paul M. Murray and his wife Julie of Avon.

Loving grandmother of Emily and Ben.

Alice was also very fond of her pet "grand dog", Cooper.

Visitation will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Thursday, April 7, from 8:30 - 9:30 a.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, at 10 a.m. Interment to follow at Pine Hill Cemetery, West Quincy.

For those who wish, donations in Alice's memory may be made to Father Bill's & MainSpring, 460 Belmont St., Brockton, MA 02301.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO22P0632EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Patricia Powers
Date of Death:
11/25/2021

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Sharon M. Joyce of Braintree, MA and Susan P. Molloy of West Roxbury, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Sharon M. Joyce of Braintree, MA and Susan P. Molloy of West Roxbury, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 05/04/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 29, 2022
COLLEEN M. BRIERLEY
Register of Probate

Spring Into The Growing Season

By MELINDA MYERS

Spring flowering bulbs and perennials are filling our landscapes with color. As your gardens come alive this spring, start making notes on needed improvements and provide some early season color and nectar for the pollinators. This will keep your landscape looking its best all season long and for years to come.

Start a garden journal or photographic record of your garden. Make notes or take pictures of what is working in your landscape, plants that need to be removed or areas where more color or new plants are needed. These notes will help as you create a landscape filled with year-round beauty.

Make sure your plants receive sufficient moisture. It is easy to overlook watering during the cool and often wet spring months. A rain gauge can help you monitor the rainfall in your yard. Plants benefit from thorough watering that encourages deep, drought and pest resistant roots. Check the soil moisture and water when the top four to six inches are crumbly and starting to dry. Established drought tolerant plants tolerate drier soil.

Start pulling weeds as they appear. Removing them when small makes removal easier and prevents them from flowering and producing seeds. That means fewer weeds to pull next year.

Disease and pest-free leaves, evergreen needles and other organic mulch covering the soil surface help suppress weeds, con-

serve moisture, and improve the soil as they break down. Leaves also provide homes for many insects, frogs, and toads. You'll achieve lots of benefits from this one task.

Leave perennials stand until daytime temperatures are consistently 50 degrees. This allows overwintering eggs to hatch and insects to exit their winter homes. If waiting is not an option, cut most stems back to the ground and stack them out of the way. This allows the insects to exit their winter homes when the time is right. Leave some stems standing 8 to 12" above ground so insects can form new homes. Chop up the removed plant material in mid-summer or fall to use as mulch in the garden or the compost pile.

Watch for animal damage and protect your plantings as needed. Fresh new growth in the spring garden makes a tasty treat for rabbits, deer, and other wildlife.

Many gardeners enlist the help of repellents to protect their landscape plants.

Always check the label for details on use, application rates and timing. Research has proven that odor-based repellents like rain and snow resistant Plantskydd (plantskydd.com) are more effective than other types of repellents. Plus, this will cause wildlife to avoid plants rather

than taking a bite before they discover they don't like the taste.

Treat pathways used to access your landscape as well as key plants before the animals begin feeding. It is easier to keep them away before they find all the delicious plants growing in your garden.

Continue taking pictures of your landscape throughout the year. Make note of any challenges encountered and needed adjustments in care. Include any failures; all gardeners have them. These are just another step toward growing a healthier and more beautiful garden.

Then take time to enjoy the beauty of your landscape. Find a comfortable spot to sit, relax, listen to the birds, and take in all the wonders spring has to offer.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Tree World Plant Care for her expertise to write this article. Her web site is www.MelindaMyers.com.



KOREAN SPICE VIBURNUM adds beauty and fragrance to the landscape. Photo courtesy of MelindaMyers.com

Quirk Hyundai Comes To Quincy

Quirk Auto Dealers announces it has acquired a Hyundai dealership which is now open to the public.

The new full-service dealership is located 111 McGrath Highway in Quincy and provides a wide range of services including in-house leasing/financing, online purchasing tools, electric vehicle charging stations and automobile delivery services.

The Quirk Hyundai dealership is currently in the process of completing updates to a comprehensive onsite vehicle service center which will be opening soon.

In addition to the new Quirk Hyundai Quincy dealership, Quirk Auto Dealers operates Quirk Mazda and Quirk Nissan facilities, also located in Quincy.

The newly acquired Hyundai facility marks the first Hyundai retail store owned by Quirk.

Quirk is one of the largest New England auto dealers, currently operating 17 active dealerships and service centers, employing over 1,500 employees located throughout Massachusetts and New Hampshire. The company also owns and operates Quirk Parts Depot, a 200,000 square foot warehouse that delivers OEM auto parts worldwide.

Visit <https://www.quirkhyundai.com/> to learn more about Quirk Hyundai.

More Quincy news:

The Quincy Sun.com

PUBLIC NOTICE

2022 SPRING WATER MAIN/ HYDRANT FLUSHINGS



DATE: APRIL 18— MONTH OF JUNE

TIME: 9:00 P.M. — 5:00 A.M.

Areas servicing restaurants, bars and food establishments work to begin after midnight.

FLUSHING AREA: WEST QUINCY & QUINCY CENTER

Check website for weekly scheduling of locations to be serviced.

You can find detailed information about our flushing program on scan the QR-code or https://www.quincyma.gov/departments/public_works/dpw_projects/spring_2022_hydrant_flushing.php. For other questions, please call the DPW Customer Service



WHAT IS WATER MAIN FLUSHING?

Water main flushing is a process in which water is systematically removed from the water system by sequentially opening fire hydrants and running them until the water is clear. During a water main flushing program, the scouring action created by inducing high flows helps to clean out the inner walls of the pipes and remove any build-up of naturally occurring debris and sediments.

- Water main flushing is crucial to the overall maintenance of a distribution system and is an important practice to maintain high water quality, improve the carrying capacity of pipes, and ensure proper operation of distribution system components, such as hydrants and valves.
- Flushing the water mains also ensures that fire hydrants are operational and allows DPW staff to assess the available flow rate for firefighting purposes.
- A main flushing program is typically carried out by flushing fire hydrants in a sequential order and until the water runs clear.

CAN I USE MY WATER WHEN IT IS DISCOLORED?

We advise customers not to use discolored water until it is clear. Discolored water is not palatable, and its quality has changed since it left the MWRA treatment facility. Therefore it should not be used for drinking or cooking. It could also stain laundry, discolor hot water systems, and interfere with commercial and industrial operations that rely on high quality water for their processes. Once the water has cleared, customers can resume normal use of the water.

WHAT YOU MIGHT EXPERIENCE

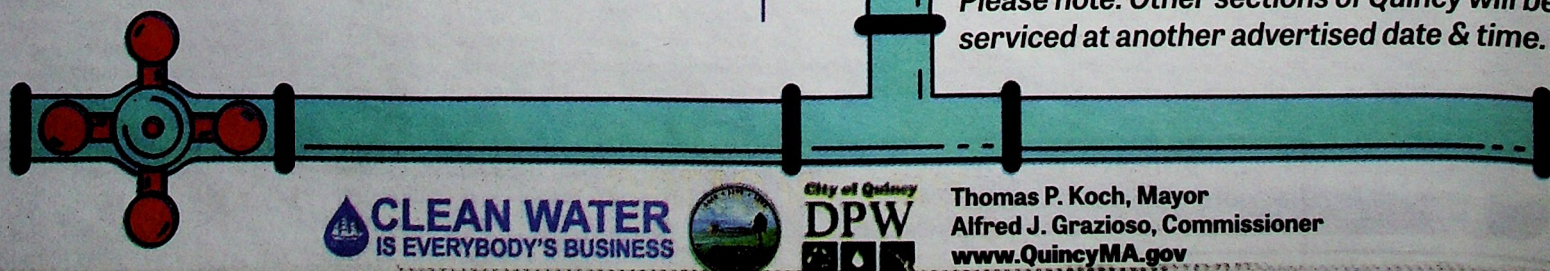
While the flushing program is ongoing, customers may notice episodes of decreased water pressure or discoloration of their water. Water discoloration results from temporary disturbances of the normal water flow within our piping network. These short-term changes in flow can stir up naturally occurring minerals and sediment that settle within the water mains. The objective of the water main/hydrant flushing program is to remove these accumulated sediments from our pipes by flushing the water out of the fire hydrants.

ACTIONS YOU CAN TAKE.

1. Sign up for Alert Quincy by scanning the red QR-Code here. Alerts will be sent to your mobile device
2. Store water in your refrigerators for drinking and cooking.
3. Refrain from using hot water for washing laundry, etc.
4. Run cold-water faucets until the water appears clear



Please note: Other sections of Quincy will be serviced at another advertised date & time.



CLEAN WATER
IS EVERYBODY'S BUSINESS



City of Quincy
DPW

Thomas P. Koch, Mayor
Alfred J. Grazioso, Commissioner
www.QuincyMA.gov